

# 2e Westkapelse Sinterklaasloop - 6 december 2003

## 9,5 KM

| PL | NR  | Naam                   | Woonplaats           | Club        | G | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|----|-----|------------------------|----------------------|-------------|---|-----|-------|---------|-------|---------|
| 1  | 204 | Vandevelde Stijn       | Bonheiden            | DUFF        | M | SEN | 1     | 0:27:55 | 20,42 | 2:56    |
| 2  | 206 | Clincke Christophe     | Brugge               | NA          | M | SEN | 2     | 0:28:37 | 19,92 | 3:01    |
| 3  | 304 | Coppens Bram           | Maldegem             | AVMO        | M | SEN | 3     | 0:28:43 | 19,85 | 3:01    |
| 4  | 214 | Vanden Abeele Theo     |                      | AVT         | M | MAS | 1     | 0:28:47 | 19,80 | 3:02    |
| 5  | 313 | Tontchinski Aladimir   | RUSLAND              | DUFF        | M | SEN | 4     | 0:28:55 | 19,71 | 3:03    |
| 6  | 205 | Moernaut Kris          | Lebbeke              | LAT         | M | SEN | 5     | 0:28:57 | 19,69 | 3:03    |
| 7  | 278 | Colpaert Frederik      | Kortemark            | FLAC        | M | SEN | 6     | 0:29:32 | 19,30 | 3:07    |
| 8  | 220 | Damian Ion             | Dendermonde          | VOLH        | M | MAS | 2     | 0:29:34 | 19,28 | 3:07    |
| 9  | 207 | Aman Geneda            | Kortrijk             | KKS         | M | SEN | 7     | 0:29:39 | 19,22 | 3:07    |
| 10 | 290 | Vanhaecke Filip        | Ardoorie             | FLAC        | M | MAS | 3     | 0:30:32 | 18,67 | 3:13    |
| 11 | 320 | Deleu Gino             | Zonnebeke            | ABAV        | M | SEN | 8     | 0:30:42 | 18,57 | 3:14    |
| 12 | 298 | Demylle Marc           | Brugge               | ABAV        | M | SEN | 9     | 0:31:09 | 18,30 | 3:17    |
| 13 | 225 | Viaene Tim             | Knokke-Heist         | OB          | M | SEN | 10    | 0:31:15 | 18,24 | 3:17    |
| 14 | 375 | Hollevoet Stijn        | Ardoorie             | FLAC        | M | SEN | 11    | 0:31:23 | 18,16 | 3:18    |
| 15 | 240 | Van Lancker Danny      | Semmerzake           | ASSA        | M | MAS | 4     | 0:31:25 | 18,14 | 3:18    |
| 16 | 239 | Rul Kristof            | Merelbeke            | ASSA        | M | SEN | 12    | 0:31:26 | 18,13 | 3:19    |
| 17 | 210 | Lannoo Dirk            | Oostrozebeke         | AVMO        | M | MAS | 5     | 0:31:39 | 18,01 | 3:20    |
| 18 | 228 | Vanhoutte Gunther      | Sint-Denijs-Westrem  | AVMO        | M | SEN | 13    | 0:31:44 | 17,96 | 3:20    |
| 19 | 227 | Truyens Marc           | Sint-Katelijne-Waver | DUFF        | M | MAS | 6     | 0:31:54 | 17,87 | 3:21    |
| 20 | 223 | Chevrolet Arne         | Tielt                | AVMO        | M | SEN | 14    | 0:31:56 | 17,85 | 3:22    |
| 21 | 354 | Devos Patrick          | Oostende             | NA          | M | MAS | 7     | 0:32:08 | 17,74 | 3:23    |
| 22 | 301 | Heytens Pascal         | Tielt                | AVMO        | M | SEN | 15    | 0:32:15 | 17,67 | 3:24    |
| 23 | 283 | Darthet Paul           | Brugge               | OB          | M | MAS | 8     | 0:32:20 | 17,63 | 3:24    |
