

# 34e Beach Run Koksijde - 23 juli 2014

## 5 KM

| PL | NR   | Naam                 | Woonplaats   | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|----|------|----------------------|--------------|-----|-------|---------|-------|---------|
| 1  | 500  | Dekeyser Thomas      | KOEKELARE    | M   | 1     | 0:17:52 | 16,79 | 3:34    |
| 2  | 590  | Vandamme Matthias    | HEUVELLAND   | M   | 2     | 0:18:22 | 16,33 | 3:40    |
| 3  | 719  | Colmant Midol Michel | HARCHIES     | M   | 3     | 0:18:50 | 15,93 | 3:46    |
| 4  | 445  | Coussement Wim       | WOUMEN       | M   | 4     | 0:19:17 | 15,56 | 3:51    |
| 5  | 652  | Cottignies Sander    | ZILLEBEKE    | M   | 5     | 0:19:22 | 15,49 | 3:52    |
| 6  | 573  | Dedrie Arne          | DIKSMUIDE    | M   | 6     | 0:19:24 | 15,46 | 3:53    |
| 7  | 508  | Carton Louise        | OOSTENDE     | V   | 1     | 0:19:32 | 15,36 | 3:54    |
| 8  | 550  | De Grootte Mathias   | OUDENAARDE   | M   | 7     | 0:19:35 | 15,32 | 3:55    |
| 9  | 456  | Bonte Gino           | WESTROZEBEKE | M   | 8     | 0:19:47 | 15,16 | 3:57    |
| 10 | 474  | Giedts Sam           | TIENEN       | M   | 9     | 0:19:52 | 15,10 | 3:58    |
| 11 | 444  | Lefebvre Philippe    | LA MADELEINE | M   | 10    | 0:19:56 | 15,05 | 3:59    |
| 12 | 462  | Clauw Danny          | BESELARE     | M   | 11    | 0:20:00 | 15,00 | 4:00    |
| 13 | 647  | Clemme Kevin         | KOKSIJDE     | M   | 12    | 0:20:06 | 14,93 | 4:01    |
| 14 | 580  | Vandamme Thomas      | KEMMEL       | M   | 13    | 0:20:13 | 14,84 | 4:03    |
| 15 | 560  | Decapmaker Olivier   | POPERINGE    | M   | 14    | 0:20:16 | 14,80 | 4:03    |
| 16 | 386  | Dubois Bjarne        | HOLLEBEKE    | M   | 15    | 0:20:21 | 14,74 | 4:04    |
| 17 | 532  | Fortrijs Lowie       | KLERKEN      | M   | 16    | 0:20:27 | 14,67 | 4:05    |
| 18 | 559  | Vermeersch Tobias    | POPERINGE    | M   | 17    | 0:20:39 | 14,53 | 4:08    |
| 19 | 674  | Glorie Romeo         | KOKSIJDE     | M   | 18    | 0:20:46 | 14,45 | 4:09    |
| 20 | 617  | Vandenbroucke Mauren | WINGENE      | M   | 19    | 0:20:50 | 14,40 | 4:10    |
| 21 | 561  | Feys Nele            | RENINGELST   | V   | 2     | 0:20:53 | 14,37 | 4:11    |
| 22 | 649  | Vanbelle Thomas      | VOSELIES     | M   | 20    | 0:20:53 | 14,37 | 4:11    |
| 23 | 510  | Van Den Bergh Sven   | BLAASVELD    | M   | 21    | 0:20:56 | 14,33 | 4:11    |
| 24 | 393  | Vanpraet Tom         | AALST        | M   | 22    | 0:20:59 | 14,30 | 4:12    |
| 25 | 764  | Verhelle Guillaume   |              | M   | 23    | 0:21:01 | 14,27 | 4:12    |
| 26 | 753  | Levecque Jasper      | KOKSIJDE     | M   | 24    | 0:21:14 | 14,13 | 4:15    |
| 27 | 610  | Vandepitte Florent   | STEENBERGHE  | M   | 25    | 0:21:19 | 14,07 | 4:16    |
| 28 | 466  | Ketels Tommy         | COMINES      | M   | 26    | 0:21:23 | 14,03 | 4:17    |
| 29 | 687  | Rammeloo Matthias    | KOKSIJDE     | M   | 27    | 0:21:29 | 13,96 | 4:18    |
| 30 | 625  | Puyliari Freddy      | MENEN        | M   | 28    | 0:21:31 | 13,94 | 4:18    |
| 31 | 385  | Dubois Vincent       | HOLLEBEKE    | M   | 29    | 0:21:33 | 13,92 | 4:19    |
| 32 | 558  | Rabaey Guillaume     | KOKSIJDE     | M   | 30    | 0:21:37 | 13,88 | 4:19    |
| 33 | 499  | Dekeyser Lynn        | KOEKELARE    | V   | 3     | 0:21:38 | 13,87 | 4:20    |
| 34 | 612  | Vandenhende Anthony  | HARELBEKE    | M   | 31    | 0:21:47 | 13,77 | 4:21    |
| 35 | 571  | Jolie Bram           | KORTENBERG   | M   | 32    | 0:21:50 | 13,74 | 4:22    |
| 36 | 539  | Derinck Alain        | KOKSIJDE     | M   | 33    | 0:21:52 | 13,72 | 4:22    |
| 37 | 556  | Titeca Christophe    | COMINES      | M   | 34    | 0:21:54 | 13,70 | 4:23    |
| 38 | 308  | Dawyndt Frank        | KOKSIJDE     | M   | 35    | 0:21:57 | 13,67 | 4:23    |
| 39 | 268  | Ballieul Dali        | KOKSIJDE     | M   | 36    | 0:21:58 | 13,66 | 4:24    |
| 40 | 511  | Luyssen Nicolas      | FORT MARDYCK | M   | 37    | 0:21:58 | 13,66 | 4:24    |
| 41 | 645  | Pauwels Marc         | TIENEN       | M   | 38    | 0:21:59 | 13,65 | 4:24    |
| 42 | 529  | Brysbaert Glenn      | WESTVLETEREN | M   | 39    | 0:22:01 | 13,63 | 4:24    |
| 43 | 490  | Vanhoutte Jonie      | LICHTERVELDE | M   | 40    | 0:22:02 | 13,62 | 4:24    |
| 44 | 451  | Van Coillie Els      | MEULEBEKE    | V   | 4     | 0:22:04 | 13,60 | 4:25    |
| 45 | 464  | Vannieuwenhuyze Kris | ASSE         | M   | 41    | 0:22:10 | 13,53 | 4:26    |
| 46 | 430  | Dennis Pierre        | ESNEUX       | M   | 42    | 0:22:26 | 13,37 | 4:29    |
