

# 3e Grote Oversteek Run Lafelt-Rosmeer - 4 juli 2009

## 5 KM

| PL | NR  | Naam                  | Woonplaats    | CAT  | P/CAT | Tijd    | GEM   | KM-Tijd |
|----|-----|-----------------------|---------------|------|-------|---------|-------|---------|
| 1  | 239 | HAUBEN CEDERIC        | GENK          | MSEN | 1     | 0:17:04 | 17,58 | 3:25    |
| 2  | 119 | VAN HOUTEN LEO        | LANAKEN       | MMAS | 1     | 0:17:06 | 17,54 | 3:25    |
| 3  | 117 | NELISSEN JORG         | RIEMST        | MSEN | 2     | 0:17:37 | 17,03 | 3:31    |
| 4  | 106 | PARTOENS TOM          | BILZEN        | MSEN | 3     | 0:18:47 | 15,97 | 3:45    |
| 5  | 228 | COSEMANS KRIS         | BILZEN        | MSEN | 4     | 0:19:07 | 15,69 | 3:49    |
| 6  | 163 | CLAESEN JOHAN         | DIEPENBEEK    | MMAS | 2     | 0:19:17 | 15,56 | 3:51    |
| 7  | 246 | COLLAS NORBERT        | GENOELSELDEN  | MMAS | 3     | 0:19:46 | 15,18 | 3:57    |
| 8  | 178 | NULENS LUDO           | KORTESSEM     | MMAS | 4     | 0:20:08 | 14,90 | 4:02    |
| 9  | 182 | DE WOLF HANS          | BILZEN        | MSEN | 5     | 0:20:15 | 14,81 | 4:03    |
| 10 | 122 | DEERMAEL DANIEL       | ZONHOVEN      | MSEN | 6     | 0:20:22 | 14,73 | 4:04    |
| 11 | 169 | GREGOIRE RUDI         | BILZEN        | MMAS | 5     | 0:20:30 | 14,63 | 4:06    |
| 12 | 177 | NELISSEN GEERT        | RIEMST        | MSEN | 7     | 0:20:35 | 14,57 | 4:07    |
| 13 | 109 | CROMMEN PIET          | BILZEN        | MSEN | 8     | 0:20:36 | 14,56 | 4:07    |
| 14 | 181 | DE RON GUNTHER        | MEERHOUT      | MMAS | 6     | 0:20:55 | 14,34 | 4:11    |
| 15 | 120 | VRIJENS DAISY         | LANAKEN       | VSEN | 1     | 0:21:02 | 14,26 | 4:12    |
| 16 | 252 | VELSER IVES           | GENK          | MMAS | 7     | 0:21:08 | 14,20 | 4:14    |
| 17 | 170 | VANDELAER WOUT        | BILZEN        | MSEN | 9     | 0:21:55 | 13,69 | 4:23    |
| 18 | 116 | CUYPERS JEAN-PIERRE   | TONGEREN      | MMAS | 8     | 0:22:10 | 13,53 | 4:26    |
| 19 | 244 | JACKERS WILFRIED      | RIEMST        | MMAS | 9     | 0:22:21 | 13,42 | 4:28    |
| 20 | 174 | CASTERMANS MARC       | RIEMST        | MMAS | 10    | 0:22:49 | 13,15 | 4:34    |
| 21 | 118 | DOCKX GUY             | MEERHOUT      | MMAS | 11    | 0:23:04 | 13,01 | 4:37    |
| 22 | 164 | BOELEN JUAN           | BILZEN        | MSEN | 10    | 0:23:30 | 12,77 | 4:42    |
| 23 | 243 | COLLEY ANJE           | GROTE-SPOUWEN | VMAS | 1     | 0:23:32 | 12,75 | 4:42    |
| 24 | 171 | VANDELAER INE         | BILZEN        | VSEN | 2     | 0:23:34 | 12,73 | 4:43    |
| 25 | 237 | FRANSSEN GILLIAN      | BILZEN        | MSEN | 11    | 0:23:36 | 12,71 | 4:43    |
| 26 | 165 | OPDEMAKKER GAVEN      | BILZEN        | MSEN | 12    | 0:24:07 | 12,44 | 4:49    |
| 27 | 168 | MARDAGA MAARTEN       | BILZEN        | MSEN | 13    | 0:24:10 | 12,41 | 4:50    |
| 28 | 121 | VAN EYNDE TOM         | GENK          | MSEN | 14    | 0:24:28 | 12,26 | 4:54    |