| 24 | 211 | Steyaert Kris          |                      | AVMO        | M | SEN | 16    | 0:32:37 | 17,48 | 3:26    |
| 25 | 289 | Carron Luc             | Meulebeke            | NA          | M | SEN | 17    | 0:32:40 | 17,45 | 3:26    |
| 26 | 308 | Lazou Mathieu          | Bissegem             | KKS         | M | SEN | 18    | 0:32:45 | 17,40 | 3:27    |
| 27 | 222 | De Rammelaere Franky   | Kuurne               | NA          | M | MAS | 9     | 0:32:49 | 17,37 | 3:27    |
| 28 | 311 | Moreel Wout            | Oostkamp             | NA          | M | SEN | 19    | 0:33:09 | 17,19 | 3:29    |
| 29 | 362 | Brion Franky           | Varsenare            | NA          | M | SEN | 20    | 0:33:16 | 17,13 | 3:30    |
| 30 | 319 | Meulebrouck Paul       | Brugge               | Sodibrug    | M | MAS | 10    | 0:33:22 | 17,08 | 3:31    |
| 31 | 250 | Statkuvienne Stefaniya |                      | ASSA        | V | SEN | 1     | 0:33:31 | 17,01 | 3:32    |
| 32 | 305 | Stubbe Frank           | St Michiels          | Sodibrug    | M | SEN | 21    | 0:33:37 | 16,96 | 3:32    |
| 33 | 318 | Mulle Sylvie           | Gent                 | ACW         | V | SEN | 2     | 0:33:46 | 16,88 | 3:33    |
| 34 | 279 | Coghe Christophe       | Brugge               | NA          | M | SEN | 22    | 0:33:49 | 16,86 | 3:34    |
| 35 | 281 | Merlin Katia           | Zelee                | RC Gent     | V | MAS | 1     | 0:33:53 | 16,82 | 3:34    |
| 36 | 287 | Kerckhove Yves         | Oostkerke            | Krekenloper | M | MAS | 11    | 0:34:10 | 16,68 | 3:36    |
| 37 | 363 | Flachowsky Stefan      | Duitsland            | NA          | M | SEN | 23    | 0:34:21 | 16,59 | 3:37    |
| 38 | 248 | Vanderjeught Roosie    | Maldegem             | NA          | V | SEN | 3     | 0:34:23 | 16,58 | 3:37    |
| 39 | 343 | De Caluwe Steve        | Brugge               | NA          | M | SEN | 24    | 0:34:37 | 16,47 | 3:39    |
| 40 | 307 | Cool Andy              |                      | DAPALO      | M | SEN | 25    | 0:34:43 | 16,42 | 3:39    |
| 41 | 260 | Bossuyt Lieselot       |                      | AZW         | V | SEN | 4     | 0:34:45 | 16,40 | 3:39    |
| 42 | 224 | Matthys Ronny          |                      | OB          | M | SEN | 26    | 0:34:47 | 16,39 | 3:40    |
| 43 | 284 | Muylle Geert           | Meulebeke            | NA          | M | MAS | 12    | 0:35:07 | 16,23 | 3:42    |
| 44 | 334 | Meyts Geert            | Knokke Heist         | Marathon T  | M | SEN | 27    | 0:35:16 | 16,16 | 3:43    |
| 45 | 17  | Sissau Erwin           | Tielt                | AVMO        | M | MAS | 13    | 0:35:30 | 16,06 | 3:44    |
| 46 | 267 | Vandenbroeck Marlène   | Welle                | ASSA        | V | MAS | 2     | 0:35:40 | 15,98 | 3:45    |
| 47 | 341 | Schelfout Mark         | Grembergen           | NA          | M | SEN | 28    | 0:35:49 | 15,91 | 3:46    |

| PL | NR  | Naam                 | Woonplaats       | Club       | G | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|----|-----|----------------------|------------------|------------|---|-----|-------|---------|-------|---------|
