# 03-08-2025 – Le jogging de Molenbaix – Molenbaix – 10,3 km

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 1 | Bodarwe Antoine | Running Safe | 0:35:09 | 3:25 | 17,57 | SE | 1 |
| 2 | Vandamme Florian | The Yellow A... | 0:35:50 | 3:29 | 17,24 | SE | 2 |
| 3 | Lefevere Siegert | The Yellow A... | 0:35:52 | 3:29 | 17,22 | SE | 3 |
| 4 | Van Den Brulle Jo | Jc Herzele | 0:36:41 | 3:34 | 16,84 | V1 | 1 |
| 5 | Bourgois Gérémy | Popuelles Dr... | 0:37:33 | 3:39 | 16,45 | SE | 4 |
| 6 | Vandeneede Jean-Baptiste | Sans | 0:37:53 | 3:41 | 16,30 | SE | 5 |
| 7 | Dramaix Anthony | Brabou Team | 0:38:05 | 3:42 | 16,22 | SE | 6 |
| 8 | Brichaut Thibaut | Sans | 0:38:10 | 3:42 | 16,19 | EH | 1 |
| 9 | Heleu Mathéo | Sans | 0:38:15 | 3:43 | 16,15 | EH | 2 |
| 10 | Dillies Quentin | Popuelles Dr... | 0:38:18 | 3:43 | 16,13 | SE | 7 |
| 11 | Trifin Jonathan | Athois D'courir | 0:38:39 | 3:45 | 15,98 | V1 | 2 |
| 12 | Leleux Justin | Created By Val | 0:39:01 | 3:47 | 15,83 | SE | 8 |
| 13 | Clinquart Gilles | Sans | 0:39:45 | 3:52 | 15,54 | V1 | 3 |
| 14 | Vandenborne Tine | Vlierzele Sp... | 0:39:52 | 3:52 | 15,49 | DA | 1 |
| 15 | Weytens Sven | Jcb Brakel | 0:39:59 | 3:53 | 15,45 | SE | 9 |
| 16 | Billet Grégory | Popuelles Dr... | 0:40:13 | 3:54 | 15,36 | V2 | 1 |
| 17 | Saussez Jérôme | Team Verhels... | 0:40:32 | 3:56 | 15,24 | SE | 10 |
| 18 | Castelyn Mathieu | Rcag/trakkt | 0:40:34 | 3:56 | 15,23 | SE | 11 |
| 19 | Vercouter Diego | Athois D'courir | 0:40:39 | 3:57 | 15,20 | SE | 12 |
| 20 | Delmeule Michel | Pipaix | 0:40:41 | 3:57 | 15,18 | V2 | 2 |
| 21 | Freville Geoffrey | Popuelles Dr... | 0:40:45 | 3:57 | 15,16 | V1 | 4 |
| 22 | Van Asten Maarten | Aqua Protect... | 0:40:47 | 3:58 | 15,14 | SE | 13 |
| 23 | Portante Frédéric | Prfm | 0:40:54 | 3:58 | 15,10 | V1 | 5 |
| 24 | Daye Yaël | Les Noix De ... | 0:41:06 | 3:59 | 15,03 | EH | 3 |
| 25 | Bauts Olivier | Rc Estaimpuis | 0:41:48 | 4:03 | 14,78 | V1 | 6 |
| 26 | Lendasse Steve | Sans | 0:42:15 | 4:06 | 14,62 | SE | 14 |
| 27 | Falce David | Prfm | 0:42:37 | 4:08 | 14,50 | V3 | 1 |
| 28 | Dubus Martin | Sans | 0:42:37 | 4:08 | 14,49 | SE | 15 |
| 29 | Vandenborme Pieter | Vlierzele Sp... | 0:42:43 | 4:09 | 14,46 | SE | 16 |
| 30 | Charlet Victor | Etm | 0:42:50 | 4:10 | 14,42 | SE | 17 |
| 31 | Dusausoit Eddy | Sans | 0:42:51 | 4:10 | 14,41 | V2 | 3 |
| 32 | Geiregat Nico | Sans | 0:43:07 | 4:11 | 14,32 | V2 | 4 |
| 33 | Michel Michael | Athois D'courir | 0:43:17 | 4:12 | 14,27 | V2 | 5 |
| 34 | Pluquet Sébastien | Athois D'courir | 0:43:22 | 4:13 | 14,24 | SE | 18 |
| 35 | Debroux Stefan | Athois D'courir | 0:43:38 | 4:14 | 14,16 | V2 | 6 |
| 36 | Riviere Paul | Sans | 0:43:43 | 4:15 | 14,13 | SE | 19 |
| 37 | Slagmolen Océane | Athois D'courir | 0:43:46 | 4:15 | 14,12 | DA | 2 |
| 38 | Roisse Goeffrey | Rc Estaimpuis | 0:43:46 | 4:15 | 14,11 | V1 | 7 |
| 39 | Verdebout Julien | Athois D'courir | 0:43:47 | 4:15 | 14,11 | SE | 20 |
| 40 | Deronne Mathieu | Sport Evasion | 0:43:48 | 4:15 | 14,10 | V2 | 7 |
| 41 | Deboever Guillaume | Sans | 0:44:00 | 4:16 | 14,04 | SE | 21 |
| 42 | Detemmerman Mathieu | Sans | 0:44:06 | 4:17 | 14,00 | SE | 22 |
| 43 | Lizon Maxime | Addm Runners | 0:44:08 | 4:17 | 14,00 | V1 | 8 |
| 44 | Goebeert Sébastien | Rcag | 0:44:12 | 4:17 | 13,97 | V2 | 8 |
| 45 | Leleu Sylvain | L8 Team | 0:44:28 | 4:19 | 13,89 | V1 | 9 |
| 46 | Flament François | Mmm & W | 0:44:29 | 4:19 | 13,88 | V1 | 10 |
| 47 | Vifquin Christophe | Jc Herinnes | 0:44:35 | 4:20 | 13,85 | V2 | 9 |
| 48 | Brotcorne Maxime | Rcag | 0:44:39 | 4:20 | 13,83 | SE | 23 |
| 49 | Latour Clément | Sans | 0:44:39 | 4:20 | 13,83 | SE | 24 |
| 50 | Dermaut Stéphane | Rcag | 0:44:42 | 4:20 | 13,82 | V2 | 10 |
| 51 | Cuvelier Robin | Sans | 0:44:50 | 4:21 | 13,78 | SE | 25 |
| 52 | Fontaine Maxime | Sans | 0:44:55 | 4:22 | 13,75 | V1 | 11 |
| 53 | Carpentier Colin | Jc Herinnes | 0:44:57 | 4:22 | 13,74 | SE | 26 |
| 54 | Detournay John | Les Trottine... | 0:45:03 | 4:22 | 13,71 | V1 | 12 |
| 55 | Deroissart Philippe | Popuelles Dr... | 0:45:06 | 4:23 | 13,69 | V2 | 11 |
| 56 | Decruyenaere Bastien | Sans | 0:45:11 | 4:23 | 13,67 | SE | 27 |
| 57 | Michel Bruno | Cocoach | 0:45:12 | 4:23 | 13,67 | V2 | 12 |
| 58 | De Saint Martin Alain | Addm Runners | 0:45:12 | 4:23 | 13,66 | V1 | 13 |
| 59 | Devianne Romain | Sans | 0:45:18 | 4:24 | 13,64 | SE | 28 |
| 60 | Demunter Erik | Za/jcb | 0:45:20 | 4:24 | 13,63 | V1 | 14 |
| 61 | Mille Guillaume | Sans | 0:45:21 | 4:24 | 13,62 | SE | 29 |