| 29 | 241 | BEELEN TONY           | BILZEN        | MMAS | 12    | 0:24:49 | 12,09 | 4:58    |
| 30 | 247 | HAEKENS MADY          | BILZEN        | VMAS | 2     | 0:24:53 | 12,06 | 4:59    |
| 31 | 175 | CASTERMANS PASCAL     | RIEMST        | MMAS | 13    | 0:25:14 | 11,89 | 5:03    |
| 32 | 226 | COSEMANS LEEN         | MUNSTERBILZEN | VSEN | 3     | 0:25:18 | 11,86 | 5:04    |
| 33 | 245 | NULENS FRANCOIS       | RIEMST        | MMAS | 14    | 0:25:24 | 11,81 | 5:05    |
| 34 | 161 | NICOLAES JULIAN       | ROSMEER       | MSEN | 15    | 0:25:51 | 11,61 | 5:10    |
| 35 | 242 | WILLEMS VEERLE        | BILZEN        | VMAS | 3     | 0:25:52 | 11,60 | 5:10    |
| 36 | 167 | MARDAGA KATELIJN      | BILZEN        | VSEN | 4     | 0:25:53 | 11,59 | 5:11    |
| 37 | 158 | VISSERS HENRY         | LAFELT        | MMAS | 15    | 0:26:05 | 11,50 | 5:13    |
| 38 | 101 | MARTENS RUDI          | BILZEN        | MMAS | 16    | 0:26:13 | 11,44 | 5:15    |
| 39 | 229 | CASTERMANS NICK       | BILZEN        | MSEN | 16    | 0:26:32 | 11,31 | 5:18    |
| 40 | 224 | POTTEN RUUD           | LAFELT        | MMAS | 17    | 0:26:47 | 11,20 | 5:21    |
| 41 | 173 | VOSSSEN PATRICK       | BILZEN        | MMAS | 18    | 0:26:58 | 11,12 | 5:24    |
| 42 | 227 | MEEX LAURA            | BILZEN        | VSEN | 5     | 0:27:01 | 11,10 | 5:24    |
| 43 | 166 | UMANS HERMAN          | WELLEN        | MSEN | 17    | 0:27:03 | 11,09 | 5:25    |
| 44 | 251 | MALPEIN MATTHIAS      | RIEMST        | MSEN | 18    | 0:27:10 | 11,04 | 5:26    |
| 45 | 232 | MEERTENS PIET         | GROTE-SPOUWEN | MMAS | 19    | 0:27:25 | 10,94 | 5:29    |
| 46 | 235 | FRANSSEN DIRK         | BILZEN        | MMAS | 20    | 0:27:27 | 10,93 | 5:29    |
| 47 | 234 | KNAEPEN WERNER        | RIEMST        | MMAS | 21    | 0:27:30 | 10,91 | 5:30    |
| 48 | 236 | GELDERS JOSIANE       | RIEMST        | VMAS | 4     | 0:28:04 | 10,69 | 5:37    |
| 49 | 240 | GIELEN ZAN            | RIEMST        | VMAS | 5     | 0:28:05 | 10,68 | 5:37    |
| 50 | 238 | COENEGRACHTS MARCELLA | VLIJTINGEN    | VMAS | 6     | 0:28:51 | 10,40 | 5:46    |
| 51 | 176 | GERAERTS MIET         | LANAKEN       | VSEN | 6     | 0:29:04 | 10,32 | 5:49    |

| <b>PL</b> | <b>NR</b> | <b>Naam</b>          | <b>Woonplaats</b> | <b>CAT</b> | <b>P/CAT</b> | <b>Tijd</b> | <b>GEM</b> | <b>KM-Tijd</b> |
|-----------|-----------|----------------------|-------------------|------------|--------------|-------------|------------|----------------|
| 52        | 250       | SCHIEPERS SUZANNE    | RIEMST            | VSEN       | 7            | 0:29:24     | 10,20      | 5:53           |
| 53        | 248       | JACOBS JOSSETTE      | VLIJTINGEN        | VMAS       | 7            | 0:29:38     | 10,12      | 5:56           |
| 54        | 249       | NASSEN DAVY          | VLIJTINGEN        | MSEN       | 19           | 0:29:40     | 10,11      | 5:56           |
| 55        | 107       | VANOPPEN SENNE       | VLIJTINGEN        | MSEN       | 20           | 0:29:47     | 10,07      | 5:57           |