| 48 | 107 | Haeck Geert          |                  | AVMO       | M | MAS | 14    | 0:35:52 | 15,89 | 3:47    |
| 49 | 317 | Depraeter Wim        | Waregem          | KAAG       | M | SEN | 29    | 0:35:59 | 15,84 | 3:47    |
| 50 | 263 | Mehuys Els           | Sint-Denijs-West | AVMO       | V | SEN | 5     | 0:36:05 | 15,80 | 3:48    |
| 51 | 221 | De Rammelaere Didier | Kuurne           | NA         | M |     |       | 0:36:15 | 15,72 | 3:49    |
| 52 | 282 | Darthet Jan          | Brugge           | OB         | M | SEN | 30    | 0:36:17 | 15,71 | 3:49    |
| 53 | 376 | Deruwez Filip        | Reningelst       | NA         | M | SEN | 31    | 0:36:27 | 15,64 | 3:50    |
| 54 | 288 | Tuttens Sophie       | Meulebeke        | NA         | V | SEN | 6     | 0:36:31 | 15,61 | 3:51    |
| 55 | 217 | Jonckheere Patrick   | Aartryke         | NA         | M | SEN | 32    | 0:36:46 | 15,50 | 3:52    |
| 56 | 332 | Deschacht Guido      | Oostkamp         | ABAV       | M | MAS | 15    | 0:36:50 | 15,48 | 3:53    |
| 57 | 238 | Vanmaele Luc         | Knokke Heist     | NA         | M | MAS | 16    | 0:36:54 | 15,45 | 3:53    |
| 58 | 366 | Verdonck Els         | Torhout          | HOUTLAND   | V | MAS | 3     | 0:36:56 | 15,43 | 3:53    |
| 59 | 316 | Debeuf Nico          | Lichtervelde     | NA         | M | SEN | 33    | 0:36:57 | 15,43 | 3:53    |
| 60 | 323 | Vanden Berghe Filip  |                  | ABAV       | M | MAS | 17    | 0:37:05 | 15,37 | 3:54    |
| 61 | 233 | Blancke Kristof      | Tielt            | NA         | M | SEN | 34    | 0:37:07 | 15,36 | 3:54    |
| 62 | 325 | Gelaude Roger        | St Andries       | ABAV       | M | MAS | 18    | 0:37:12 | 15,32 | 3:55    |
| 63 | 372 | Truyers Annelies     | St Katelijne Wav | DUFF       | V | SEN | 7     | 0:37:19 | 15,27 | 3:56    |
| 64 | 270 | Verbauwhede Marianne | Dentergem        | AVMO       | V | MAS | 4     | 0:37:20 | 15,27 | 3:56    |
| 65 | 338 | Sercu Filiep         | Marke            | NA         | M | MAS | 19    | 0:37:35 | 15,17 | 3:57    |
| 66 | 273 | Pattyn Dominique     | Oostrozebeke     | NA         | V | SEN | 8     | 0:37:38 | 15,15 | 3:58    |
| 67 | 216 | Vanlerberghe Nicolas | Knokke Heist     | NA         | M | JUN | 1     | 0:37:42 | 15,12 | 3:58    |
| 68 | 315 | Lefevre Rik          | Tielt            | AVMO       | M | SEN | 35    | 0:37:51 | 15,06 | 3:59    |
| 69 | 286 | Paepe Agnel          | Oostkamp         | TORRAC     | M | MAS | 20    | 0:37:57 | 15,02 | 4:00    |
| 70 | 383 | De Langhe Marc       | Knokke-Heist     | NA         | M | SEN | 36    | 0:37:59 | 15,01 | 4:00    |
| 71 | 42  | Verhaeghe Ronny      |                  | AVMO       | M | MAS | 21    | 0:38:02 | 14,99 | 4:00    |
| 72 | 303 | Glaude Geert         |                  | NA         | M | SEN | 37    | 0:38:08 | 14,95 | 4:01    |
| 73 | 365 | Reynaert Herwig      | Torhout          | HAC        | M | SEN | 38    | 0:38:26 | 14,83 | 4:03    |
| 74 | 337 | Devuyst Joeri        | Brugge           | Sodibrug   | M | SEN | 39    | 0:38:46 | 14,70 | 4:05    |