| 62 | Van De Putte Christophe | Jc Herinnes | 0:45:25 | 4:25 | 13,60 | V1 | 15 |
| 63 | Vandenbroucke Gino | Jcl | 0:45:29 | 4:25 | 13,58 | V3 | 2 |
| 64 | Casterman Arnaud | Et Chievres | 0:45:30 | 4:25 | 13,58 | SE | 30 |
| 65 | Thielemans Sébastien | Les Potes O ... | 0:45:41 | 4:26 | 13,52 | SE | 31 |
| 66 | Westerlinck Stefaan | Ap3t | 0:45:45 | 4:27 | 13,50 | V1 | 16 |
| 67 | Léger Tao | Sans | 0:45:45 | 4:27 | 13,50 | SE | 32 |
| 68 | Leclercq Benoît | Coach Running | 0:45:47 | 4:27 | 13,49 | V2 | 13 |

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|---|---|---|---|---|---|---|---|
| 69 | Dequin Frédéric | Popuelles Dr... | 0:45:51 | 4:27 | 13,47 | V1 | 17 |
| 70 | Famelart Loic | Sans | 0:45:53 | 4:27 | 13,46 | SE | 33 |
| 71 | Moulin Fabien | Les Gens D Ere | 0:45:54 | 4:27 | 13,46 | SE | 34 |
| 72 | Pieraert Guy | Athois D'courir | 0:45:56 | 4:28 | 13,45 | V3 | 3 |
| 73 | Salomez Frédérik | Mmm & W | 0:45:59 | 4:28 | 13,43 | V2 | 14 |
| 74 | Hache Fabien | Les Noix De ... | 0:46:03 | 4:28 | 13,41 | SE | 35 |
| 75 | Deroubaix David | H2o | 0:46:08 | 4:29 | 13,39 | V1 | 18 |
| 76 | Dumont Adrien | Sans | 0:46:09 | 4:29 | 13,38 | SE | 36 |
| 77 | Dujardin Auxanne | Les Noix De ... | 0:46:09 | 4:29 | 13,38 | DA | 3 |
| 78 | Kimpe Guillaume | Sans | 0:46:10 | 4:29 | 13,38 | SE | 37 |
| 79 | Faidherbes François | Sans | 0:46:17 | 4:30 | 13,35 | V1 | 19 |
| 80 | Pierre Ophélie | Hoka Team | 0:46:40 | 4:32 | 13,24 | DA | 4 |
| 81 | Vastrat Michaël | Cocoach | 0:46:41 | 4:32 | 13,23 | V1 | 20 |
| 82 | Laurent Alex | Pipaix | 0:46:49 | 4:33 | 13,19 | V3 | 4 |
| 83 | Tits Michel | As Velaines | 0:46:50 | 4:33 | 13,19 | V3 | 5 |
| 84 | Cabo Maxime | Pottiez-sais... | 0:46:56 | 4:33 | 13,16 | SE | 38 |
| 85 | Vannieuwenhuyse Kris | Avr | 0:46:58 | 4:34 | 13,15 | V2 | 15 |
| 86 | Zenner Jeremy | Templeuve | 0:47:05 | 4:34 | 13,12 | SE | 39 |
| 87 | Delmaire Frederik | Sans | 0:47:11 | 4:35 | 13,09 | V1 | 21 |
| 88 | Decottenier Els | Jc Waregem | 0:47:21 | 4:36 | 13,04 | A2 | 1 |
| 89 | Waelkens Marc | Jc Waregem | 0:47:22 | 4:36 | 13,04 | V2 | 16 |
| 90 | Korpal Sébastien | Osm Lomme At... | 0:47:27 | 4:36 | 13,02 | V2 | 17 |
| 91 | Rocquerelle Thomas | Sur La Piste | 0:47:31 | 4:37 | 13,00 | V1 | 22 |
| 92 | De Coen Emmanuel | Rcag | 0:47:38 | 4:37 | 12,96 | SE | 40 |
| 93 | Goebeert Pierre | Rcag | 0:47:39 | 4:38 | 12,96 | SE | 41 |
| 94 | Verwaerde Olivier | Jc Herinnes | 0:47:42 | 4:38 | 12,95 | V2 | 18 |
| 95 | Watté Théo | Sans | 0:47:48 | 4:38 | 12,92 | SE | 42 |
| 96 | Vandenheede Jean-Marie | Grijsloke | 0:47:52 | 4:39 | 12,90 | V3 | 6 |
| 97 | Collie Florian | Sans | 0:47:52 | 4:39 | 12,90 | SE | 43 |
| 98 | Bollue Bryan | Vc St Luc Mons | 0:47:54 | 4:39 | 12,89 | SE | 44 |
| 99 | Patoor Dirk | Sans | 0:48:02 | 4:40 | 12,86 | V4 | 1 |
| 100 | Bonnier Mathieu | Pipaix | 0:48:06 | 4:40 | 12,84 | V1 | 23 |
| 101 | Boudailliez Simon | Sans | 0:48:07 | 4:40 | 12,84 | SE | 45 |
| 102 | Henneton Emilien | Sans | 0:48:07 | 4:40 | 12,84 | EH | 4 |
| 103 | Evrard Marie | Addm Runners | 0:48:12 | 4:41 | 12,81 | A1 | 1 |
| 104 | Lambelin Geoffrey | Lamant's Run... | 0:48:17 | 4:41 | 12,79 | V1 | 24 |
| 105 | Christiaens Kevin | Rc Estaimpuis | 0:48:19 | 4:41 | 12,78 | SE | 46 |
| 106 | Feys Bert | De Dartele D... | 0:48:31 | 4:43 | 12,73 | SE | 47 |
| 107 | Stocman Thibo | Cap Team | 0:48:35 | 4:43 | 12,71 | EH | 5 |
| 108 | Hanton Jérémy | Addm Runners | 0:48:39 | 4:43 | 12,70 | V1 | 25 |
| 109 | Delhaye Laurent | Running Safe | 0:48:40 | 4:43 | 12,69 | V1 | 26 |
| 110 | Velghe Jean | Jc Herinnes | 0:48:43 | 4:44 | 12,68 | V2 | 19 |
| 111 | Duthoit Bénédicte | Jc Herinnes | 0:48:43 | 4:44 | 12,68 | A2 | 2 |
| 112 | Brabant Jeremy | Sans | 0:48:44 | 4:44 | 12,67 | V1 | 27 |
| 113 | Mortaignie Aubin | Prfm | 0:48:49 | 4:44 | 12,65 | SE | 48 |
| 114 | Lievens Dayvin | Zimbabros | 0:48:50 | 4:44 | 12,65 | SE | 49 |
| 115 | Lechantre Sylvette | Rc Estaimpuis | 0:48:52 | 4:45 | 12,64 | A2 | 3 |
| 116 | Lannoo Frank | Avi | 0:48:53 | 4:45 | 12,64 | V3 | 7 |
| 117 | Plume Léo | Sans | 0:48:53 | 4:45 | 12,63 | SE | 50 |
| 118 | Wasier Jean-Yves | Sans | 0:48:56 | 4:45 | 12,62 | V1 | 28 |
| 119 | Wauquiez Xavier | Sans | 0:49:03 | 4:46 | 12,59 | V2 | 20 |
| 120 | Vanoverskelds Dominique | Coach Running | 0:49:05 | 4:46 | 12,58 | V3 | 8 |
| 121 | Geets Cédric | Running Safe | 0:49:05 | 4:46 | 12,58 | V1 | 29 |
| 122 | Demat Thomas | Jc Herinnes | 0:49:11 | 4:47 | 12,56 | SE | 51 |