| 56        | 515       | VANOPPEN ERIK        | VLIJTINGEN        | MMAS       | 22           | 0:29:48     | 10,07      | 5:58           |
| 57        | 225       | RAMAEKERS JOHNNY     | RIEMST            | MMAS       | 23           | 0:29:57     | 10,02      | 5:59           |
| 58        | 222       | COENEGRACHTS KIRSTEN | RIEMST            | VSEN       | 8            | 0:30:28     | 9,85       | 6:06           |
| 59        | 100       | AERDEN BOUDEWIJN     | BILZEN            | MMAS       | 24           | 0:30:46     | 9,75       | 6:09           |
| 60        | 108       | BEUSEN LAURETTE      | WALTWILDER        | VMAS       | 8            | 0:30:49     | 9,73       | 6:10           |
| 61        | 162       | DELLO HILDE          | ROSMEER           | VSEN       | 9            | 0:31:08     | 9,64       | 6:14           |
| 62        | 112       | BRAL BENOIT          | TONGEREN          | MSEN       | 21           | 0:31:35     | 9,50       | 6:19           |
| 63        | 104       | VLASSENROOD ANNICK   | MECHELEN          | VSEN       | 10           | 0:31:37     | 9,49       | 6:19           |
| 64        | 231       | MOENS VICTOR         | RIEMST            | MSEN       | 22           | 0:31:58     | 9,38       | 6:24           |
| 65        | 233       | MOENS AURÉLIE        | RIEMST            | VSEN       | 11           | 0:32:13     | 9,31       | 6:27           |
| 66        | 230       | MOENS JAN            | RIEMST            | MMAS       | 25           | 0:32:15     | 9,30       | 6:27           |
| 67        | 172       | VANDELAER WINAND     | BILZEN            | MMAS       | 26           | 0:32:16     | 9,30       | 6:27           |
| 68        | 179       | CASTERMANS HILDE     | HOESELT           | VMAS       | 9            | 0:32:22     | 9,27       | 6:28           |
| 69        | 113       | LAMBREGS MICHAEL     | BILZEN            | MSEN       | 23           | 0:32:46     | 9,16       | 6:33           |
| 70        | 253       | SOMERS BERNADETTE    | TONGEREN          | VMAS       | 10           | 0:33:06     | 9,06       | 6:37           |
| 71        | 111       | SLEGGERS JEAN-LUC    | TONGEREN          | MMAS       | 27           | 0:33:10     | 9,05       | 6:38           |
| 72        | 180       | BOGAERT DANNY        | HOESELT           | MMAS       | 28           | 0:33:27     | 8,97       | 6:41           |
| 73        | 115       | MULDERS NANCY        | MUNSTERBILZEN     | VMAS       | 11           | 0:33:50     | 8,87       | 6:46           |
| 74        | 114       | BROUX BART           | MUNSTERBILZEN     | MSEN       | 24           | 0:33:52     | 8,86       | 6:46           |
| 75        | 105       | THIJS MARIDA         | VROENHOVEN        | VSEN       | 12           | 0:34:24     | 8,72       | 6:53           |

# 3e Grote Oversteek Run Lafelt-Rosmeer - 4 juli 2009

## 10 KM

| PL | NR  | Naam                   | Woonplaats       | CAT  | P/CAT | Tijd    | GEM   | KM-Tijd |
