

# Strandloop Heist - 11 juli 2003

## 5 KM - DAMES

| PL | Naam                    | Woonplaats   | Tijd  | GEM   | KM-Tijd |
|----|-------------------------|--------------|-------|-------|---------|
| 1  | Proost Judy             | Burcht       | 20:36 | 14,56 | 4:07    |
| 2  | Van Rentherghem Nadine  | Varsenare    | 22:22 | 13,41 | 4:28    |
| 3  | Vantorre Veerle         | Knokke-Heist | 23:12 | 12,93 | 4:38    |
| 4  | Vanneste Virginie       | Brugge       | 23:27 | 12,79 | 4:41    |
| 5  | Trio Kelly              | Knokke-Heist | 23:36 | 12,71 | 4:43    |
| 6  | ?                       | ?            | 24:02 | 12,48 | 4:48    |
| 7  | De Scheppere Ann-Sophie | Damme        | 24:53 | 12,06 | 4:58    |
| 8  | Thienpont Ria           | Brugge       | 25:13 | 11,90 | 5:02    |
| 9  | Deloof Winnie           | Knokke-Heist | 25:18 | 11,86 | 5:03    |
| 10 | Peckelbeen Rita         | Knokke-Heist | 25:47 | 11,64 | 5:09    |
| 11 | Pauwels Margo           | Knokke-Heist | 25:53 | 11,59 | 5:10    |
| 12 | Stevens Kimmy           | Knokke-Heist | 25:57 | 11,56 | 5:11    |
| 13 | Trenson Bieke           | Knokke-Heist | 25:58 | 11,55 | 5:11    |
| 14 | Vandermorre Caroline    | Knokke-Heist | 26:34 | 11,29 | 5:18    |
| 15 | Geeraerts Caroline      | Reet         | 26:38 | 11,26 | 5:19    |

## 5 KM - HEREN

| PL | Naam                    | Woonplaats    | Tijd  | GEM   | KM-Tijd |
|----|-------------------------|---------------|-------|-------|---------|
| 1  | Habex Carlo             | Genk          | 16:55 | 17,73 | 3:23    |
| 2  | Escajadillo Vladimir    | Ixelles       | 17:47 | 16,87 | 3:33    |
| 3  | Veerman Rutger          | Aardenburg    | 17:59 | 16,68 | 3:35    |
| 4  | Maene Bart              | Assebroek     | 18:12 | 16,48 | 3:38    |
| 5  | Brion Franky            | Varsenare     | 18:29 | 16,23 | 3:41    |
| 6  | Blondeel Thijs          | Knokke-Heist  | 18:36 | 16,13 | 3:43    |
| 7  | Quintens Brecht         | Hoeke - Damme | 18:57 | 15,83 | 3:47    |
| 8  | Paeye Koen              | Knokke-Heist  | 19:03 | 15,75 | 3:48    |
| 9  | De Winter Peter         | Brussel       | 19:08 | 15,68 | 3:49    |
| 10 | Vanderpoorten Ralph     | Kessel        | 19:10 | 15,65 | 3:50    |
| 11 | De Visscher Dirk        | Gent          | 19:10 | 15,65 | 3:50    |
| 12 | Studde Peter            | Knokke-Heist  | 19:34 | 15,33 | 3:54    |
| 13 | Rasschaert Herman       | Lede          | 19:42 | 15,23 | 3:56    |
| 14 | Van crombrugghe Patrick | Wenduine      | 20:11 | 14,86 | 4:02    |
| 15 | Rosiers Herman          | Hambeek       | 20:13 | 14,84 | 4:02    |