| 123 | Wattiez Michael | Kain B | 0:49:13 | 4:47 | 12,55 | SE | 52 |
| 124 | Foucart Kevin | Sans | 0:49:13 | 4:47 | 12,55 | SE | 53 |
| 125 | Verzele Maxime | Kain B | 0:49:14 | 4:47 | 12,54 | SE | 54 |
| 126 | Silva Francesco | Coach Running | 0:49:23 | 4:48 | 12,51 | V1 | 30 |
| 127 | Vandevoorde Lucie | Sans | 0:49:25 | 4:48 | 12,50 | DA | 5 |
| 128 | Colin Enzo | Sans | 0:49:26 | 4:48 | 12,49 | SE | 55 |
| 129 | Derreveaux Christophe | Rc Estaimpuis | 0:49:28 | 4:48 | 12,49 | V1 | 31 |
| 130 | Wandels Remi | Sans | 0:49:28 | 4:48 | 12,49 | SE | 56 |
| 131 | Geets Romain | Ac Anvaing | 0:49:30 | 4:48 | 12,48 | EH | 6 |
| 132 | Lameck Julien | Sans | 0:49:33 | 4:49 | 12,47 | SE | 57 |
| 133 | Durant Luc | Athois D'courir | 0:49:36 | 4:49 | 12,45 | V2 | 21 |
| 134 | Samain Anthony | Coach Running | 0:49:41 | 4:49 | 12,43 | V2 | 22 |
| 135 | Lepers Arnaud | Jc Herinnes | 0:49:43 | 4:50 | 12,42 | V1 | 32 |
| 136 | Bertrand Isabelle | Sans | 0:49:49 | 4:50 | 12,40 | DA | 6 |
| 137 | Piron Gilles | Team Verhels... | 0:49:49 | 4:50 | 12,40 | V1 | 33 |
| 138 | Vanstraceele Kevin | Sans | 0:49:54 | 4:51 | 12,38 | SE | 58 |

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|---|---|---|---|---|---|---|---|
| 139 | Dupret Didier | Bac | 0:49:59 | 4:51 | 12,36 | V2 | 23 |
| 140 | Foubert Nolan | Running Safe | 0:50:05 | 4:52 | 12,33 | EH | 7 |
| 141 | Pauwels Corentin | Sans | 0:50:07 | 4:52 | 12,32 | SE | 59 |
| 142 | Duprez Grégoire | Sans | 0:50:09 | 4:52 | 12,32 | SE | 60 |
| 143 | Mat Christopher | Kain B | 0:50:14 | 4:53 | 12,30 | SE | 61 |
| 144 | Fleisheuer Opale | Sans | 0:50:15 | 4:53 | 12,29 | DA | 7 |
| 145 | Noiret Louis | Sans | 0:50:16 | 4:53 | 12,29 | SE | 62 |
| 146 | Dewulf Mike | Popuelles Dr... | 0:50:16 | 4:53 | 12,29 | V1 | 34 |
| 147 | Laho François | Tortues Mesl... | 0:50:26 | 4:54 | 12,25 | V1 | 35 |
| 148 | Ghislain Pierre | Pipaix | 0:50:28 | 4:54 | 12,24 | V2 | 24 |
| 149 | Debosscker François | Jc Herinnes | 0:50:31 | 4:54 | 12,22 | V1 | 36 |
| 150 | Watté Xavier | Run 4 Fun | 0:50:34 | 4:55 | 12,22 | V2 | 25 |
| 151 | Sahiri Tarik | Les Noix De ... | 0:50:37 | 4:55 | 12,20 | SE | 63 |
| 152 | Brixy Gilles | Etc | 0:50:43 | 4:55 | 12,18 | V1 | 37 |
| 153 | Tancre Dimitri | De Dartele D... | 0:50:49 | 4:56 | 12,16 | SE | 64 |
| 154 | Daye Stéphane-César | Les Noix De ... | 0:50:49 | 4:56 | 12,15 | SE | 65 |
| 155 | Duquenne Mireille | Cocoach | 0:50:52 | 4:56 | 12,14 | A1 | 2 |
| 156 | Van Caenegem Vincent | Sans | 0:51:00 | 4:57 | 12,11 | V1 | 38 |
| 157 | Samain Raphaël | Sans | 0:51:02 | 4:57 | 12,10 | EH | 8 |
| 158 | El Gueder Amandine | Sans | 0:51:03 | 4:57 | 12,10 | DA | 8 |
| 159 | Vanuxem Sylvain | Sans | 0:51:04 | 4:57 | 12,09 | V2 | 26 |
| 160 | Dewulf Grégory | Coach Running | 0:51:05 | 4:58 | 12,09 | V2 | 27 |
| 161 | De Poorter Samuel | Sans | 0:51:06 | 4:58 | 12,09 | V2 | 28 |
| 162 | Grulois Samuël | Judo Top Niveau | 0:51:07 | 4:58 | 12,08 | V1 | 39 |
| 163 | Tuyttens Justine | Rtyd | 0:51:08 | 4:58 | 12,08 | DA | 9 |
| 164 | Sabbe Christophe | Running Safe | 0:51:13 | 4:58 | 12,06 | V2 | 29 |
| 165 | Poulaert Charly | Etm | 0:51:19 | 4:59 | 12,04 | SE | 66 |
| 166 | Glorieux Pierre | As Velaines | 0:51:22 | 4:59 | 12,03 | V2 | 30 |
| 167 | Vinchent Miguël | As Velaines | 0:51:24 | 4:59 | 12,02 | V2 | 31 |
| 168 | Taskin Kenan | Sans | 0:51:26 | 5:00 | 12,01 | SE | 67 |
| 169 | Giraud Serge | Addm Runners | 0:51:31 | 5:00 | 11,99 | V2 | 32 |
| 170 | Vallieri Laurent | Axa Running ... | 0:51:42 | 5:01 | 11,95 | V2 | 33 |
| 171 | Baekelandt Dany | As Velaines | 0:51:49 | 5:02 | 11,92 | V3 | 9 |
| 172 | Parmentier Emmanuel | Sans | 0:51:54 | 5:02 | 11,90 | V1 | 40 |
| 173 | Dillies Bernard | Sans | 0:51:58 | 5:03 | 11,88 | V2 | 34 |
| 174 | Ghislain Bénédicte | Lb Team | 0:52:10 | 5:04 | 11,84 | A1 | 3 |
| 175 | De Stommeleir Hugues | Sans | 0:52:10 | 5:04 | 11,84 | V3 | 10 |
| 176 | Lourdel Maurice | Rcag | 0:52:12 | 5:04 | 11,83 | SE | 68 |
| 177 | Verbeke Gilles | Sans | 0:52:15 | 5:04 | 11,82 | SE | 69 |
| 178 | Bourgeois Geoffrey | Sans | 0:52:30 | 5:06 | 11,76 | V1 | 41 |
| 179 | Moulard Geoffrey | La Dtc | 0:52:31 | 5:06 | 11,76 | V1 | 42 |
| 180 | Van Weehaeghe Robin | Sans | 0:52:36 | 5:06 | 11,74 | SE | 70 |
| 181 | Soldai Patrick | Sans | 0:52:41 | 5:07 | 11,72 | V4 | 2 |
| 182 | Froissart Fabrice | Spho/team Bo... | 0:52:47 | 5:07 | 11,70 | V2 | 35 |
| 183 | Cambier David | Acbb | 0:52:47 | 5:07 | 11,70 | V2 | 36 |