|----|-----|------------------------|------------------|------|-------|---------|-------|---------|
| 1  | 626 | NEVEN KOEN             | RIEMST           | MSEN | 1     | 0:33:10 | 18,09 | 3:19    |
| 2  | 657 | NASSEN LUC             | TONGEREN         | MMAS | 1     | 0:33:39 | 17,83 | 3:22    |
| 3  | 564 | PETER WILLY            | MAASMECHELEN     | MSEN | 2     | 0:33:55 | 17,69 | 3:24    |
| 4  | 559 | LAMBRICHTS KRIS        | VLIERMAAL        | MSEN | 3     | 0:34:52 | 17,21 | 3:29    |
| 5  | 653 | STULENS BRUNO          | MAL              | MMAS | 2     | 0:35:41 | 16,81 | 3:34    |
| 6  | 592 | NICOLAES KRIS          | ROSMEER          | MSEN | 4     | 0:36:28 | 16,45 | 3:39    |
| 7  | 501 | RASKIN LODE            | DIEPENBEEK       | MMAS | 3     | 0:36:36 | 16,39 | 3:40    |
| 8  | 611 | BEMELMANS MAX          | GELEEN           | MSEN | 5     | 0:36:47 | 16,31 | 3:41    |
| 9  | 604 | ZIELINSKI MICHEL       | TONGEREN         | MMAS | 4     | 0:37:12 | 16,13 | 3:43    |
| 10 | 650 | HENNO LUC              | RIEMST           | MMAS | 5     | 0:37:13 | 16,12 | 3:43    |
| 11 | 571 | PAESEN PASCAL          | ZUTENDAAL        | MMAS | 6     | 0:38:43 | 15,50 | 3:52    |
| 12 | 529 | VAN HOOREWEGHE DAAN    | MECHELEN         | MSEN | 6     | 0:38:51 | 15,44 | 3:53    |
| 13 | 659 | CLAESEN ANDRÉ          | MAASMECHELEN     | MMAS | 7     | 0:38:55 | 15,42 | 3:53    |
| 14 | 533 | PARTHOENS MARC         | HERDEREN         | MMAS | 8     | 0:39:05 | 15,35 | 3:55    |
| 15 | 673 | WOLFS JOHNNY           | RIEMST           | MMAS | 9     | 0:39:13 | 15,30 | 3:55    |
| 16 | 594 | NIESTEN DONALD         | BILZEN           | MMAS | 10    | 0:39:48 | 15,08 | 3:59    |
| 17 | 562 | VAN DER HAVE PETER     | NEEROETEREN      | MMAS | 11    | 0:39:59 | 15,01 | 4:00    |
| 18 | 598 | CEYSSSENS JOHAN        | HEUSDEN          | MMAS | 12    | 0:40:03 | 14,98 | 4:00    |
| 19 | 656 | NEVEN PIET             | RIEMST           | MMAS | 13    | 0:40:18 | 14,89 | 4:02    |
| 20 | 561 | HOESSELS JOHAN         | RIEMST           | MMAS | 14    | 0:40:20 | 14,88 | 4:02    |
| 21 | 652 | JAMAER BART            | MAL              | MMAS | 15    | 0:40:22 | 14,86 | 4:02    |
| 22 | 543 | HAESSEN NICO           | SLUIZEN          | MMAS | 16    | 0:40:26 | 14,84 | 4:03    |
| 23 | 603 | MEERTENS RENÉ          | BERG EN TERBLIJT | MMAS | 17    | 0:40:31 | 14,81 | 4:03    |
| 24 | 620 | HERLET CLAUDE          | RIEMST           | MMAS | 18    | 0:40:44 | 14,73 | 4:04    |
| 25 | 662 | SCHROYEN DANNY         | MARTENSLINDE     | MMAS | 19    | 0:40:45 | 14,72 | 4:05    |
| 26 | 551 | GEUTEN JOHNNY          | BILZEN           | MMAS | 20    | 0:40:48 | 14,71 | 4:05    |
| 27 | 552 | SCHEPERS ANDRÉ         | BILZEN           | MMAS | 21    | 0:41:16 | 14,54 | 4:08    |
| 28 | 625 | STEEGEN PETER          | MUNSTERBILZEN    | MMAS | 22    | 0:41:42 | 14,39 | 4:10    |
| 29 | 507 | FRISSON JO             | HORPMAAL         | MMAS | 23    | 0:41:57 | 14,30 | 4:12    |