| 47 | 1282 | Porrey Pascal        | OOSTVLETEREN | M   | 43    | 0:22:29 | 13,34 | 4:30    |
| 48 | 345  | Maas Seba            | KOKSIJDE     | M   | 44    | 0:22:32 | 13,31 | 4:30    |
| 49 | 656  | Cottignies Stan      | PASSEDALE    | M   | 45    | 0:22:35 | 13,28 | 4:31    |
| 50 | 582  | Van Loo Kevin        | MOERKERKE    | M   | 46    | 0:22:36 | 13,27 | 4:31    |
| 51 | 306  | Butseraan Emily      | KOKSIJDE     | V   | 5     | 0:22:37 | 13,26 | 4:31    |
| 52 | 324  | Mortier Axel         | KOKSIJDE     | M   | 47    | 0:22:53 | 13,11 | 4:35    |
| 53 | 525  | Ollinger Tanguy      | BRUSSEL      | M   | 48    | 0:22:58 | 13,06 | 4:36    |
| 54 | 253  | Van Kerckhoven Tom   | HOOGSTRATEN  | M   | 49    | 0:22:59 | 13,05 | 4:36    |
| 55 | 564  | Tuttens Sophie       | MEULEBEKE    | V   | 6     | 0:23:03 | 13,02 | 4:37    |
| 56 | 746  | Vandevelde Sander    | DE PANNE     | M   | 50    | 0:23:05 | 13,00 | 4:37    |
| 57 | 562  | Verbeke Pieter       | POPERINGE    | M   | 51    | 0:23:05 | 13,00 | 4:37    |
| 58 | 771  | Oyaert Alexander     | KOKSIJDE     | M   | 52    | 0:23:11 | 12,94 | 4:38    |
| 59 | 311  | Dekien Sarah         | KOKSIJDE     | V   | 7     | 0:23:14 | 12,91 | 4:39    |
| 60 | 563  | Busschaert Luc       | POPERINGE    | M   | 53    | 0:23:18 | 12,88 | 4:40    |
| 61 | 711  | Vanvooren Ewout      | KOKSIJDE     | M   | 54    | 0:23:22 | 12,84 | 4:40    |
| 62 | 637  | Vermeersch Joran     | WICHELEN     | M   | 55    | 0:23:33 | 12,74 | 4:43    |

| PL  | NR  | Naam                        | Woonplaats          | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|-----|-----|-----------------------------|---------------------|-----|-------|---------|-------|---------|
| 63  | 417 | Geudens Nathan              | LIEGE               | M   | 56    | 0:23:36 | 12,71 | 4:43    |
| 64  | 400 | Naessens Stefaan            | KORTRIJK            | M   | 57    | 0:23:39 | 12,68 | 4:44    |
| 65  | 307 | Dawyndt Amber               | KOKSIJDE            | V   | 8     | 0:23:42 | 12,66 | 4:44    |
| 66  | 333 | Salim Akin                  | DUNKERQUE           | M   | 58    | 0:23:44 | 12,64 | 4:45    |
| 67  | 822 | Hoet Michiel                | KOKSIJDE            | M   | 59    | 0:23:45 | 12,63 | 4:45    |
| 68  | 623 | Vuylsteke Simon             | PROVEN              | M   | 60    | 0:23:47 | 12,61 | 4:45    |
| 69  | 588 | Brousse Charles             | ANDERLUES           | M   | 61    | 0:23:50 | 12,59 | 4:46    |
| 70  | 583 | Bock Pascal                 | LUXEMBOURG          | M   | 62    | 0:23:50 | 12,59 | 4:46    |
| 71  | 336 | Vandooren Rob               | OOSTDUINKERKE       | M   | 63    | 0:23:52 | 12,57 | 4:46    |
| 72  | 676 | Depoorter Kevin             | VEURNE              | M   | 64    | 0:23:54 | 12,55 | 4:47    |
| 73  | 378 | Degrieck Sebastien          | VEURNE              | M   | 65    | 0:23:56 | 12,53 | 4:47    |
| 74  | 644 | Thienpondt Milan            | BERLARE             | M   | 66    | 0:23:57 | 12,53 | 4:47    |
| 75  | 549 | De Groote Geert             | OUDENAARDE          | M   | 67    | 0:23:58 | 12,52 | 4:48    |
| 76  | 742 | Radermecker Francois Xavier | THIMISTER           | M   | 68    | 0:24:09 | 12,42 | 4:50    |
| 77  | 512 | Verboven Tamara             | VORSELAAR           | V   | 9     | 0:24:12 | 12,40 | 4:50    |
| 78  | 420 | Legein Robby                | KOKSIJDE            | M   | 69    | 0:24:15 | 12,37 | 4:51    |
| 79  | 730 | Vanwallegem Olivier         | KOKSIJDE            | M   | 70    | 0:24:18 | 12,35 | 4:52    |
| 80  | 457 | Steindl Theodore            | MARCQ-EN-BAROEUL    | M   | 71    | 0:24:20 | 12,33 | 4:52    |
| 81  | 669 | Van Overberghe Dirk         | DIKSLUIDE           | M   | 72    | 0:24:21 | 12,32 | 4:52    |
| 82  | 399 | Rondele Josephine           | BRUGGE              | V   | 10    | 0:24:23 | 12,30 | 4:53    |
| 83  | 425 | Hachez Clement              | GENT                | M   | 73    | 0:24:33 | 12,22 | 4:55    |
| 84  | 773 | Willaert Ruben              | KOKSIJDE            | M   | 74    | 0:24:34 | 12,21 | 4:55    |
| 85  | 613 | Beyens Sofie                | KOKSIJDE            | V   | 11    | 0:24:36 | 12,20 | 4:55    |
| 86  | 751 | Coppenolle Nordin           | ADINKERKE           | M   | 75    | 0:24:37 | 12,19 | 4:55    |
| 87  | 655 | Cottignies Lode             | PASSENDALÉ          | M   | 76    | 0:24:37 | 12,19 | 4:55    |
| 88  | 814 | Nollet Louis                | LO                  | M   | 77    | 0:24:38 | 12,18 | 4:56    |