| 184 | Moulin Amandine | Jcpmf Pecq | 0:52:49 | 5:08 | 11,69 | DA | 10 |
| 185 | Mahieu Eddy | Pipaix | 0:52:56 | 5:08 | 11,67 | V2 | 37 |
| 186 | Debouvrie Klara | Sans | 0:53:03 | 5:09 | 11,64 | ED | 1 |
| 187 | Lamont Michael | As Velaines | 0:53:05 | 5:09 | 11,63 | V1 | 43 |
| 188 | Vancaenegem Valentin | Sans | 0:53:05 | 5:09 | 11,63 | V1 | 44 |
| 189 | Josse Teddy | Mmm & W | 0:53:06 | 5:09 | 11,63 | V1 | 45 |
| 190 | Cannoot Rudi | Sans | 0:53:12 | 5:10 | 11,61 | V2 | 38 |
| 191 | Steinier Guillaume | Sans | 0:53:24 | 5:11 | 11,57 | SE | 71 |
| 192 | Van Bever Charly | Sans | 0:53:30 | 5:12 | 11,54 | SE | 72 |
| 193 | Hennebert Nicolas | Sans | 0:53:34 | 5:12 | 11,53 | SE | 73 |
| 194 | Marquant Louis | Sans | 0:53:37 | 5:12 | 11,52 | SE | 74 |
| 195 | Choisez Timothée | Sans | 0:53:50 | 5:14 | 11,47 | SE | 75 |
| 196 | Debode Anthony | Jcpmf | 0:53:51 | 5:14 | 11,47 | SE | 76 |
| 197 | Pieraert Kevin | Sans | 0:53:58 | 5:14 | 11,44 | SE | 77 |
| 198 | Hoedt Natacha | Mmm & W | 0:54:08 | 5:15 | 11,41 | A2 | 4 |
| 199 | Messiaen Emeline | Sans | 0:54:17 | 5:16 | 11,38 | DA | 11 |
| 200 | Melchior Jean-Romain | Popuelles Dr... | 0:54:20 | 5:17 | 11,37 | V1 | 46 |
| 201 | Verschelde Luc | Rtb | 0:54:22 | 5:17 | 11,36 | V4 | 3 |
| 202 | Spriet Frédéric | Sans | 0:54:24 | 5:17 | 11,35 | V2 | 39 |
| 203 | Foubert Ludovic | Running Safe | 0:54:24 | 5:17 | 11,35 | V1 | 47 |
| 204 | Richart Louison | Sans | 0:54:26 | 5:17 | 11,35 | SE | 78 |
| 205 | Verdy Jacques | Kain B | 0:54:26 | 5:17 | 11,35 | V3 | 11 |
| 206 | Bernard Adrien | Sans | 0:54:32 | 5:18 | 11,33 | SE | 79 |
| 207 | Segard Marion | Sans | 0:54:43 | 5:19 | 11,29 | DA | 12 |
| 208 | Berns Lisa | Sans | 0:54:45 | 5:19 | 11,28 | DA | 13 |

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|---|---|---|---|---|---|---|---|
| 209 | Sollai Samelia | Sans | 0:54:48 | 5:19 | 11,27 | DA | 14 |
| 210 | Bonnet Michael | Jc Herinnes | 0:54:50 | 5:19 | 11,26 | V1 | 48 |
| 211 | Rysman Johan | Avi | 0:54:51 | 5:20 | 11,26 | V4 | 4 |
| 212 | Bruneau Chantal | Pipaix | 0:54:51 | 5:20 | 11,26 | A3 | 1 |
| 213 | Lahouste Cédric | Sans | 0:54:51 | 5:20 | 11,26 | V1 | 49 |
| 214 | Mercier Pascal | Sans | 0:55:00 | 5:20 | 11,23 | V3 | 12 |
| 215 | Masai Christian | Kain B | 0:55:07 | 5:21 | 11,20 | V3 | 13 |
| 216 | Waroux Cedric | Sans | 0:55:08 | 5:21 | 11,20 | V2 | 40 |
| 217 | Dupire Cédric | Sans | 0:55:15 | 5:22 | 11,18 | SE | 80 |
| 218 | Brotcorne Pascal | Rcag | 0:55:18 | 5:22 | 11,17 | V2 | 41 |
| 219 | Ansciaux Guillaume | Sans | 0:55:20 | 5:22 | 11,16 | SE | 81 |
| 220 | Deboever Francis | Sans | 0:55:29 | 5:23 | 11,13 | V3 | 14 |
| 221 | Vuylsteke Stephane | Sans | 0:55:30 | 5:23 | 11,13 | V2 | 42 |
| 222 | Roart Charlotte | Running Safe | 0:55:30 | 5:23 | 11,13 | DA | 15 |
| 223 | Schmitz Mathieu | Addm Runners | 0:55:34 | 5:24 | 11,11 | V1 | 50 |
| 224 | Moreels Anthony | Sans | 0:55:38 | 5:24 | 11,10 | SE | 82 |
| 225 | Rousseau Elise | Sans | 0:55:38 | 5:24 | 11,10 | DA | 16 |
| 226 | Carette Pierre | Sans | 0:55:38 | 5:24 | 11,10 | SE | 83 |
| 227 | Rosier Julie | Sans | 0:55:39 | 5:24 | 11,10 | DA | 17 |
| 228 | Diricq Nolwenn | Les Noix De ... | 0:55:39 | 5:24 | 11,10 | DA | 18 |
| 229 | Leclercq Eddy | Kain B | 0:55:39 | 5:24 | 11,10 | V3 | 15 |
| 230 | Deboever Bernard |  | 0:55:43 | 5:25 | 11,09 | V2 | 43 |
| 231 | Scorniciel Benoît | Sans | 0:55:44 | 5:25 | 11,08 | SE | 84 |
| 232 | Tom Abel | Sans | 0:55:47 | 5:25 | 11,07 | SE | 85 |
| 233 | Moulin Eddy | Les Gens D Ere | 0:55:49 | 5:25 | 11,07 | V2 | 44 |
| 234 | Lemaire Laurent | Gsk | 0:55:59 | 5:26 | 11,03 | V2 | 45 |
| 235 | Henrard Flory | Jcsa | 0:55:59 | 5:26 | 11,03 | SE | 86 |
| 236 | Bauts Yves | Rc Estaimpuis | 0:56:03 | 5:27 | 11,02 | V4 | 5 |
| 237 | Stocman Thimeo | Cap Team | 0:56:10 | 5:27 | 10,99 | EH | 9 |
| 238 | Dusautois Maxence | Sans | 0:56:19 | 5:28 | 10,97 | SE | 87 |
| 239 | Collie Marie-Jo | As Velaines | 0:56:19 | 5:28 | 10,97 | A4 | 1 |
| 240 | Spriet Marine | Sans | 0:56:28 | 5:29 | 10,94 | DA | 19 |
| 241 | Senelle Paul-Valéry | As Velaines | 0:56:29 | 5:29 | 10,93 | V2 | 46 |
| 242 | Verin François-Xavier | Sans | 0:56:32 | 5:29 | 10,93 | V2 | 47 |
| 243 | Buffart Brice | Sans | 0:56:38 | 5:30 | 10,91 | SE | 88 |
| 244 | Soudant Caroline | Sans | 0:56:43 | 5:30 | 10,89 | DA | 20 |
| 245 | Dufour Philippe | As Velaines | 0:56:49 | 5:31 | 10,87 | V2 | 48 |
| 246 | Van Cauwenberghe Tom | Sans | 0:56:50 | 5:31 | 10,87 | SE | 89 |