| 75 | 36  | Kesteloot Ronald     |                  | AVMO       | M | MAS | 22    | 0:38:49 | 14,68 | 4:05    |
| 76 | 321 | Feys Christel        | Zonnebeke        | ABAV       | V | SEN | 9     | 0:38:54 | 14,65 | 4:06    |
| 77 | 379 | Barremaechik Albert  | Blankenberge     | ABAV       | M | MAS | 23    | 0:38:57 | 14,63 | 4:06    |
| 78 | 364 | Degrande Kris        | Varsenare        | NA         | M | SEN | 40    | 0:39:10 | 14,55 | 4:07    |
| 79 | 322 | Couvreur Hans        | Damme            | NA         | M | MAS | 24    | 0:39:11 | 14,55 | 4:07    |
| 80 | 356 | Puystjens Gino       | Lombardsijde     | NA         | M | MAS | 25    | 0:39:12 | 14,54 | 4:08    |
| 81 | 95  | Provoost Geert       | Brugge           | NA         | M | MAS | 26    | 0:39:13 | 14,53 | 4:08    |
| 82 | 213 | Vanden Steen Chris   |                  | AVT        | M | MAS | 27    | 0:39:14 | 14,53 | 4:08    |
| 83 | 28  | Debaets Roger        |                  | AVMO       | M | MAS | 28    | 0:39:19 | 14,50 | 4:08    |
| 84 | 94  | Hoste Rik            | Brugge           | NA         | M |     |       | 0:39:35 | 14,40 | 4:10    |
| 85 | 258 | Hoebracken Marina    |                  | VS         | V | MAS | 5     | 0:39:36 | 14,39 | 4:10    |
| 86 | 241 | Vandeghinste Filip   | Jabbeke          | NA         | M | MAS | 29    | 0:39:48 | 14,32 | 4:11    |
| 87 | 293 | Roelens Benny        | St Andries       | NA         | M | SEN | 41    | 0:39:50 | 14,31 | 4:12    |
| 88 | 355 | Chris Peeters        | Blankenberge     | ACB        | V | MAS | 6     | 0:39:55 | 14,28 | 4:12    |
| 89 | 361 | Willems Pascal       | Knokke-Heist     | NA         | M | SEN | 42    | 0:39:57 | 14,27 | 4:12    |
| 90 | 257 | Haspeslagh Charlotte | Tielt            | AVMO       | V | MAS | 7     | 0:39:58 | 14,26 | 4:12    |
| 91 | 44  | Populier Wim         |                  | AVMO       | M | MAS | 30    | 0:40:06 | 14,21 | 4:13    |
| 92 | 360 | Callebaut Philippe   | Bredene          | NA         | M | MAS | 31    | 0:40:09 | 14,20 | 4:14    |
| 93 | 2   | Deroo Entienne       |                  | ABAV       | M | MAS | 32    | 0:40:12 | 14,18 | 4:14    |
| 94 | 230 | Maertens             | Beveren Leie     |            | M |     |       | 0:40:24 | 14,11 | 4:15    |
| 95 | 235 | De Waele Johny       |                  | AV Wieling | M | MAS | 33    | 0:40:28 | 14,09 | 4:16    |
| 96 | 52  | Desnoick Angelo      | Zeebrugge        | NA         | M | KAD | 1     | 0:40:32 | 14,06 | 4:16    |
| 97 | 329 | Vancompernelle Davy  | Zeebrugge        | NA         | M | MAS | 34    | 0:40:33 | 14,06 | 4:16    |
| 98 | 380 | Deschacht marc       | Zeebrugge        | NA         | M | SEN | 43    | 0:40:33 | 14,06 | 4:16    |

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|-----|-----|-----------------------|--------------|------------|---|-----|-------|---------|-------|---------|
| 99  | 261 | Devriese Griet        | Tielt        | AVMO       | V | MAS | 8     | 0:40:42 | 14,00 | 4:17    |