| 89  | 698 | Renmans Jeroen              | KEERBERGEN          | M   | 78    | 0:24:39 | 12,17 | 4:56    |
| 90  | 811 | Colson Lander               | KOKSIJDE            | M   | 79    | 0:24:41 | 12,15 | 4:56    |
| 91  | 364 | Van Autreve Renez           | TOKIO               | M   | 80    | 0:24:48 | 12,10 | 4:58    |
| 92  | 269 | Weisbecker Dylan            | TETEGHEM            | M   | 81    | 0:24:50 | 12,08 | 4:58    |
| 93  | 347 | Van Rompaey Pieter          | DE PANNE            | M   | 82    | 0:24:51 | 12,07 | 4:58    |
| 94  | 706 | Sonneville Amaury           | ST-MARTENS-LATEM    | M   | 83    | 0:24:55 | 12,04 | 4:59    |
| 95  | 813 | Cambier Johan               | KOKSIJDE            | M   | 84    | 0:24:56 | 12,03 | 4:59    |
| 96  | 534 | Hendrickx Jan               | LIER                | M   | 85    | 0:25:02 | 11,98 | 5:00    |
| 97  | 421 | Cloots Ludo                 | WESTERLO            | M   | 86    | 0:25:11 | 11,91 | 5:02    |
| 98  | 251 | Brien Stan                  | KOKSIJDE            | M   | 87    | 0:25:11 | 11,91 | 5:02    |
| 99  | 675 | Glorie Winston              | KOKSIJDE            | M   | 88    | 0:25:11 | 11,91 | 5:02    |
| 100 | 581 | Van Loo Maxim               | MOERKERKE           | M   | 89    | 0:25:14 | 11,89 | 5:03    |
| 101 | 314 | Feys Filip                  | ICHTEGEM            | M   | 90    | 0:25:16 | 11,87 | 5:03    |
| 102 | 452 | Dethier Maxime              | OVERIJSE            | M   | 91    | 0:25:17 | 11,87 | 5:03    |
| 103 | 772 | Wydooghe Stijn              | KOKSIJDE            | M   | 92    | 0:25:17 | 11,87 | 5:03    |
| 104 | 256 | Micheels Rutger             | DIEST               | M   | 93    | 0:25:21 | 11,83 | 5:04    |
| 105 | 473 | Fontaine Olivier            | LUIK                | M   | 94    | 0:25:22 | 11,83 | 5:04    |
| 106 | 518 | Buyl Kevin                  | DEUX ACREN          | M   | 95    | 0:25:22 | 11,83 | 5:04    |
| 107 | 790 | Haentjens Luca              | KOKSIJDE            | M   | 96    | 0:25:26 | 11,80 | 5:05    |
| 108 | 639 | Titeca Roger                | VEURNE              | M   | 97    | 0:25:26 | 11,80 | 5:05    |
| 109 | 332 | Schoenmaecker Mike          | DUNKERQUE           | M   | 98    | 0:25:31 | 11,76 | 5:06    |
| 110 | 422 | Carvatte Roger              | SCHENDELBEKE        | M   | 99    | 0:25:32 | 11,75 | 5:06    |
| 111 | 827 | Vanhuyse Thomas             | BOSSUIT             | M   | 100   | 0:25:34 | 11,73 | 5:07    |
| 112 | 492 | Engels Rune                 | ZINGEM              | M   | 101   | 0:25:36 | 11,72 | 5:07    |
| 113 | 768 | Van Betsbrugge Lore         | ALVERINGEM          | V   | 12    | 0:25:37 | 11,71 | 5:07    |
| 114 | 707 | Glineur Claudine            | BRAY-DUNES          | V   | 13    | 0:25:45 | 11,65 | 5:09    |
| 115 | 732 | Vanwallegem Philippe        | KOKSIJDE            | M   | 102   | 0:25:45 | 11,65 | 5:09    |
| 116 | 638 | Stevenoot Catherine         | COUDEKERQUE VILLAGE | V   | 14    | 0:25:46 | 11,64 | 5:09    |
| 117 | 708 | Verhille Alain              | ZUYDCOOTE           | M   | 103   | 0:25:47 | 11,64 | 5:09    |
| 118 | 375 | Scoupe Kevin                | BRAINE-L'ALLEUD     | M   | 104   | 0:25:49 | 11,62 | 5:10    |
| 119 | 689 | Van Daele Thomas            | KOKSIJDE            | M   | 105   | 0:25:51 | 11,61 | 5:10    |
| 120 | 407 | Van Droogenbroek Kevin      | KOKSIJDE            | M   | 106   | 0:25:52 | 11,60 | 5:10    |
| 121 | 566 | Lierneux Theo               | WISE                | M   | 107   | 0:25:56 | 11,57 | 5:11    |
| 122 | 650 | Duprez Laure                | ZOTTEGEM            | V   | 15    | 0:25:58 | 11,55 | 5:12    |
| 123 | 651 | Duprez Kristof              | ZOTTEGEM            | M   | 108   | 0:25:58 | 11,55 | 5:12    |
| 124 | 632 | Croonenborghs Tomas-Marijn  | KOKSIJDE            | M   | 109   | 0:26:02 | 11,52 | 5:12    |
| 125 | 809 | Perau Steve                 | HOOGSTADE           | M   | 110   | 0:26:03 | 11,52 | 5:13    |
| 126 | 423 | Mairesse Pascal             | KOKSIJDE            | M   | 111   | 0:26:05 | 11,50 | 5:13    |
| 127 | 703 | Duthoo Elise                | KONTICH             | V   | 16    | 0:26:07 | 11,49 | 5:13    |

| PL  | NR   | Naam                    | Woonplaats        | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|-----|------|-------------------------|-------------------|-----|-------|---------|-------|---------|
| 128 | 548  | Ramaekers Vincent       | GENK              | M   | 112   | 0:26:07 | 11,49 | 5:13    |