| 247 | Degrande Christophe | Mmm.w | 0:56:55 | 5:32 | 10,85 | V2 | 49 |
| 248 | De Meester Bradeley | Tourpes | 0:56:58 | 5:32 | 10,84 | SE | 90 |
| 249 | Stocman Yannick | Cap Team | 0:57:03 | 5:32 | 10,83 | V1 | 51 |
| 250 | Ranson Jimmy | Osm Lomme At... | 0:57:06 | 5:33 | 10,82 | V1 | 52 |
| 251 | Baert Mathieu | Sans | 0:57:08 | 5:33 | 10,81 | SE | 91 |
| 252 | Vandenheule Frédéric | Sans | 0:57:09 | 5:33 | 10,81 | V2 | 50 |
| 253 | Depelchin Anne | Apero Running | 0:57:15 | 5:33 | 10,79 | A2 | 5 |
| 254 | Delmarre Pierre | Rc Estaimpuis | 0:57:16 | 5:34 | 10,78 | V3 | 16 |
| 255 | Kensier Guillaume | Spho | 0:57:18 | 5:34 | 10,78 | V2 | 51 |
| 256 | Hovine Constantin | Spho/ Farmer... | 0:57:18 | 5:34 | 10,78 | V3 | 17 |
| 257 | Schattens François | Sans | 0:57:21 | 5:34 | 10,77 | SE | 92 |
| 258 | Leroy Philippe | Pipaix | 0:57:23 | 5:34 | 10,76 | V2 | 52 |
| 259 | De Craene Jean-Philippe | Sans | 0:57:30 | 5:35 | 10,74 | V2 | 53 |
| 260 | Di Sipio Ciro | Sans | 0:57:33 | 5:35 | 10,73 | V2 | 54 |
| 261 | El Bousaksaki Rachide | Sans | 0:57:38 | 5:36 | 10,72 | V1 | 53 |
| 262 | Deroubaix François | Sans | 0:57:40 | 5:36 | 10,71 | V1 | 54 |
| 263 | Binon Frédérique | Sans | 0:57:42 | 5:36 | 10,70 | A2 | 6 |
| 264 | Allard Marie | Madres | 0:57:48 | 5:37 | 10,68 | A1 | 4 |
| 265 | Bonte Laurence | Jcpmf Pecq | 0:57:49 | 5:37 | 10,68 | A2 | 7 |
| 266 | De Clercq Marion | Sans | 0:57:55 | 5:37 | 10,66 | DA | 21 |
| 267 | Delberghe April | Rc Estaimpuis | 0:57:56 | 5:37 | 10,66 | DA | 22 |
| 268 | Carton Stéphanie | As Velaines | 0:57:57 | 5:38 | 10,66 | A1 | 5 |
| 269 | Ramu Annick | Kain B | 0:57:57 | 5:38 | 10,66 | A3 | 2 |
| 270 | Van Den Brulle Roland | Jc Brakel | 0:57:58 | 5:38 | 10,65 | V4 | 6 |
| 271 | Abandon Olivier | Rst Ath | 0:58:02 | 5:38 | 10,64 | V1 | 55 |
| 272 | Fastrez Christophe | Sans | 0:58:03 | 5:38 | 10,64 | V2 | 55 |
| 273 | Wagon Jérôme | Rc Estaimpuis | 0:58:03 | 5:38 | 10,64 | SE | 93 |
| 274 | Noullez Céline | Sans | 0:58:10 | 5:39 | 10,62 | A1 | 6 |
| 275 | Wattiez Martin | Sans | 0:58:14 | 5:39 | 10,61 | SE | 94 |
| 276 | Verheu Raphaeël | Sans | 0:58:15 | 5:39 | 10,60 | SE | 95 |
| 277 | Thulier Aaron | Sport Evasion | 0:58:21 | 5:40 | 10,59 | EH | 10 |
| 278 | De Rouck Frédéric | Potes O Maltes | 0:58:23 | 5:40 | 10,58 | V2 | 56 |

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|---|---|---|---|---|---|---|---|
| 279 | Vanneste Christophe | Sans | 0:58:23 | 5:40 | 10,58 | V3 | 18 |
| 280 | Vanherpe Jean-François | Sans | 0:58:28 | 5:41 | 10,56 | V1 | 56 |
| 281 | sollai Delio | Sans | 0:58:32 | 5:41 | 10,55 | SE | 96 |
| 282 | Derez Dany | Sans | 0:58:35 | 5:41 | 10,54 | V2 | 57 |
| 283 | Deslee Eric | Kain B | 0:58:39 | 5:42 | 10,53 | V3 | 19 |
| 284 | Leclercq Louis | Sans | 0:58:40 | 5:42 | 10,53 | V1 | 57 |
| 285 | D Hont Robert | Sans | 0:59:00 | 5:44 | 10,47 | V5 | 1 |
| 286 | Vairon catherine | Sans | 0:59:00 | 5:44 | 10,47 | A1 | 7 |
| 287 | Bachelet Jean-Pierre | Mmm & W | 0:59:02 | 5:44 | 10,46 | V3 | 20 |
| 288 | Terryn Louise | Mmm & W | 0:59:02 | 5:44 | 10,46 | DA | 23 |
| 289 | Van Daele Théo | Sans | 0:59:02 | 5:44 | 10,46 | SE | 97 |
| 290 | Slimani Peggy | Cocoach | 0:59:06 | 5:44 | 10,45 | A2 | 8 |
| 291 | Glissoux Thierry | Sans | 0:59:07 | 5:44 | 10,45 | V2 | 58 |
| 292 | Nyssen Alain | Hermes Atletic | 0:59:08 | 5:44 | 10,45 | V2 | 59 |
| 293 | Vandenborne Lien | Sans | 0:59:10 | 5:45 | 10,44 | DA | 24 |
| 294 | Van Belle Mathieu | Sans | 0:59:12 | 5:45 | 10,43 | V1 | 58 |
| 295 | Delestrain Eloïse | Rcag | 0:59:13 | 5:45 | 10,43 | DA | 25 |
| 296 | Gossart Dimitri | Sans | 0:59:21 | 5:46 | 10,41 | V2 | 60 |
| 297 | Losfeld Jean-Louis | Sans | 0:59:22 | 5:46 | 10,40 | V2 | 61 |
| 298 | Roty Michel | Kain B | 0:59:24 | 5:46 | 10,40 | V5 | 2 |
| 299 | Dierick Christian | Jcpmf Pecq | 0:59:26 | 5:46 | 10,39 | V3 | 21 |
| 300 | Matthys Pascal | As Velaines | 0:59:30 | 5:47 | 10,38 | V2 | 62 |
| 301 | Audoor Alain | As Velaines | 0:59:31 | 5:47 | 10,38 | V3 | 22 |
| 302 | Schoonooghe Erwin | As Velaines | 0:59:32 | 5:47 | 10,37 | V2 | 63 |
| 303 | Manu Manu | Sans | 0:59:33 | 5:47 | 10,37 | V1 | 59 |
| 304 | Allard Thierry | Kain B | 0:59:41 | 5:48 | 10,35 | V2 | 64 |
| 305 | Vandeputte Jeremy | Sans | 0:59:44 | 5:48 | 10,34 | SE | 98 |
| 306 | Feys Rachel | Sans | 0:59:44 | 5:48 | 10,34 | DA | 26 |
| 307 | Marques-Garcia Pablo | Sans | 0:59:55 | 5:49 | 10,31 | SE | 99 |
| 308 | Bauts Aurélie | Pecp | 0:59:57 | 5:49 | 10,30 | DA | 27 |
| 309 | Bury Raphael | Sans | 0:59:57 | 5:49 | 10,30 | SE | 100 |