| 30 | 517 | MARTENS EDDY           | BILZEN           | MMAS | 24    | 0:42:09 | 14,23 | 4:13    |
| 31 | 511 | MERKEN VALLY           | HOESELT          | MMAS | 25    | 0:42:17 | 14,19 | 4:14    |
| 32 | 615 | STEVENS DAVID          | RIEMST           | MSEN | 7     | 0:42:39 | 14,07 | 4:16    |
| 33 | 618 | RIGO BREGT             | BILZEN           | MSEN | 8     | 0:42:42 | 14,05 | 4:16    |
| 34 | 593 | CORTLEVEN WILLY        | HEUKELOM         | MMAS | 26    | 0:42:49 | 14,01 | 4:17    |
| 35 | 666 | VAES GUY               | VLIJTINGEN       | MMAS | 27    | 0:43:00 | 13,95 | 4:18    |
| 36 | 550 | POESEN JEAN            | BILZEN           | MMAS | 28    | 0:43:18 | 13,86 | 4:20    |
| 37 | 606 | VAN VLIERBERGHE FRANKY | MAASMECHELEN     | MSEN | 9     | 0:43:24 | 13,82 | 4:20    |
| 38 | 537 | VANHOVE EDWARD         | MAASEIK          | MSEN | 10    | 0:43:26 | 13,81 | 4:21    |
| 39 | 546 | VANHEMEL FRANK         | NEERGLABBEEK     | MMAS | 29    | 0:43:27 | 13,81 | 4:21    |
| 40 | 596 | URLINGS LUCIEN         | GELLIK           | MMAS | 30    | 0:43:33 | 13,78 | 4:21    |
| 41 | 655 | QUINTENS GERT          | BREE             | MMAS | 31    | 0:43:40 | 13,74 | 4:22    |
| 42 | 672 | ROEX HARIE             | VELDWEZELT       | MMAS | 32    | 0:43:46 | 13,71 | 4:23    |
| 43 | 597 | HENDRIX PAUL           | EIGENBILZEN      | MMAS | 33    | 0:44:02 | 13,63 | 4:24    |
| 44 | 647 | DETTORI GAVINA         | TONGEREN         | VMAS | 1     | 0:44:07 | 13,60 | 4:25    |
| 45 | 651 | HULS ALOÏS             | RIEMST           | MMAS | 34    | 0:44:22 | 13,52 | 4:26    |
| 46 | 508 | STEVENS JEAN           | WALTWILDER       | MMAS | 35    | 0:44:28 | 13,49 | 4:27    |
| 47 | 527 | IMMERIX JEAN-PIERRE    | VELDWEZELT       | MMAS | 36    | 0:44:46 | 13,40 | 4:29    |
| 48 | 628 | STEEGEN STIJN          | BILZEN           | MMAS | 37    | 0:44:50 | 13,38 | 4:29    |
| 49 | 610 | BRUGGEN DANIEL         | EIGENBILZEN      | MMAS | 38    | 0:44:54 | 13,36 | 4:29    |
| 50 | 649 | FANS STEFAN            | HOESELT          | MSEN | 11    | 0:44:56 | 13,35 | 4:30    |
| 51 | 665 | BEUSENS BERTHO         | HOESELT          | MMAS | 39    | 0:45:02 | 13,32 | 4:30    |

| PL  | NR  | Naam               | Woonplaats    | CAT  | P / CAT | Tijd    | GEM   | KM-Tijd |
|-----|-----|--------------------|---------------|------|---------|---------|-------|---------|
| 52  | 544 | JACOBS DAVE        | BILZEN        | MSEN | 12      | 0:45:09 | 13,29 | 4:31    |
| 53  | 619 | SCHILS WIM         | EIGENBILZEN   | MSEN | 13      | 0:45:11 | 13,28 | 4:31    |
| 54  | 534 | KORTLEVEN DAVY     | RIEMST        | MMAS | 40      | 0:45:26 | 13,21 | 4:33    |
| 55  | 515 | VANOPPEN ERIK      | VLIJTINGEN    | MMAS | 41      | 0:45:37 | 13,15 | 4:34    |
| 56  | 621 | WITHOFS JAN        | BILZEN        | MMAS | 42      | 0:45:46 | 13,11 | 4:35    |
| 57  | 674 | NELISSEN GUIDO     | LEUVEN        | MMAS | 43      | 0:45:49 | 13,10 | 4:35    |