| 129 | 463  | Vannieuwenhuyze Emma    | ASSE              | V   | 17    | 0:26:08 | 11,48 | 5:14    |
| 130 | 825  | Seys Guillaume          | KOKSIJDE          | M   | 113   | 0:26:08 | 11,48 | 5:14    |
| 131 | 524  | Ollinger Thierry        | BRUSSEL           | M   | 114   | 0:26:10 | 11,46 | 5:14    |
| 132 | 404  | Domingues Manuel        | COMINES           | M   | 115   | 0:26:11 | 11,46 | 5:14    |
| 133 | 659  | Vanbleu Andy            | VEURNE            | M   | 116   | 0:26:14 | 11,44 | 5:15    |
| 134 | 435  | Deman Kris              | KOKSIJDE          | M   | 117   | 0:26:15 | 11,43 | 5:15    |
| 135 | 817  | Rubi Nazare             | KOKSIJDE          | M   | 118   | 0:26:15 | 11,43 | 5:15    |
| 136 | 606  | Note Carine             | WESTENDE          | V   | 18    | 0:26:18 | 11,41 | 5:16    |
| 137 | 397  | Lenain Renaud           | BRAINE LALLEUD    | M   | 119   | 0:26:19 | 11,40 | 5:16    |
| 138 | 787  | Devoghel Nard           | DE PANNE          | M   | 120   | 0:26:19 | 11,40 | 5:16    |
| 139 | 450  | Van De Moer Els         | HULSHOUT          | V   | 19    | 0:26:21 | 11,39 | 5:16    |
| 140 | 280  | Van Crugten Sam         | OOSTDUINKERKE     | M   | 121   | 0:26:22 | 11,38 | 5:16    |
| 141 | 403  | Domingues Nathalie      | COMINES           | V   | 20    | 0:26:24 | 11,36 | 5:17    |
| 142 | 277  | Dedrie Pieter           | OOSTDUINKERKE     | M   | 122   | 0:26:24 | 11,36 | 5:17    |
| 143 | 460  | Gernaey Luc             | ZANDBERGEN        | M   | 123   | 0:26:25 | 11,36 | 5:17    |
| 144 | 453  | Van Aerschodt Gunther   | OVERIJSE          | M   | 124   | 0:26:27 | 11,34 | 5:17    |
| 145 | 519  | Van Compernelle Luc     | NIEUWPOORT        | M   | 125   | 0:26:31 | 11,31 | 5:18    |
| 146 | 275  | Sneyaert Kenny          | OOSTDUINKERKE     | M   | 126   | 0:26:32 | 11,31 | 5:18    |
| 147 | 273  | Vandenbussche Johan     | KOKSIJDE          | M   | 127   | 0:26:34 | 11,29 | 5:19    |
| 148 | 601  | Debrouwere Luc          | KOKSIJDE          | M   | 128   | 0:26:34 | 11,29 | 5:19    |
| 149 | 666  | Blomme Damienne         | MEETKERKE         | V   | 21    | 0:26:35 | 11,29 | 5:19    |
| 150 | 667  | Stultjens Bea           | MEETKERKE         | V   | 22    | 0:26:36 | 11,28 | 5:19    |
| 151 | 1022 | Kermarrec Morgane       | LOMBARDSIJDE      | V   | 23    | 0:26:36 | 11,28 | 5:19    |
| 152 | 616  | Moerman Lowie           | OOSTROZEBEKE      | M   | 129   | 0:26:40 | 11,25 | 5:20    |
| 153 | 665  | Decaluwe Chantal        | DIKSMUIDE         | V   | 24    | 0:26:41 | 11,24 | 5:20    |
| 154 | 272  | Vandenbussche Thomas    | KOKSIJDE          | M   | 130   | 0:26:43 | 11,23 | 5:21    |
| 155 | 362  | Vandecaveye Jan         | POPERINGE         | M   | 131   | 0:26:43 | 11,23 | 5:21    |
| 156 | 604  | Hillewaere Lars         | KOKSIJDE          | M   | 132   | 0:26:44 | 11,22 | 5:21    |
| 157 | 792  | Thieren Bram            | WINGENE           | M   | 133   | 0:26:47 | 11,20 | 5:21    |
| 158 | 254  | Micheels Dieter         | DIEST             | M   | 134   | 0:26:48 | 11,19 | 5:22    |
| 159 | 468  | Van Wallegghem Lucas    | PITTEM            | M   | 135   | 0:26:48 | 11,19 | 5:22    |
| 160 | 737  | Fierens Bart            | BERLAAR           | M   | 136   | 0:26:49 | 11,19 | 5:22    |
| 161 | 359  | Nijs Margot             | KESSEL-LO         | V   | 25    | 0:26:51 | 11,17 | 5:22    |
| 162 | 395  | Bombaert Patrick        | GALMAARDEN        | M   | 137   | 0:26:51 | 11,17 | 5:22    |
| 163 | 734  | Wendey Ruben            | NIEUWPOORT        | M   | 138   | 0:26:53 | 11,16 | 5:23    |
| 164 | 398  | Wielandt Jurgen         | MORTSEL           | M   | 139   | 0:26:53 | 11,16 | 5:23    |
| 165 | 535  | D'Hert Michael          | DIKSMUIDE         | M   | 140   | 0:26:54 | 11,15 | 5:23    |
| 166 | 815  | Nollet Lieven           | LO                | M   | 141   | 0:26:54 | 11,15 | 5:23    |
| 167 | 446  | Rosseel Patrice         | COMINES           | M   | 142   | 0:27:00 | 11,11 | 5:24    |
| 168 | 614  | Siriaux Louis           | LE ROIULX         | M   | 143   | 0:27:03 | 11,09 | 5:25    |
| 169 | 776  | Van Erkel Stefan        | KOKSIJDE          | M   | 144   | 0:27:04 | 11,08 | 5:25    |
| 170 | 636  | Deltomme Tuur           | KOKSIJDE          | M   | 145   | 0:27:04 | 11,08 | 5:25    |
| 171 | 770  | Oyaert Karel            | KOKSIJDE          | M   | 146   | 0:27:06 | 11,07 | 5:25    |
| 172 | 791  | Rotsaert Jeffrey        | DE PANNE          | M   | 147   | 0:27:08 | 11,06 | 5:26    |
| 173 | 387  | Braeckman Gilles        | ST-PIETERS-LEEUEW | M   | 148   | 0:27:10 | 11,04 | 5:26    |