| 310 | Gosset Jules | Sans | 0:59:59 | 5:49 | 10,30 | SE | 101 |
| 311 | Axensalva Renaud | Sans | 1:00:06 | 5:50 | 10,28 | V2 | 65 |
| 312 | Delvigne Marc | Madres | 1:00:09 | 5:50 | 10,27 | V2 | 66 |
| 313 | Martinage François | Sans | 1:00:09 | 5:50 | 10,27 | V2 | 67 |
| 314 | Leemans Grégory | Sans | 1:00:21 | 5:52 | 10,23 | SE | 102 |
| 315 | Ledegank Kurt | B Betes De C... | 1:00:24 | 5:52 | 10,22 | V2 | 68 |
| 316 | Cuvelier Benjamin | Sans | 1:00:25 | 5:52 | 10,22 | SE | 103 |
| 317 | Ryckebosch Ludwig | Cocoach | 1:00:29 | 5:52 | 10,21 | V3 | 23 |
| 318 | Vandenbulcke Melanie | Sport Evasion | 1:00:31 | 5:53 | 10,21 | A1 | 8 |
| 319 | Duvivier Axel | Sans | 1:00:32 | 5:53 | 10,20 | EH | 11 |
| 320 | Desmet Yves | Jcsa | 1:00:33 | 5:53 | 10,20 | V3 | 24 |
| 321 | Nackart Florian | Sans | 1:00:35 | 5:53 | 10,20 | SE | 104 |
| 322 | Vandenborne Bert | Vlierzele Sp... | 1:00:37 | 5:53 | 10,19 | V2 | 69 |
| 323 | Tanghe Florine | Prfm | 1:00:37 | 5:53 | 10,19 | DA | 28 |
| 324 | Decornet Xavier | Sans | 1:00:40 | 5:53 | 10,18 | V2 | 70 |
| 325 | Drouillon Emma | Sans | 1:00:41 | 5:53 | 10,18 | ED | 2 |
| 326 | Platteau Emmanuel | Et Chievres | 1:00:49 | 5:54 | 10,16 | V2 | 71 |
| 327 | Quenon Simon | Prfm | 1:00:49 | 5:54 | 10,15 | SE | 105 |
| 328 | Plumes Patrick | Rc Estaimpuis | 1:01:02 | 5:56 | 10,12 | V2 | 72 |
| 329 | Plumes Cyril | Sans | 1:01:02 | 5:56 | 10,12 | SE | 106 |
| 330 | Desplanque Coquereelmont Florian | Zimbabros | 1:01:08 | 5:56 | 10,10 | SE | 107 |
| 331 | Thiery Sabine | Sans | 1:01:09 | 5:56 | 10,10 | A2 | 9 |
| 332 | Vantyghem Alain | Sans | 1:01:13 | 5:57 | 10,09 | V4 | 7 |
| 333 | Henry Mathieu | Jc Herinnes | 1:01:26 | 5:58 | 10,05 | V1 | 60 |
| 334 | Clinquart Jean-Christophe | Road Running... | 1:01:29 | 5:58 | 10,04 | V1 | 61 |
| 335 | Vandenheede Lore | Loopclub Gri... | 1:01:30 | 5:58 | 10,04 | DA | 29 |
| 336 | Minez Henri | Sans | 1:01:33 | 5:59 | 10,04 | SE | 108 |
| 337 | Maselis Rudi | Coach Running | 1:01:37 | 5:59 | 10,02 | V1 | 62 |
| 338 | Nortier David | Sport Evasion | 1:01:38 | 5:59 | 10,02 | V2 | 73 |
| 339 | Boonaert Mathilde | Jcpmf Pecq | 1:01:39 | 5:59 | 10,02 | A1 | 9 |
| 340 | Renaut Véronique | Jcpmf Pecq | 1:01:40 | 5:59 | 10,02 | A3 | 3 |
| 341 | Geenens Lise | Jc Herinnes | 1:01:40 | 5:59 | 10,01 | DA | 30 |
| 342 | Doyen Claire | Coach Running | 1:01:43 | 6:00 | 10,01 | DA | 31 |
| 343 | Moreau Claude | Apero Running | 1:01:45 | 6:00 | 10,00 | V2 | 74 |
| 344 | Lefevre Linda | Sans | 1:01:48 | 6:00 | 9,99 | A2 | 10 |
| 345 | Houfflain Mathias | Sans | 1:01:50 | 6:00 | 9,99 | SE | 109 |
| 346 | Carpentier Jean-Michel | Jc Herinnes | 1:01:52 | 6:00 | 9,98 | V2 | 75 |
| 347 | Lebon Candice | Etm | 1:01:55 | 6:01 | 9,97 | A1 | 10 |
| 348 | Lalleau Yannick | Sans | 1:02:02 | 6:01 | 9,96 | V1 | 63 |

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|---|---|---|---|---|---|---|---|
| 349 | Adant Frédéric | Mmm & W | 1:02:07 | 6:02 | 9,94 | V3 | 25 |
| 350 | Wibaut Isabelle | As Velaines | 1:02:10 | 6:02 | 9,94 | DA | 32 |
| 351 | Nimmegeens Adèle | Sans | 1:02:19 | 6:03 | 9,91 | DA | 33 |
| 352 | Cornu Pierre-Jean | Apero Running | 1:02:34 | 6:04 | 9,87 | V2 | 76 |
| 353 | Waneukem Philippe | Athois D'courir | 1:02:35 | 6:05 | 9,87 | V2 | 77 |
| 354 | Carpreau Amandine | Sans | 1:02:37 | 6:05 | 9,86 | DA | 34 |
| 355 | Libbrecht Noah | Jcpmf Pecq | 1:02:37 | 6:05 | 9,86 | SE | 110 |
| 356 | Bottequin Joséphine | Jcpmf Pecq | 1:02:38 | 6:05 | 9,86 | DA | 35 |
| 357 | Duc Eric | Jcsa | 1:02:39 | 6:05 | 9,86 | V3 | 26 |
| 358 | Delfosse Edwinne | Jcpm Pecq | 1:02:41 | 6:05 | 9,85 | A1 | 11 |
| 359 | Bossaert Guillaume | Bac | 1:02:41 | 6:05 | 9,85 | SE | 111 |
| 360 | Hempte Sylvie | As Velaines | 1:02:44 | 6:05 | 9,84 | A3 | 4 |
| 361 | Cossement Caroline | Popuelles Dr... | 1:02:53 | 6:06 | 9,82 | A2 | 11 |
| 362 | Vandeputte Willy | Jc Herinnes | 1:02:55 | 6:07 | 9,82 | V4 | 8 |
| 363 | Delobelle Chantal | Spho | 1:02:57 | 6:07 | 9,81 | A3 | 5 |
| 364 | Simonart David | Sans | 1:03:07 | 6:08 | 9,78 | V1 | 64 |
| 365 | Deruyver Myriam | Les Noix De ... | 1:03:21 | 6:09 | 9,75 | A1 | 12 |
| 366 | Hostyn Pierre | Sans | 1:03:24 | 6:09 | 9,74 | SE | 112 |
| 367 | D Halluweyn Geoffrey | Rc Estaimpuis | 1:03:24 | 6:09 | 9,74 | SE | 113 |
| 368 | Amorison David | Athois D'courir | 1:03:26 | 6:10 | 9,74 | V1 | 65 |
| 369 | Vandenbulcke Francis | Jcpmf Pecq | 1:03:27 | 6:10 | 9,73 | V3 | 27 |