| 58  | 514 | NOBEN BENNY        | RIJKHOVEN     | MMAS | 44      | 0:45:58 | 13,05 | 4:36    |
| 59  | 500 | HERTOGEN WILLY     | VLIJTINGEN    | MMAS | 45      | 0:46:04 | 13,02 | 4:36    |
| 60  | 572 | VANLOFFELT PETER   | BILZEN        | MMAS | 46      | 0:46:06 | 13,02 | 4:37    |
| 61  | 605 | HOUBAER ANN        | ROSMEER       | VMAS | 2       | 0:46:11 | 12,99 | 4:37    |
| 62  | 654 | HERMANS MICHEL     | BILZEN        | MMAS | 47      | 0:46:12 | 12,99 | 4:37    |
| 63  | 513 | WEERTS GUIDO       | BILZEN        | MMAS | 48      | 0:46:15 | 12,97 | 4:38    |
| 64  | 624 | CHRISTOFFELS KRIS  | ZUTENDAAL     | MSEN | 14      | 0:46:24 | 12,93 | 4:38    |
| 65  | 608 | PEUSENS LUDO       | HOELBEEK      | MMAS | 49      | 0:46:33 | 12,89 | 4:39    |
| 66  | 504 | HAEKENS JEAN-MARIE | BILZEN        | MMAS | 50      | 0:46:34 | 12,88 | 4:39    |
| 67  | 540 | DE RYCKE PHILIPPE  | HERDEREN      | MMAS | 51      | 0:46:54 | 12,79 | 4:41    |
| 68  | 648 | ENGELIN GUILLAUME  | LANAKEN       | MMAS | 52      | 0:47:08 | 12,73 | 4:43    |
| 69  | 520 | MOERMANS VINCENT   | VLIJTINGEN    | MSEN | 15      | 0:47:15 | 12,70 | 4:44    |
| 70  | 601 | DUCHI POL          | BILZEN        | MMAS | 53      | 0:47:20 | 12,68 | 4:44    |
| 71  | 502 | BULTÉ HARRY        | REKEM         | MMAS | 54      | 0:47:23 | 12,66 | 4:44    |
| 72  | 549 | CLAESEN WILLY      | ROSMEER       | MMAS | 55      | 0:47:27 | 12,64 | 4:45    |
| 73  | 627 | LAMBREGHS NIK      | BILZEN        | MSEN | 16      | 0:47:29 | 12,64 | 4:45    |
| 74  | 503 | MARTENS SYLVIA     | LANAKEN       | VMAS | 3       | 0:47:36 | 12,61 | 4:46    |
| 75  | 646 | DREESSEN JACQUES   | LANAKEN       | MMAS | 56      | 0:47:38 | 12,60 | 4:46    |
| 76  | 512 | THIJS JOSETTE      | BILZEN        | VMAS | 4       | 0:47:40 | 12,59 | 4:46    |
| 77  | 661 | LAMBREGS MARC      | MUNSTERBILZEN | MMAS | 57      | 0:47:43 | 12,57 | 4:46    |
| 78  | 557 | CUYPERS PATRICIA   | RIJKHOVEN     | VMAS | 5       | 0:48:00 | 12,50 | 4:48    |
| 79  | 589 | SIMONS ILSE        | VLIJTINGEN    | VMAS | 6       | 0:48:03 | 12,49 | 4:48    |
| 80  | 622 | COENEGRACHTS RONY  | BILZEN        | MSEN | 17      | 0:48:34 | 12,35 | 4:51    |
| 81  | 667 | BEUSEN JEAN-MARIE  | HOESEL        | MMAS | 58      | 0:48:37 | 12,34 | 4:52    |
| 82  | 669 | JANS DAVY          | BILZEN        | MMAS | 59      | 0:48:39 | 12,33 | 4:52    |
| 83  | 547 | SAMYN PHILIPPE     | GELLIK        | MMAS | 60      | 0:48:50 | 12,29 | 4:53    |
| 84  | 675 | HULS THEO          | RIEMST        | MMAS | 61      | 0:49:00 | 12,24 | 4:54    |
| 85  | 548 | JORISSEN LEON      | RIEMST        | MMAS | 62      | 0:49:04 | 12,23 | 4:54    |
| 86  | 664 | NIJS MARC          | BILZEN        | MMAS | 63      | 0:49:21 | 12,16 | 4:56    |
| 87  | 560 | BOELEN MATHIEU     | TONGEREN      | MMAS | 64      | 0:49:30 | 12,12 | 4:57    |
| 88  | 566 | HUBENS STEFAN      | HOESEL        | MSEN | 18      | 0:49:33 | 12,11 | 4:57    |