| 174 | 775  | Vandebotermet Jonas     | KOKSIJDE          | M   | 149   | 0:27:10 | 11,04 | 5:26    |
| 175 | 826  | Wouters David           | ANTWERPEN         | M   | 150   | 0:27:12 | 11,03 | 5:26    |
| 176 | 589  | Vandamme Fleur          | HEUVELLAND        | V   | 26    | 0:27:14 | 11,02 | 5:27    |
| 177 | 808  | Magherman Rudy          | ROKSEM            | M   | 151   | 0:27:15 | 11,01 | 5:27    |
| 178 | 288  | Van Den Broucke Dries   | OOSTDUINKERKE     | M   | 152   | 0:27:15 | 11,01 | 5:27    |
| 179 | 276  | Rondelez Yoshi          | OOSTDUINKERKE     | M   | 153   | 0:27:15 | 11,01 | 5:27    |
| 180 | 486  | De Rechter Sam          | KOKSIJDE          | M   | 154   | 0:27:18 | 10,99 | 5:28    |
| 181 | 824  | Hoste Stijn             | KOKSIJDE          | M   | 155   | 0:27:20 | 10,98 | 5:28    |
| 182 | 555  | Van Langendonck Mathieu | LE BIZET          | M   | 156   | 0:27:22 | 10,96 | 5:28    |
| 183 | 682  | Dutry Nick              | POPERINGE         | M   | 157   | 0:27:25 | 10,94 | 5:29    |
| 184 | 477  | Callens Bertrand        | MARQC EN BAROEUL  | M   | 158   | 0:27:27 | 10,93 | 5:29    |
| 185 | 823  | Willaert Claude         | KOKSIJDE          | M   | 159   | 0:27:28 | 10,92 | 5:30    |
| 186 | 415  | Allart Etienne          | ZUYDCOOTE         | M   | 160   | 0:27:28 | 10,92 | 5:30    |
| 187 | 515  | Lernould Elodie         | SARS-LA-BRUYERE   | V   | 27    | 0:27:29 | 10,92 | 5:30    |
| 188 | 370  | Aymeric Kormoss         | KOKSIJDE          | M   | 161   | 0:27:29 | 10,92 | 5:30    |
| 189 | 516  | Urbain Fabrice          | FRAMERIES         | M   | 162   | 0:27:29 | 10,92 | 5:30    |
| 190 | 726  | Dieryck Janie           | VEURNE            | M   | 163   | 0:27:30 | 10,91 | 5:30    |
| 191 | 816  | Lesage Jurgen           | IEPER             | M   | 164   | 0:27:33 | 10,89 | 5:31    |
| 192 | 643  | Thienpondt Marthe       | BERLARE           | V   | 28    | 0:27:34 | 10,88 | 5:31    |

| PL  | NR  | Naam                    | Woonplaats        | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|-----|-----|-------------------------|-------------------|-----|-------|---------|-------|---------|
| 193 | 419 | Geudens Alexis          | LIEGE             | M   | 165   | 0:27:34 | 10,88 | 5:31    |
| 194 | 317 | Vanneste Bearne         | KOKSIJDE          | M   | 166   | 0:27:34 | 10,88 | 5:31    |
| 195 | 741 | Goffin Elise            | LA LOUVIERE       | V   | 29    | 0:27:35 | 10,88 | 5:31    |
| 196 | 259 | Quartier Thomas         | IZEGEM            | M   | 167   | 0:27:35 | 10,88 | 5:31    |
| 197 | 740 | Huart Olivier           | NEUFVILLES        | M   | 168   | 0:27:35 | 10,88 | 5:31    |
| 198 | 418 | Geudens Xavier          | LIEGE             | M   | 169   | 0:27:42 | 10,83 | 5:32    |
| 199 | 576 | Vienne Pierre           | TOURCOING         | M   | 170   | 0:27:43 | 10,82 | 5:33    |
| 200 | 763 | Vantomme Elodie         | LIBRAMONT         | V   | 30    | 0:27:45 | 10,81 | 5:33    |
| 201 | 567 | Lierneux Baptiste       | WISE              | M   | 171   | 0:27:47 | 10,80 | 5:33    |
| 202 | 509 | Van Den Bergh Kris      | BLAASVELD         | M   | 172   | 0:27:53 | 10,76 | 5:35    |
| 203 | 343 | Moerman Luna            | VEURNE            | V   | 31    | 0:27:56 | 10,74 | 5:35    |
| 204 | 351 | Chys Ewout              | KOKSIJDE          | M   | 173   | 0:27:56 | 10,74 | 5:35    |
| 205 | 572 | Rabaey Marijke          | DIKSMUIDE         | V   | 32    | 0:27:58 | 10,73 | 5:36    |
| 206 | 754 | Baes Alexander          | KOKSIJDE          | M   | 174   | 0:28:01 | 10,71 | 5:36    |
| 207 | 693 | Oyaert Annie            | NIEUWPOORT        | V   | 33    | 0:28:02 | 10,70 | 5:36    |
| 208 | 597 | Muylle Guillaume        | POPERINGE         | M   | 175   | 0:28:04 | 10,69 | 5:37    |
| 209 | 624 | Hennebel Jarne          | KOKSIJDE          | M   | 176   | 0:28:05 | 10,68 | 5:37    |
| 210 | 394 | Van Compernelle Kris    | OOSTROZEBEKE      | M   | 177   | 0:28:07 | 10,67 | 5:37    |
| 211 | 663 | Segaert Stijn           | VEURNE            | M   | 178   | 0:28:10 | 10,65 | 5:38    |
| 212 | 313 | Dendooven Annick        | KOKSIJDE          | V   | 34    | 0:28:14 | 10,63 | 5:39    |
| 213 | 627 | Norman Clenn            | IEPER             | M   | 179   | 0:28:15 | 10,62 | 5:39    |
| 214 | 584 | De Boe Nelle            | MOORSLEDE         | V   | 35    | 0:28:18 | 10,60 | 5:40    |
| 215 | 648 | Boone Annelore          | POELKAPELLE       | V   | 36    | 0:28:19 | 10,59 | 5:40    |