| 370 | Brouillard Dominique | Sans | 1:03:29 | 6:10 | 9,73 | V3 | 28 |
| 371 | Fervaille Fabienne | Kain B | 1:03:35 | 6:10 | 9,71 | A3 | 6 |
| 372 | Musumeci Bruno | Jcsa | 1:03:45 | 6:11 | 9,69 | V3 | 29 |
| 373 | Dellettre Marie-Francoise | Jcpmf Pecq | 1:03:46 | 6:11 | 9,68 | A1 | 13 |
| 374 | Nicolle Bruno | Sans | 1:03:46 | 6:11 | 9,68 | V3 | 30 |
| 375 | Hocedez Pascale | Sans | 1:03:47 | 6:12 | 9,68 | A2 | 12 |
| 376 | Cuvelier Françis | As Velaines | 1:03:48 | 6:12 | 9,68 | V3 | 31 |
| 377 | Knockaert Talya | Sans | 1:03:51 | 6:12 | 9,67 | DA | 36 |
| 378 | Knockaert Fabien | Sans | 1:03:53 | 6:12 | 9,67 | V2 | 78 |
| 379 | Ansciaux Philippe | Sans | 1:03:54 | 6:12 | 9,66 | V3 | 32 |
| 380 | Vanuxem Rita | Sans | 1:03:57 | 6:13 | 9,66 | A2 | 13 |
| 381 | Matthys Lola | Sans | 1:04:03 | 6:13 | 9,64 | DA | 37 |
| 382 | Denys Myriam | Les Ceusses ... | 1:04:04 | 6:13 | 9,64 | A2 | 14 |
| 383 | Berthe Alain | Les 4 Fantas... | 1:04:04 | 6:13 | 9,64 | V2 | 79 |
| 384 | Delhaye Michel | Sans | 1:04:09 | 6:14 | 9,63 | V2 | 80 |
| 385 | Christiaens Alexandra | Les Gazelles | 1:04:09 | 6:14 | 9,63 | A2 | 15 |
| 386 | Frenoy Frederique | Sans | 1:04:28 | 6:16 | 9,58 | A2 | 16 |
| 387 | Carlier Jean-Marie | Kain B | 1:04:41 | 6:17 | 9,55 | V3 | 33 |
| 388 | Longepee Philippe | Sans | 1:04:47 | 6:17 | 9,53 | V3 | 34 |
| 389 | François Christophe | Sans | 1:04:56 | 6:18 | 9,51 | V1 | 66 |
| 390 | Van Cauwenberrghe Julie | Sans | 1:05:09 | 6:20 | 9,48 | A1 | 14 |
| 391 | Delcoigne Georges | Run 4 Fun | 1:05:13 | 6:20 | 9,47 | V3 | 35 |
| 392 | Vandaele Claudine | Dapalo | 1:05:18 | 6:20 | 9,46 | A2 | 17 |
| 393 | Dumont Jean-Philippe | Sans | 1:05:22 | 6:21 | 9,45 | V2 | 81 |
| 394 | Vercouter Dominiek | Dapalo | 1:05:22 | 6:21 | 9,45 | V2 | 82 |
| 395 | Landrieux Clemence | Sans | 1:05:26 | 6:21 | 9,44 | DA | 38 |
| 396 | Richard Eléonore | Jcpmf Pecq | 1:05:26 | 6:21 | 9,44 | DA | 39 |
| 397 | Moreau Rita | Mmm & W | 1:05:27 | 6:21 | 9,44 | A4 | 2 |
| 398 | Marquez Andres | Mmm & W | 1:05:30 | 6:22 | 9,43 | V2 | 83 |
| 399 | Goossens Richard | Sans | 1:05:31 | 6:22 | 9,43 | V3 | 36 |
| 400 | Delcroix Justine | Sans | 1:05:52 | 6:24 | 9,38 | DA | 40 |
| 401 | Leconte Brigitte | Spho | 1:05:54 | 6:24 | 9,37 | A3 | 7 |
| 402 | Laeremans Christel | Sans | 1:06:00 | 6:24 | 9,36 | DA | 41 |
| 403 | Vancrombrughe Aurelien | Sans | 1:06:02 | 6:25 | 9,35 | SE | 114 |
| 404 | Scorniciel Marylène | As Velaines | 1:06:02 | 6:25 | 9,35 | A2 | 18 |
| 405 | Lefevre Fabrice | Sans | 1:06:07 | 6:25 | 9,34 | V3 | 37 |
| 406 | Delaunoy Jacques | Sans | 1:06:11 | 6:26 | 9,33 | V3 | 38 |
| 407 | Vander Meiren Didier | Sans | 1:06:23 | 6:27 | 9,30 | V2 | 84 |
| 408 | Boutiau Davy | Sans | 1:06:23 | 6:27 | 9,30 | V1 | 67 |
| 409 | Bureau Letitia | Sans | 1:06:25 | 6:27 | 9,30 | A1 | 15 |
| 410 | Delonville Séverine | As Velaines | 1:06:31 | 6:27 | 9,28 | A2 | 19 |
| 411 | Demaeseneire Michaël | Sans | 1:06:33 | 6:28 | 9,28 | V2 | 85 |
| 412 | Scohiez Melanie | Pipaix | 1:06:34 | 6:28 | 9,28 | DA | 42 |
| 413 | Declercq Michel | Tri Gt | 1:06:35 | 6:28 | 9,28 | V4 | 9 |
| 414 | Degallaix Réginald | Sans | 1:06:50 | 6:29 | 9,24 | V1 | 68 |
| 415 | Packer Elizabeth | Sans | 1:06:50 | 6:29 | 9,24 | DA | 43 |
| 416 | Fontaine Martin | Sans | 1:06:51 | 6:29 | 9,24 | SE | 115 |
| 417 | Lequenne François | Agf | 1:06:53 | 6:30 | 9,23 | SE | 116 |
| 418 | Flament Nancy | Sans | 1:06:59 | 6:30 | 9,22 | A2 | 20 |

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|---|---|---|---|---|---|---|---|
| 419 | Mat Gwendoline | Sans | 1:07:08 | 6:31 | 9,20 | DA | 44 |
| 420 | Vanderhaeghen Alice | Sans | 1:07:25 | 6:33 | 9,16 | DA | 45 |
| 421 | Vuysteke Chloé | Sans | 1:07:25 | 6:33 | 9,16 | DA | 46 |
| 422 | Vlaminck Augustin | Sans | 1:07:29 | 6:33 | 9,15 | EH | 12 |
| 423 | Renaux Nancy | As Velaines | 1:07:32 | 6:33 | 9,15 | A2 | 21 |
| 424 | Vancoppenolle Guy | Sans | 1:07:36 | 6:34 | 9,14 | V4 | 10 |
| 425 | Moulin Lise | Les Gens D Ere | 1:07:40 | 6:34 | 9,13 | ED | 3 |
| 426 | Courtin Eros | Sans | 1:07:46 | 6:35 | 9,11 | SE | 117 |
| 427 | Vancamelbeke Basile | Sans | 1:07:47 | 6:35 | 9,11 | SE | 118 |
| 428 | Bottequin Lucie | Jcpmf Pecq | 1:07:48 | 6:35 | 9,11 | DA | 47 |
| 429 | Delvin Régine | Tortues Mesl... | 1:07:53 | 6:35 | 9,10 | A3 | 8 |
| 430 | Geurts Olivier | Jc Herinnes | 1:07:53 | 6:35 | 9,10 | V1 | 69 |
| 431 | Leleu Line | Lb Team | 1:08:04 | 6:37 | 9,07 | ED | 4 |
| 432 | Vangheluwe Patrick | As Velaines | 1:08:09 | 6:37 | 9,06 | V3 | 39 |