| 89  | 535 | MARTING YVES       | VLIJTINGEN    | MSEN | 19      | 0:49:36 | 12,10 | 4:58    |
| 90  | 536 | DUCHATEAU BENNY    | HOESEL        | MSEN | 20      | 0:49:38 | 12,09 | 4:58    |
| 91  | 539 | PARTOENS ANNEMIE   | BILZEN        | VMAS | 7       | 0:49:47 | 12,05 | 4:59    |
| 92  | 538 | VOS GERT           | BILZEN        | MMAS | 65      | 0:49:49 | 12,04 | 4:59    |
| 93  | 570 | GIELEN NIKOLA      | BILZEN        | MMAS | 66      | 0:49:53 | 12,03 | 4:59    |
| 94  | 567 | HAESSEN EDDY       | LANAKEN       | MMAS | 67      | 0:50:00 | 12,00 | 5:00    |
| 95  | 590 | CASTRO BENNY       | VLIJTINGEN    | MMAS | 68      | 0:50:04 | 11,98 | 5:00    |
| 96  | 530 | DAENEN YVES        | EIGENBILZEN   | MSEN | 21      | 0:50:41 | 11,84 | 5:04    |
| 97  | 671 | WIJNANTS LAURANT   | ZUTENDAAL     | MMAS | 69      | 0:50:54 | 11,79 | 5:05    |
| 98  | 509 | THIJSSSEN HERMINE  | BILZEN        | VMAS | 8       | 0:51:16 | 11,70 | 5:08    |
| 99  | 591 | KETELSLEGERS MIET  | EIGENBILZEN   | VMAS | 9       | 0:51:19 | 11,69 | 5:08    |
| 100 | 642 | CLEUREN BERTO      | VLIJTINGEN    | MMAS | 70      | 0:51:26 | 11,67 | 5:09    |
| 101 | 645 | FIETEN ELFI        | BILZEN        | VMAS | 10      | 0:52:41 | 11,39 | 5:16    |
| 102 | 519 | KROON PIET         | MAASTRICHT    | MMAS | 71      | 0:52:51 | 11,35 | 5:17    |
| 103 | 600 | MINGELS SARAH      | VLIJTINGEN    | VSEN | 1       | 0:52:55 | 11,34 | 5:17    |
| 104 | 565 | LOYENS LISE        | RIEMST        | VSEN | 2       | 0:52:57 | 11,33 | 5:18    |
| 105 | 623 | SIBORGS RONNY      | ZUTENDAAL     | MMAS | 72      | 0:53:07 | 11,30 | 5:19    |

| PL  | NR  | Naam               | Woonplaats       | CAT  | P/CAT | Tijd    | GEM   | KM-Tijd |
|-----|-----|--------------------|------------------|------|-------|---------|-------|---------|
| 106 | 516 | PIRLOT JOSETTE     | LAFELT           | VMAS | 11    | 0:53:30 | 11,21 | 5:21    |
| 107 | 613 | KONINGS RUDI       | LANAKEN          | MMAS | 73    | 0:53:44 | 11,17 | 5:22    |
| 108 | 510 | PAULY STEFAN       | Z-Z-BOLDER       | MMAS | 74    | 0:53:51 | 11,14 | 5:23    |
| 109 | 542 | MUERMANS ELKE      | ROSMEER          | VSEN | 3     | 0:54:07 | 11,09 | 5:25    |
| 110 | 555 | NASSEN ALICE       | HOESELT          | VMAS | 12    | 0:54:30 | 11,01 | 5:27    |
| 111 | 607 | BAECKELMANS ANNICK | HOELBEEK         | VSEN | 4     | 0:54:45 | 10,96 | 5:28    |
| 112 | 554 | POTEMANS ROGER     | GELRODE          | MMAS | 75    | 0:55:12 | 10,87 | 5:31    |
| 113 | 676 | MARTENS HENRY      | BILZEN           | MMAS | 76    | 0:55:22 | 10,84 | 5:32    |
| 114 | 630 | STEEGEN ANN        | HEVERLEE         | VSEN | 5     | 0:55:38 | 10,78 | 5:34    |
| 115 | 505 | KELLENS JAN        | BILZEN           | MMAS | 77    | 0:55:43 | 10,77 | 5:34    |
| 116 | 643 | LOOSEN WIM         | RIJKHOVEN        | MMAS | 78    | 0:55:54 | 10,73 | 5:35    |
| 117 | 663 | RUYTERS JO         | RIEMST           | MMAS | 79    | 0:56:09 | 10,69 | 5:37    |