| 100 | 209 | Declercq Johny        |              | AVMO       | M | MAS | 35    | 0:40:43 | 14,00 | 4:17    |
| 101 | 247 | Werbroeck Rika        | Ardoorie     | AVMO       | V | MAS | 9     | 0:41:22 | 13,78 | 4:21    |
| 102 | 348 | Erard Caroline        | Loppem       | NA         | V | MAS | 10    | 0:41:38 | 13,69 | 4:23    |
| 103 | 151 | Vande Langeryt Pierre |              | AVMO       | M | MAS | 36    | 0:41:39 | 13,69 | 4:23    |
| 104 | 324 | Ceumis Bruno          | Brugge       | NA         | M | MAS | 37    | 0:41:54 | 13,60 | 4:25    |
| 105 | 327 | Van Loocke Eddy       | Brugge       | NA         | M | MAS | 38    | 0:42:10 | 13,52 | 4:26    |
| 106 | 229 | Verhelst Andre        | Moerkerke    | NA         | M | MAS | 39    | 0:42:16 | 13,49 | 4:27    |
| 107 | 231 | Goethals Eddy         | Knokke Heist | NA         | M | SEN | 44    | 0:42:17 | 13,48 | 4:27    |
| 108 | 302 | De Clerq Johan        | Knokke Heist | NA         | M | SEN | 45    | 0:42:28 | 13,42 | 4:28    |
| 109 | 244 | Vanhoey Kristel       | Blankenberge | NA         | V | MAS | 11    | 0:43:08 | 13,21 | 4:32    |
| 110 | 269 | Steyaert Astrid       | Nederland    | AV WIELING | V | MAS | 12    | 0:43:09 | 13,21 | 4:33    |
| 111 | 326 | Van Loo Rik           | Knokke Heist | NA         | M | SEN | 46    | 0:43:27 | 13,12 | 4:34    |
| 112 | 328 | Lucas Dirk            |              | Sodibrug   | M | MAS | 40    | 0:43:28 | 13,11 | 4:35    |
| 113 | 340 | De Ridder Griet       | Grembergen   | NA         | V | MAS | 13    | 0:43:30 | 13,10 | 4:35    |
| 114 | 377 | Boerjan Madie         | Knokke Heist | NA         | V |     |       | 0:43:31 | 13,10 | 4:35    |
| 115 | 378 | Van Bladel Joris      |              | NA         | M | SEN | 47    | 0:43:32 | 13,09 | 4:35    |
| 116 | 331 | Guidée Christiaan     | Brugge       | NA         | M | SEN | 48    | 0:43:33 | 13,09 | 4:35    |
| 117 | 237 | Devulder Pol          | Knokke Heist | NA         | M | MAS | 41    | 0:43:39 | 13,06 | 4:36    |
| 118 | 218 | Govaert Philippe      | Knokke Heist | NA         | M | SEN | 49    | 0:43:46 | 13,02 | 4:36    |
| 119 | 285 | Brauwiers David       | Zeebrugge    | NA         | M | SEN | 50    | 0:43:49 | 13,01 | 4:37    |
| 120 | 342 | Van de Velde Pirre    | Knokke-Heist | NA         | M | MAS | 42    | 0:43:51 | 13,00 | 4:37    |
| 121 | 43  | Pattist Andre         |              | Jogclub Oo | M | MAS | 43    | 0:43:54 | 12,98 | 4:37    |
| 122 | 259 | Dejonghe Christine    | Tielt        | AVMO       | V | MAS | 14    | 0:44:06 | 12,93 | 4:39    |
| 123 | 268 | Rosseel Martine       | Knokke-Heist | NA         | V | SEN | 10    | 0:44:08 | 12,92 | 4:39    |
| 124 | 339 | Morbee Jan            | Knokke       | NA         | M | MAS | 44    | 0:44:08 | 12,92 | 4:39    |
| 125 | 346 | Ramout Caroline       | De Panne     | NA         | V | SEN | 11    | 0:44:10 | 12,91 | 4:39    |
| 126 | 336 | Wintein Mark          |              | NA         | M |     |       | 0:44:16 | 12,88 | 4:40    |
| 127 | 234 | Devoogt Freddy        | Knokke Heist | NA         | M | SEN | 51    | 0:44:31 | 12,80 | 4:41    |