| 433 | Fontaine Sarah | Sans | 1:08:21 | 6:38 | 9,04 | DA | 48 |
| 434 | Dufour Line | As Velaines | 1:08:29 | 6:39 | 9,02 | A3 | 9 |
| 435 | D Heygere Mahaut | Jcpmf Pecq | 1:08:57 | 6:42 | 8,96 | DA | 49 |
| 436 | Dupret Geneviève | Jcpmf Pecq | 1:09:22 | 6:44 | 8,90 | A2 | 22 |
| 437 | Libbrecht Laurent | Jcpmf Pecq | 1:09:23 | 6:44 | 8,90 | V2 | 86 |
| 438 | De Meester Germain | Tourpes | 1:09:26 | 6:44 | 8,89 | V4 | 11 |
| 439 | Delcroix Luc | Farmers | 1:09:28 | 6:45 | 8,89 | V2 | 87 |
| 440 | Delzenne Anaïs | Sans | 1:09:31 | 6:45 | 8,88 | DA | 50 |
| 441 | Riviere Aline | Sans | 1:09:32 | 6:45 | 8,88 | DA | 51 |
| 442 | Rjilo Jefferson | Sans | 1:09:32 | 6:45 | 8,88 | SE | 119 |
| 443 | Bernard Pauline | Sans | 1:09:33 | 6:45 | 8,88 | DA | 52 |
| 444 | Mullie Mélanie | Sans | 1:09:33 | 6:45 | 8,88 | DA | 53 |
| 445 | Cocu Jean-Luc | Prfm | 1:09:50 | 6:47 | 8,84 | V4 | 12 |
| 446 | Bataille Claude | Rc Estaimpuis | 1:09:53 | 6:47 | 8,84 | V4 | 13 |
| 447 | Moulin Jean-Pierre | Les Gens D Ere | 1:09:59 | 6:48 | 8,83 | V3 | 40 |
| 448 | Dubois Jean-Marie | Jcsa | 1:10:00 | 6:48 | 8,82 | V3 | 41 |
| 449 | Leblanc Flore | Sans | 1:10:10 | 6:49 | 8,80 | ED | 5 |
| 450 | Coussé Christophe | As Velaines | 1:10:11 | 6:49 | 8,80 | V2 | 88 |
| 451 | Grivet Dominique | Templeuve | 1:10:12 | 6:49 | 8,80 | V2 | 89 |
| 452 | Westrade Bruno | Jc Herinnes | 1:10:17 | 6:49 | 8,79 | V2 | 90 |
| 453 | Vandorpe Mathilde | Mmm & W | 1:10:32 | 6:51 | 8,76 | A1 | 16 |
| 454 | Boitte Cédric | Mmm & W | 1:10:32 | 6:51 | 8,76 | V1 | 70 |
| 455 | Monté Jean | As Velaines | 1:10:50 | 6:53 | 8,72 | V3 | 42 |
| 456 | Baele Ludivine | Sans | 1:11:01 | 6:54 | 8,70 | A1 | 17 |
| 457 | Thill Emmanuel | Sans | 1:11:09 | 6:54 | 8,68 | V2 | 91 |
| 458 | Provost Valérie | Sans | 1:11:09 | 6:54 | 8,68 | A2 | 23 |
| 459 | Verbust Inge | Sans | 1:11:10 | 6:55 | 8,68 | A2 | 24 |
| 460 | Spreuwers Frank | Les Fadas Du... | 1:11:10 | 6:55 | 8,68 | V2 | 92 |
| 461 | Broquet Amandine | Sans | 1:11:22 | 6:56 | 8,65 | A1 | 18 |
| 462 | Deglé Steve | Sans | 1:11:26 | 6:56 | 8,64 | V1 | 71 |
| 463 | Deberdt Danny | Mmm & W | 1:11:56 | 6:59 | 8,59 | V4 | 14 |
| 464 | Helin Véronique | Lamant's Run... | 1:11:58 | 6:59 | 8,58 | A3 | 10 |
| 465 | Michel Jacques | Sans | 1:12:00 | 6:59 | 8,58 | V3 | 43 |
| 466 | Lemoine Christelle | Kain B | 1:12:00 | 6:59 | 8,58 | A3 | 11 |
| 467 | Jalabert Laurent | Sans | 1:12:07 | 7:00 | 8,56 | V2 | 93 |
| 468 | Demets Alexandre | Sans | 1:12:12 | 7:01 | 8,55 | V2 | 94 |
| 469 | Vancauwenberghe Werner | Metallica666 | 1:12:26 | 7:02 | 8,53 | V2 | 95 |
| 470 | Deletrain Linda | Sans | 1:12:27 | 7:02 | 8,52 | A2 | 25 |
| 471 | De Bie Fabienne | Sans | 1:12:27 | 7:02 | 8,52 | A3 | 12 |
| 472 | Gillain Anaelle | Sans | 1:12:30 | 7:02 | 8,52 | DA | 54 |
| 473 | Dermaut Luc | Farmers Club | 1:12:44 | 7:04 | 8,49 | V3 | 44 |
| 474 | Urbain Virginie | Mmm & W | 1:13:04 | 7:06 | 8,45 | A1 | 19 |
| 475 | Cochez Jean-Albert | Jcpmf Pecq | 1:13:07 | 7:06 | 8,45 | V3 | 45 |
| 476 | Leersnyder Delphine | Sans | 1:13:20 | 7:07 | 8,42 | A2 | 26 |
| 477 | Delrue Julie | Sans | 1:13:47 | 7:10 | 8,37 | DA | 55 |
| 478 | Allard Stephane | Runaissance.be | 1:14:25 | 7:13 | 8,30 | V3 | 46 |
| 479 | Cuvelier Luc | Tortues Mesl... | 1:14:50 | 7:16 | 8,25 | V3 | 47 |
| 480 | Lemaire Estelle | Sans | 1:14:51 | 7:16 | 8,25 | A2 | 27 |
| 481 | Caby Bernard | Jcsa | 1:15:05 | 7:17 | 8,23 | V3 | 48 |
| 482 | Bonnet Dorothée | Sans | 1:15:11 | 7:18 | 8,21 | A2 | 28 |
| 483 | De Witte Christian | Sans | 1:15:20 | 7:19 | 8,20 | V4 | 15 |
| 484 | Prevost Eloise | Sans | 1:15:36 | 7:20 | 8,17 | DA | 56 |
| 485 | Obsomer André | As Velaines | 1:15:39 | 7:21 | 8,16 | V3 | 49 |
| 486 | Watté Lisa | Sans | 1:15:41 | 7:21 | 8,16 | DA | 57 |
| 487 | Ratkovic Déborah | Sans | 1:15:42 | 7:21 | 8,16 | DA | 58 |
| 488 | Houttequiet Konie | Sans | 1:15:43 | 7:21 | 8,16 | DA | 59 |

| PL | Naam | Club | Tijd | Gem. | Km/u | Cat. | P/Cat |
|---|---|---|---|---|---|---|---|
| 489 | Demetr Quentin | Sans | 1:15:51 | 7:22 | 8,14 | SE | 120 |
| 490 | Porcu Clara | Jc Luingne | 1:15:55 | 7:22 | 8,13 | A3 | 13 |
| 491 | François José | As Velaines | 1:16:14 | 7:24 | 8,10 | V3 | 50 |
| 492 | Bernus Philippe | Sans | 1:18:49 | 7:39 | 7,84 | V3 | 51 |
| 493 | Nuttin Nicolas | Sans | 1:19:08 | 7:41 | 7,80 | SE | 121 |
| 494 | Huleux Charlotte | Sans | 1:19:09 | 7:41 | 7,80 | DA | 60 |
| 495 | Marquez Nina | Sans | 1:20:33 | 7:49 | 7,67 | DA | 61 |