## 10 KM - DAMES

| PL | Naam                  | Woonplaats          | Tijd    | GEM   | KM-Tijd |
|----|-----------------------|---------------------|---------|-------|---------|
| 1  | Danneels Anne-Marie   | Knokke-Heist        | 40:43   | 14,74 | 4:04    |
| 2  | Memry Francoise       | Hevillers           | 42:57   | 13,97 | 4:17    |
| 3  | D'Haese Veerle        | Oostende            | 44:00   | 13,64 | 4:24    |
| 4  | Willemse Agnes        | Hasselt             | 44:55   | 13,36 | 4:29    |
| 5  | Rosiers Katrien       | Hombeek             | 45:17   | 13,25 | 4:31    |
| 6  | Blockx Leen           | Heist op den berg   | 46:20   | 12,95 | 4:38    |
| 7  | Van de Voorde Annick  | Rumst               | 47:45   | 12,57 | 4:46    |
| 8  | Peeters Chris         | Blankenberge        | 48:44   | 12,31 | 4:52    |
| 9  | Malfait Marjan        | Blankenberge        | 49:04   | 12,23 | 4:54    |
| 10 | Dupont Anne-Marie     | Blankenberge        | 49:25   | 12,14 | 4:56    |
| 11 | Dierckx Cindy         | Brugge              | 49:30   | 12,12 | 4:57    |
| 12 | Thomas Ann            | Knokke-Heist        | 50:00   | 12,00 | 5:00    |
| 13 | Levecke Sophie        | Oostende            | 51:32   | 11,64 | 5:09    |
| 14 | De Bruyn Anne-Marie   | Duffel              | 51:55   | 11,56 | 5:11    |
| 15 | Rosseel Martine       | Knokke-Heist        | 52:06   | 11,52 | 5:12    |
| 16 | Perez Sylvia          | Brussel             | 52:33   | 11,42 | 5:15    |
| 17 | Nulzebos Ams          | Zutphen (Nederland) | 52:39   | 11,40 | 5:15    |
| 18 | Demarest Annouck      | Assebroek           | 53:15   | 11,27 | 5:19    |
| 19 | Michiels Kathleen     | Assebroek           | 54:04   | 11,10 | 5:24    |
| 20 | Florizoone Inge       | Knokke-Heist        | 55:01   | 10,91 | 5:30    |
| 21 | Demonceau             | Richelle            | 55:07   | 10,89 | 5:30    |
| 22 | Vlietinck Renata      | Knokke-Heist        | 55:31   | 10,81 | 5:33    |
| 23 | Verstappen Nancy      | Knokke-Heist        | 55:36   | 10,79 | 5:33    |
| 24 | Vandael Carine        | Knokke-Heist        | 55:50   | 10,75 | 5:35    |
| 25 | Tiebout Bea           | Knokke-Heist        | 56:54   | 10,54 | 5:41    |
| 26 | Devinck Martine       | Knokke-Heist        | 57:02   | 10,52 | 5:42    |
| 27 | Allemeersch Annick    | Brugge              | 57:34   | 10,42 | 5:45    |
| 28 | Van Guyse Marianne    | De Klinge           | 57:53   | 10,37 | 5:47    |
| 29 | Timm Eline            | Keerbergen          | 58:20   | 10,29 | 5:50    |
| 30 | Verstraeten Micheline | Meerdonk            | 1:02:52 | 9,54  | 6:17    |

## 10 KM - HEREN

| PL | Naam                 | Woonplaats   | Tijd  | GEM   | KM-Tijd |
|----|----------------------|--------------|-------|-------|---------|
| 1  | De Waele Sven        | Hamme        | 35:08 | 17,08 | 3:30    |
| 2  | Sampers Rik          | Middelkerke  | 36:00 | 16,67 | 3:36    |
| 3  | Charmant Jürgen      | Merelbeke    | 36:15 | 16,55 | 3:37    |
| 4  | Vanneste Stefaan     | Hertsberge   | 36:25 | 16,48 | 3:38    |
| 5  | Swinnen Jeroen       | Nieuwpoort   | 36:37 | 16,39 | 3:39    |
| 6  | Timmerman Marc       | Brugge       | 36:46 | 16,32 | 3:40    |
| 7  | Demylle Marc         | Assebroek    | 37:03 | 16,19 | 3:42    |
| 8  | Van de Velde Dirk    | Lochristi    | 37:05 | 16,18 | 3:42    |
| 9  | De Wulf Marc         | Oudenburg    | 37:16 | 16,10 | 3:43    |
| 10 | Vervaeke Jan         | Kortrijk     | 37:30 | 16,00 | 3:45    |
| 11 | Audenaert Gino       | Hamme        | 37:50 | 15,86 | 3:47    |
| 12 | De Grande Christophe | Sinaai       | 37:57 | 15,81 | 3:47    |
| 13 | Deovs Patrick        | Oostende     | 38:08 | 15,73 | 3:48    |
| 14 | Michiels Ivo         | St. - Kuis   | 38:34 | 15,56 | 3:51    |
| 15 | Julien Vanparys      | Knokke-Heist | 39:01 | 15,38 | 3:54    |
| 16 | Vanparys Joseph      | Knokke-Heist | 39:21 | 15,25 | 3:56    |
| 17 | Dejaghery Rudy       | Knokke-Heist | 39:24 | 15,23 | 3:56    |
| 18 | Michiels Jef         | Kalmthout    | 39:35 | 15,16 | 3:57    |
| 19 | Dupont Kristof       | Brugge       | 39:50 | 15,06 | 3:59    |
| 20 | Vanhaelewyn Gautier  | St-Andries   | 39:55 | 15,03 | 3:59    |
| 21 | Bollens Chris        | Ursel        | 40:03 | 14,98 | 4:00    |
| 22 | Colpaert Nicholas    | Zwankendamme | 40:08 | 14,95 | 4:00    |
| 23 | Vandeputte Kris      | Oostkamp     | 40:12 | 14,93 | 4:01    |
| 24 | De Kock Yvann        | De Haan      | 40:13 | 14,92 | 4:01    |
| 25 | Mensaert Bart        | Tienen       | 40:18 | 14,89 | 4:01    |
| 26 | Caenepeel Eddy       | Beernem      | 40:21 | 14,87 | 4:02    |
| 27 | De Schacht Alain     | Ruddervoorde | 40:25 | 14,85 | 4:02    |
| 28 | Devroey Michael      | Oud-Heverlee | 40:27 | 14,83 | 4:02    |
| 29 | Boussauw Ncio        | Torhout      | 40:27 | 14,83 | 4:02    |
| 30 | Lefevre Willy        | Oostende     | 40:44 | 14,73 | 4:04    |