| 128 | 297 | Cleppe Tanja          | Oostende     | Sodibrug   | V | SEN | 12    | 0:44:32 | 12,80 | 4:41    |
| 129 | 296 | Lampo Luc             | Jabbeke      | Sodibrug   | M | MAS | 45    | 0:44:33 | 12,79 | 4:41    |
| 130 | 212 | Sauels Ronny          |              | NA         | M | MAS | 46    | 0:44:41 | 12,76 | 4:42    |
| 131 | 310 | Monbaliu Colette      |              | Jogclub    | V | MAS | 15    | 0:44:50 | 12,71 | 4:43    |
| 132 | 271 | Boes Odette           |              | AVMO       | V | MAS | 16    | 0:44:57 | 12,68 | 4:44    |
| 133 | 367 | Tanghe Damiaan        | Knokke       | NA         | M | MAS | 47    | 0:45:04 | 12,65 | 4:45    |
| 134 | 253 | Pyncket Myriam        | Wenduine     | NA         | V | MAS | 17    | 0:45:44 | 12,46 | 4:49    |
| 135 | 384 | Rambault-Piers Pascal |              | ACB        | M | MAS | 48    | 0:45:49 | 12,44 | 4:49    |
| 136 | 350 | Heyse Jan             | Damma        | NA         | M | MAS | 49    | 0:45:50 | 12,44 | 4:49    |
| 137 | 249 | Vermandel Yvette      |              | BEHO       | V | MAS | 18    | 0:46:02 | 12,38 | 4:51    |
| 138 | 276 | Florizoone Inge       | Knokke-Heist | NA         | V | MAS | 19    | 0:46:03 | 12,38 | 4:51    |
| 139 | 251 | Cocle Danielle        | Blankenberge | NA         | V | MAS | 20    | 0:46:04 | 12,37 | 4:51    |
| 140 | 357 | De Loof Philip        |              | NA         | M | SEN | 52    | 0:46:13 | 12,33 | 4:52    |
| 141 | 358 | Bosman Pol            | Machelen     | NA         | M | SEN | 53    | 0:46:17 | 12,32 | 4:52    |
| 142 | 373 | De Bruyne Andy        | Brugge       | BEHO       | M | SEN | 54    | 0:46:20 | 12,30 | 4:53    |
| 143 | 382 | Goethals Jan          | Westkapelle  | NA         | M | MAS | 50    | 0:46:28 | 12,27 | 4:53    |
| 144 | 330 | Gijssels Frank        | Sluis NL     | MT Knokke  | M | MAS | 51    | 0:46:33 | 12,24 | 4:54    |
| 145 | 272 | Van Samang Ann        | Sint-Andries | NA         | V | SEN | 13    | 0:46:42 | 12,21 | 4:55    |
| 146 | 335 | Tero Kelly            | Knokke Heist | Knokke     | V | KAD | 1     | 0:46:47 | 12,18 | 4:55    |
| 147 | 292 | De Jonghe Rudi        | Koolkerke    | NA         | M | MAS | 52    | 0:46:56 | 12,14 | 4:56    |
| 148 | 369 | Fincioen Ronny        | Knokke-Heist | NA         | M | SEN | 55    | 0:47:03 | 12,11 | 4:57    |
| 149 | 371 | Vande Luyster Peter   |              | Jogclub Oo | M | MAS | 53    | 0:47:11 | 12,08 | 4:58    |

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|-----|-----|-------------------------|--------------|------------|---|-----|-------|---------|-------|---------|
| 150 | 351 | Neyens Jules            | Blankenberge | NA         | M | MAS | 54    | 0:47:12 | 12,08 | 4:58    |
| 151 | 275 | Aerts Martine           | Knokke-Heist | NA         | V | SEN | 14    | 0:47:20 | 12,04 | 4:59    |
| 152 | 266 | Maebe Ann               | Wingene      | AVMO       | V | MAS | 21    | 0:47:41 | 11,95 | 5:01    |
| 153 | 208 | Vanderbeke Dirk         |              | AVMO       | M | SEN | 56    | 0:47:46 | 11,93 | 5:02    |