| 216 | 374 | De Hoon Joris           | DEURNE            | M   | 180   | 0:28:22 | 10,58 | 5:40    |
| 217 | 544 | Delaunoy Denis          | MOUSTIER          | M   | 181   | 0:28:23 | 10,57 | 5:41    |
| 218 | 286 | Pynaert Steven          | OOSTDUINKERKE     | M   | 182   | 0:28:23 | 10,57 | 5:41    |
| 219 | 285 | Vanlerberghe Joren      | OOSTDUINKERKE     | M   | 183   | 0:28:23 | 10,57 | 5:41    |
| 220 | 596 | Brysbaert Romina        | WESTVLETEREN      | V   | 37    | 0:28:24 | 10,56 | 5:41    |
| 221 | 281 | Croes Tobias            | OOSTDUINKERKE     | M   | 184   | 0:28:24 | 10,56 | 5:41    |
| 222 | 537 | Denblyden Cederick      | DIKSMUIDE         | M   | 185   | 0:28:27 | 10,54 | 5:41    |
| 223 | 818 | Vannecke Tom            | HARELBEKE         | M   | 186   | 0:28:35 | 10,50 | 5:43    |
| 224 | 270 | Aumont Adam             | CAPELLE LA GRANDE | M   | 187   | 0:28:37 | 10,48 | 5:43    |
| 225 | 802 | Rombouts Johan          | EKEREN            | M   | 188   | 0:28:37 | 10,48 | 5:43    |
| 226 | 369 | Famaey Inge             | KOKSIJDE          | V   | 38    | 0:28:40 | 10,47 | 5:44    |
| 227 | 531 | Devos Jo                | ZINGEM            | M   | 189   | 0:28:40 | 10,47 | 5:44    |
| 228 | 553 | Verstraeten Eric        | TERNAT            | M   | 190   | 0:28:40 | 10,47 | 5:44    |
| 229 | 758 | Cokelaere Joke          | KOKSIJDE          | V   | 39    | 0:28:41 | 10,46 | 5:44    |
| 230 | 786 | Bulcke Nel              | ALVERINGEM        | V   | 40    | 0:28:41 | 10,46 | 5:44    |
| 231 | 673 | Haelewyck Isabelle      | KOKSIJDE          | V   | 41    | 0:28:41 | 10,46 | 5:44    |
| 232 | 626 | Dewulf Klaas            | GIJVERINKHOVE     | M   | 191   | 0:28:43 | 10,45 | 5:45    |
| 233 | 729 | Libert Francoise        | GREZ DOICEAU      | V   | 42    | 0:28:44 | 10,44 | 5:45    |
| 234 | 721 | Cosman Waldo            | DE PANNE          | M   | 192   | 0:28:44 | 10,44 | 5:45    |
| 235 | 426 | Hachez Gilles           | GENT              | M   | 193   | 0:28:45 | 10,43 | 5:45    |
| 236 | 482 | Vandendriessche Rebecca | DIKSMUIDE         | V   | 43    | 0:28:48 | 10,42 | 5:46    |
| 237 | 697 | Gantois Johan           | KOKSIJDE          | M   | 194   | 0:28:51 | 10,40 | 5:46    |
| 238 | 278 | Dedrie Koen             | OOSTDUINKERKE     | M   | 195   | 0:28:51 | 10,40 | 5:46    |
| 239 | 383 | Tuerlinckx Jean-Luc     | SCHERPENHEUVEL    | M   | 196   | 0:28:55 | 10,37 | 5:47    |
| 240 | 705 | De Smet Anton           | ZEVERGEM          | M   | 197   | 0:29:01 | 10,34 | 5:48    |
| 241 | 752 | Janssens Sam            | KOKSIJDE          | M   | 198   | 0:29:01 | 10,34 | 5:48    |
| 242 | 264 | Maes Gino               | KOKSIJDE          | M   | 199   | 0:29:04 | 10,32 | 5:49    |
| 243 | 292 | Samyn Wesley            | OOSTDUINKERKE     | M   | 200   | 0:29:06 | 10,31 | 5:49    |
| 244 | 416 | Gantois Eric            | ST-GILLIS         | M   | 201   | 0:29:06 | 10,31 | 5:49    |
| 245 | 803 | Renard Jerome           | MONTIGNIES        | M   | 202   | 0:29:08 | 10,30 | 5:50    |
| 246 | 376 | De Groote Tijs          | OELEGEM           | M   | 203   | 0:29:08 | 10,30 | 5:50    |
| 247 | 565 | Verkrusse Helga         | WATOU             | V   | 44    | 0:29:10 | 10,29 | 5:50    |
| 248 | 806 | Pauwels Willem          | KOKSIJDE          | M   | 204   | 0:29:13 | 10,27 | 5:51    |
| 249 | 379 | Smoos Patrick           | BRAINE LE COMTE   | M   | 205   | 0:29:15 | 10,26 | 5:51    |
| 250 | 279 | Hatse Tom               | OOSTDUINKERKE     | M   | 206   | 0:29:15 | 10,26 | 5:51    |
| 251 | 728 | Plets Pascal            | BAS WARNGTON      | M   | 207   | 0:29:17 | 10,24 | 5:51    |
| 252 | 727 | Leroy Bruno             | COMINES           | M   | 208   | 0:29:17 | 10,24 | 5:51    |
| 253 | 696 | Dhondt Chris            | OOSTENDE          | M   | 209   | 0:29:18 | 10,24 | 5:52    |
| 254 | 603 | Van Coillie Jens        | KOKSIJDE          | M   | 210   | 0:29:19 | 10,23 | 5:52    |
| 255 | 788 | Melon Wouter            | HOUTHULST         | M   | 211   | 0:29:19 | 10,23 | 5:52    |
| 256 | 438 | Claerhout Jo            | HARELBEKE         | M   | 212   | 0:29:20 | 10,23 | 5:52    |
| 257 | 767 | El Kansouli Mohamed     | VILLENEUVE DASQUE | M   | 213   | 0:29:21 | 10,22 | 5:52    |

| PL  | NR  | Naam                 | Woonplaats      | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|-----|-----|----------------------|-----------------|-----|-------|---------|-------|---------|
| 258 | 344 | Van Houtte Jan       | HERENTALS       | M   | 214   | 0:29:21 | 10,22 | 5:52    |