| 118 | 612 | LIESENS DANNY      | VLIJTINGEN       | MMAS | 80    | 0:56:28 | 10,63 | 5:39    |
| 119 | 556 | SCHALENBOURG LUC   | HEERS            | MMAS | 81    | 0:56:34 | 10,61 | 5:39    |
| 120 | 522 | REYNDERS LUC       | HOESELT          | MMAS | 82    | 0:56:42 | 10,58 | 5:40    |
| 121 | 660 | BIJLOOS CÉDRIC     | HOESELT          | MSEN | 22    | 0:56:52 | 10,55 | 5:41    |
| 122 | 558 | GERITS BERNADETTE  | TONGEREN         | VMAS | 13    | 0:57:23 | 10,46 | 5:44    |
| 123 | 614 | MELLEMANS LUDO     | HOESELT          | MMAS | 83    | 0:57:24 | 10,45 | 5:44    |
| 124 | 629 | DAENEN KATHELIJN   | HASSELT          | VSEN | 6     | 0:57:26 | 10,45 | 5:45    |
| 125 | 553 | VANDERHOVEN NADINE | ROSMEER          | VMAS | 14    | 0:57:53 | 10,37 | 5:47    |
| 126 | 523 | BIJLOOS JOS        | HOESELT          | MMAS | 84    | 0:57:59 | 10,35 | 5:48    |
| 127 | 532 | BROUWER SANDRA     | RIEMST           | VSEN | 7     | 0:58:16 | 10,30 | 5:50    |
| 128 | 526 | HERMANS CINDY      | VLIERMAAL        | VSEN | 8     | 0:58:18 | 10,29 | 5:50    |
| 129 | 524 | HERBOTS JEF        | GENK             | MMAS | 85    | 0:58:20 | 10,29 | 5:50    |
| 130 | 599 | MONARD GUY         | ROSMEER          | MMAS | 86    | 0:58:54 | 10,19 | 5:53    |
| 131 | 644 | HUSKENS JOZEF      | HOESELT          | MMAS | 87    | 0:59:30 | 10,08 | 5:57    |
| 132 | 668 | NOUWEN ELKE        | ZUTENDAAL        | VMAS | 15    | 1:00:41 | 9,89  | 6:04    |
| 133 | 670 | ILLY TEODORA       | ZUTENDAAL        | VMAS | 16    | 1:00:43 | 9,88  | 6:04    |
| 134 | 617 | MOORS KATLEEN      | MOPERTINGEN      | VSEN | 9     | 1:02:00 | 9,68  | 6:12    |
| 135 | 521 | MEURMANS STEFAN    | RIEMST           | MMAS | 88    | 1:02:16 | 9,64  | 6:14    |
| 136 | 616 | VANGERTRUYDEN ROEL | BILZEN           | MSEN | 23    | 1:02:18 | 9,63  | 6:14    |
| 137 | 658 | VAESSEN BARBARA    | REKEM            | VMAS | 17    | 1:02:27 | 9,61  | 6:15    |
| 138 | 609 | JANS HILDE         | EIGENBILZEN      | VMAS | 18    | 1:02:43 | 9,57  | 6:16    |
| 139 | 563 | THIJS SOFIE        | RIEMST           | VSEN | 10    | 1:02:46 | 9,56  | 6:17    |
| 140 | 541 | DAENEN ELIANE      | RIEMST           | VMAS | 19    | 1:02:48 | 9,55  | 6:17    |
| 141 | 569 | OLAERTS YOLANDE    | GENK             | VMAS | 20    | 1:04:19 | 9,33  | 6:26    |
| 142 | 568 | HAVRELUK MICHA     | GENK             | MMAS | 89    | 1:04:21 | 9,32  | 6:26    |
| 143 | 159 | WONDE TINEKE       | HERZOGENRATH (D) | VMAS | 21    | 1:04:31 | 9,30  | 6:27    |
| 144 | 160 | KATTERBACH JUTTA   | HERZOGENRATH (D) | VMAS | 22    | 1:04:33 | 9,30  | 6:27    |
| 145 | 602 | MEERTEN PASCAL     | BASSENGE         | MMAS | 90    | 1:05:50 | 9,11  | 6:35    |
| 146 | 506 | BEIRINCKX PETER    | RIEMST           | MMAS | 91    | 1:06:43 | 8,99  | 6:40    |
| 147 | 518 | MENTEN LAMBERT     | HOESELT          | MMAS | 92    | 1:06:44 | 8,99  | 6:40    |
| 148 | 528 | BASTIAENS ANN      | RIEMST           | VSEN | 11    | 1:08:28 | 8,76  | 6:51    |