| 154 | 51  | Van Beveren Patrick     |              | AVMO       | M | MAS | 55    | 0:47:54 | 11,90 | 5:03    |
| 155 | 349 | Vlietinck Renata        | Knokke Heist | AVMO       | V | MAS | 22    | 0:47:56 | 11,89 | 5:03    |
| 156 | 347 | Roelens Gaby            | Gits         | NA         | M | MAS | 56    | 0:47:57 | 11,89 | 5:03    |
| 157 | 291 | Vangaever Ann           | Brugge       | Sodibrug   | V | SEN | 15    | 0:48:04 | 11,86 | 5:04    |
| 158 | 312 | Moreel Jacques          | Oostkamp     | NA         | M | MAS | 57    | 0:48:10 | 11,83 | 5:04    |
| 159 | 61  | Adam Kurt               |              | AVMO       | M | SEN | 57    | 0:48:33 | 11,74 | 5:07    |
| 160 | 374 | De Bruyne Jacques       | Brugge       | Beverhout  | M | MAS | 58    | 0:48:40 | 11,71 | 5:07    |
| 161 | 242 | Mareydt Danny           |              | AVMO       | M | MAS | 59    | 0:48:42 | 11,70 | 5:08    |
| 162 | 232 | Vanhulle Koen           | Moerkerke    | NA         | M | SEN | 58    | 0:48:44 | 11,70 | 5:08    |
| 163 | 262 | Absil Dominique         | Knokke-Heist | NA         | V | MAS | 23    | 0:48:45 | 11,69 | 5:08    |
| 164 | 359 | Herregodts Peggy        | Knokke Heist | NA         | V | SEN | 16    | 0:48:57 | 11,64 | 5:09    |
| 165 | 255 | Devinck Martine         |              | AVMO       | V | MAS | 24    | 0:50:09 | 11,37 | 5:17    |
| 166 | 243 | Cocquyt Carine          |              | AVMO       | V | MAS | 25    | 0:51:09 | 11,14 | 5:23    |
| 167 | 352 | Schaepdryver Willy      | Knokke       | NA         | M | MAS | 60    | 0:51:18 | 11,11 | 5:24    |
| 168 | 353 | Vandendries Jean-Pierre |              | NA         | M | MAS | 61    | 0:51:22 | 11,10 | 5:24    |
| 169 | 274 | Blieck Nicole           | Damme        | NA         | V | MAS | 26    | 0:51:28 | 11,08 | 5:25    |
| 170 | 256 | Snauwaert Brigita       | Knokke-Heist | NA         | V | MAS | 27    | 0:52:03 | 10,95 | 5:29    |
| 171 | 314 | Vermeire Inge           | Tielt        | AVMO       | M | SEN | 59    | 0:52:12 | 10,92 | 5:30    |
| 172 | 306 | Brakez Philippe         | Knokke Heist | NA         | M | MAS | 62    | 0:52:25 | 10,87 | 5:31    |
| 173 | 368 | Riemaecker Catharina    | Knokke-Heist | NA         | V | MAS | 28    | 0:53:23 | 10,68 | 5:37    |
| 174 | 333 | Ackaert Roland          | Zeebrugge    | SVAZG      | M | MAS | 63    | 0:53:54 | 10,58 | 5:40    |
| 175 | 345 | Terry Marie-Christine   | brugge       | NA         | V | MAS | 29    | 0:55:22 | 10,30 | 5:50    |
| 176 | 344 | Florre Katrien          | Brugge       | SODI       | V | SEN | 17    | 0:55:24 | 10,29 | 5:50    |
| 177 | 280 | Van de Wal Stefaan      | Knokke Heist | NA         | M | MAS | 64    | 0:55:43 | 10,23 | 5:52    |
| 178 | 309 | Van Raepenbusch Jackie  |              | Jogclub Kn | M | MAS | 65    | 0:55:45 | 10,22 | 5:52    |
| 179 | 370 | Germau Ann              | Knokke Heist | Jogclub Kn | V | SEN | 18    | 0:58:33 | 9,74  | 6:10    |
| 180 | 246 | Peeters Karin           | Knokke-Heist | NA         | V | SEN | 19    | 0:58:35 | 9,73  | 6:10    |