| 259 | 631 | Geryl Kevin          | NIEUWPOORT      | M   | 215   | 0:29:22 | 10,22 | 5:52    |
| 260 | 812 | Vermeylen Benoit     | KOKSIJDE        | M   | 216   | 0:29:25 | 10,20 | 5:53    |
| 261 | 289 | Slabbinck Robby      | OOSTDUINKERKE   | M   | 217   | 0:29:25 | 10,20 | 5:53    |
| 262 | 290 | Kikoto Landry        | OOSTDUINKERKE   | M   | 218   | 0:29:26 | 10,19 | 5:53    |
| 263 | 284 | Vandamme Xavier      | OOSTDUINKERKE   | M   | 219   | 0:29:26 | 10,19 | 5:53    |
| 264 | 274 | Cambier Diego        | OOSTDUINKERKE   | M   | 220   | 0:29:26 | 10,19 | 5:53    |
| 265 | 382 | Knockaert Georgette  | OOSTKAMP        | V   | 45    | 0:29:27 | 10,19 | 5:53    |
| 266 | 680 | Bossart Laura        | KOKSIJDE        | V   | 46    | 0:29:29 | 10,18 | 5:54    |
| 267 | 327 | Mortier Sophie       | KOKSIJDE        | V   | 47    | 0:29:30 | 10,17 | 5:54    |
| 268 | 291 | Chaffik Yassine      | OOSTDUINKERKE   | M   | 221   | 0:29:30 | 10,17 | 5:54    |
| 269 | 491 | Hebbelynck Bennie    | ZINGEM          | M   | 222   | 0:29:30 | 10,17 | 5:54    |
| 270 | 361 | Vandecaveye Francis  | POPERINGE       | M   | 223   | 0:29:31 | 10,16 | 5:54    |
| 271 | 530 | De Vos Tuur          | ZINGEM          | M   | 224   | 0:29:33 | 10,15 | 5:55    |
| 272 | 587 | Brousse Louise       | ANDERLUES       | V   | 48    | 0:29:34 | 10,15 | 5:55    |
| 273 | 755 | Descamps Jan Maarten | KESSEL LO       | M   | 225   | 0:29:34 | 10,15 | 5:55    |
| 274 | 521 | Pyliser Isabelle     | ZANDVOORDE      | V   | 49    | 0:29:36 | 10,14 | 5:55    |
| 275 | 585 | Vansteenbrugge Emiel | ZINGEM          | M   | 226   | 0:29:39 | 10,12 | 5:56    |
| 276 | 371 | Heylen Sonja         | KERSBEEK MISKOM | V   | 50    | 0:29:41 | 10,11 | 5:56    |
| 277 | 793 | Billiet Ann          | WINGENE         | V   | 51    | 0:29:47 | 10,07 | 5:57    |
| 278 | 493 | Haems Christel       | ZINGEM          | V   | 52    | 0:29:48 | 10,07 | 5:58    |
| 279 | 429 | Bonhomme Peter       | KOKSIJDE        | M   | 227   | 0:29:52 | 10,04 | 5:58    |
| 280 | 410 | Burton Martin        | KOKSIJDE        | M   | 228   | 0:29:52 | 10,04 | 5:58    |
| 281 | 784 | La Croix Seppe       | KOKSIJDE        | M   | 229   | 0:29:55 | 10,03 | 5:59    |
| 282 | 568 | Vandeputte Nele      | KORTRIJK        | V   | 53    | 0:29:56 | 10,02 | 5:59    |
| 283 | 747 | Martens Lut          | VEURNE          | V   | 54    | 0:29:56 | 10,02 | 5:59    |
| 284 | 481 | Terryn Danny         | TIELT           | M   | 230   | 0:29:56 | 10,02 | 5:59    |
| 285 | 527 | Van De Velde Babette | AARTRIJKE       | V   | 55    | 0:29:58 | 10,01 | 6:00    |
| 286 | 372 | Lambert Joey         | BORSBEEK        | M   | 231   | 0:29:59 | 10,01 | 6:00    |
| 287 | 478 | Samyn Paul           | BRUGGE          | M   | 232   | 0:30:00 | 10,00 | 6:00    |
| 288 | 389 | Hoskens Dirk         | ZWIJNDRECHT     | M   | 233   | 0:30:02 | 9,99  | 6:00    |
| 289 | 388 | Vanhove Yvan         | ST-NIKLAAS      | M   | 234   | 0:30:02 | 9,99  | 6:00    |
| 290 | 575 | Caurent Denys        | WORMHOUT        | M   | 235   | 0:30:06 | 9,97  | 6:01    |
| 291 | 551 | Deconinck Catharina  | ZWEVEGEM        | V   | 56    | 0:30:07 | 9,96  | 6:01    |
| 292 | 694 | Samyn Jeroen         | GYVERINVKHOVE   | M   | 236   | 0:30:18 | 9,90  | 6:04    |
| 293 | 442 | Lenon Gilles         | BOUSVAL         | M   | 237   | 0:30:19 | 9,90  | 6:04    |
| 294 | 517 | Lestriez Helene      | BERSEE          | V   | 57    | 0:30:22 | 9,88  | 6:04    |
| 295 | 449 | Pauwels Didier       | BRUSSEL         | M   | 238   | 0:30:25 | 9,86  | 6:05    |
| 296 | 785 | Lemaire Benoit       | KOKSIJDE        | M   | 239   | 0:30:25 | 9,86  | 6:05    |
| 297 | 392 | Slambrouck Tom       | KOKSIJDE        | M   | 240   | 0:30:26 | 9,86  | 6:05    |
| 298 | 641 | Lemahieu Lise        | KOKSIJDE        | V   | 58    | 0:30:31 | 9,83  | 6:06    |
| 299 | 355 | Vanlerberghe Sigrid  | KOKSIJDE        | V   | 59    | 0:30:31 | 9,83  | 6:06    |
| 300 | 252 | Vanduuren Frederik   | OOSTDUINKERKE   | M   | 241   | 0:30:31 | 9,83  | 6:06    |
| 301 | 756 | Debruyne Lieve       | KOKSIJDE        | V   | 60    | 0:30:36 | 9,80  | 6:07    |
| 302 | 757 | Chamon Ilse          | KOKSIJDE        | V   | 61    | 0:30:36 | 9,80  | 6:07    |
| 303 | 533 | Brackx Cindy         | BRUGGE          | V   | 62    | 0:30:37 | 9,80  | 6:07    |
| 304 | 557 | Verleye Patrick      | KOKSIJDE        | M   | 242   | 0:30:37 | 9,80  | 6:07    |
| 305 | 800 | Schaep Christiaan    | OOSTENDE        | M   | 243   | 0:30:37 | 9,80  | 6:07    |
| 306 | 653 | Biesbrouck Ruben     | KORTRIJK        | M   | 244   | 0:30:42 | 9,77  | 6:08    |
| 307 | 322 | Declerck Leen        | KOKSIJDE        | V   | 63    | 0:30:43 | 9,77  | 6:09    |
| 308 | 658 | Fabel Jonas          | DE PANNE        | M   | 245   | 0:30:44 | 9,76  | 6:09    |
| 309 | 554 | Geenens Mathilde     | AUBECHINES      | V   | 64    | 0:30:47 | 9,75  | 6:09    |
| 310 | 600 | Delaunoit Louise     | WIERS           | V   | 65    | 0:30:47 | 9,75  | 6:09    |
| 311 | 384 | Schaller Brigitte    | LAUSANNE        | V   | 66    | 0:30:51 | 9,72  | 6:10    |
| 312 | 715 | Roelens Arian        | WOESTEN         | V   | 67    | 0:30:54 | 9,71  | 6:11    |
| 313 | 668 | Feems Wendy          | MERELBEKE       | V   | 68    | 0:30:55 | 9,70  | 6:11    |
| 314 | 699 | Maenhout Ruth        | VEURNE          | V   | 69    | 0:30:55 | 9,70  | 6:11    |
| 315 | 341 | Vieren Ella          | DE PANNE        | V   | 70    | 0:30:55 | 9,70  | 6:11    |
| 316 | 592 | Vandenbulcke Iris    | DE PANNE        | V   | 71    | 0:30:55 | 9,70  | 6:11    |
| 317 | 402 | Lecomte Julie        | MOUSTIER        | V   | 72    | 0:30:56 | 9,70  | 6:11    |
| 318 | 795 | Verplancke Nick      | ZARREN          | M   | 246   | 0:30:56 | 9,70  | 6:11    |
| 319 | 801 | Oyaert Mieke         | KOKSIJDE        | V   | 73    | 0:30:59 | 9,68  | 6:12    |
| 320 | 505 | Heyse Martine        | PERUWELZ        | V   | 74    | 0:31:00 | 9,68  | 6:12    |
| 321 | 496 | Delhulle Stef        | BRUGGE          | M   | 247   | 0:31:02 | 9,67  | 6:12    |
| 322 | 339 | Proot Philips        | LAMPERNISSE     | M   | 248   | 0:31:03 | 9,66  | 6:13    |

| PL  | NR  | Naam                  | Woonplaats      | CAT | P/CAT | Tijd    | GEM  | KM-Tijd |
|-----|-----|-----------------------|-----------------|-----|-------|---------|------|---------|
| 323 | 365 | Provoost Jan          | GISTEL          | M   | 249   | 0:31:06 | 9,65 | 6:13    |
| 324 | 401 | Moulin Carole         | MOUSTIER        | V   | 75    | 0:31:09 | 9,63 | 6:14    |
| 325 | 691 | Minne Silke           | BOECHOUT        | V   | 76    | 0:31:09 | 9,63 | 6:14    |
| 326 | 465 | Ketels Jimmy          | COMINES         | M   | 250   | 0:31:13 | 9,61 | 6:15    |
| 327 | 526 | Vandenbroucke Tim     | ANTWERPEN       | M   | 251   | 0:31:14 | 9,61 | 6:15    |
| 328 | 502 | Persyn Julie          | VEURNE          | V   | 77    | 0:31:15 | 9,60 | 6:15    |
| 329 | 640 | Vanhoucke Eva         | KOKSIJDE        | V   | 78    | 0:31:16 | 9,59 | 6:15    |
| 330 | 692 | Demarcke Jorne        | NIEUWPOORT      | M   | 252   | 0:31:16 | 9,59 | 6:15    |
| 331 | 261 | Overecke Sofie        | OOSTDUINKERKE   | V   | 79    | 0:31:17 | 9,59 | 6:15    |
| 332 | 328 | Verlinden Dany        | KOKSIJDE        | M   | 253   | 0:31:17 | 9,59 | 6:15    |
| 333 | 467 | Van Wallegheem Geert  | PITTEM          | M   | 254   | 0:31:17 | 9,59 | 6:15    |
| 334 | 807 | De Bakker Dirk        | MERKSEM         | M   | 255   | 0:31:18 | 9,58 | 6:16    |
| 335 | 506 | Van Sande Hana        | VEURNE          | V   | 80    | 0:31:22 | 9,56 | 6:16    |
| 336 | 258 | Quartier Michiel      | IZEGEM          | M   | 256   | 0:31:23 | 9,56 | 6:17    |
| 337 | 720 | Clybouw Martine       | ICHTEGEM        | V   | 81    | 0:31:24 | 9,55 | 6:17    |
| 338 | 683 | Verstaete Martine     | IEPER           | V   | 82    | 0:31:28 | 9,53 | 6:18    |
| 339 | 681 | Dutry Dirk            | ZONNEBEKE       | M   | 257   | 0:31:29 | 9,53 | 6:18    |
| 340 | 595 | Desomer Nico          | DE PANNE        | M   | 258   | 0:31:32 | 9,51 | 6:18    |
| 341 | 348 | Deschacht Emmelie     | VEURNE          | V   | 83    | 0:31:33 | 9,51 | 6:19    |
| 342 | 350 | Bruneel Yvan          | VEURNE          | M   | 259   | 0:31:33 | 9,51 | 6:19    |
| 343 | 305 | Verhaeghe Pieter      | KOKSIJDE        | M   | 260   | 0:31:33 | 9,51 | 6:19    |
| 344 | 633 | Chys Brecht           | KOKSIJDE        | M   | 261   | 0:31:35 | 9,50 | 6:19    |
| 345 | 810 | Decru Marceau         | KOKSIJDE        | M   | 262   | 0:31:36 | 9,49 | 6:19    |
| 346 | 759 | Castelein Liselotte   | ADINKERKE       | V   | 84    | 0:31:38 | 9,48 | 6:20    |
| 347 | 760 | Lien D'hont           | DE PANNE        | M   | 263   | 0:31:38 | 9,48 | 6:20    |
| 348 | 334 | Salim Dalida          | DUNKERQUE       | V   | 85    | 0:31:44 | 9,45 | 6:21    |
| 349 | 255 | Van Kerckhoven Marie  | HOOGSTRATEN     | V   | 86    | 0:31:45 | 9,45 | 6:21    |
| 350 | 528 | Vandenbroucke Bart    | GISTEL          | M   | 264   | 0:31:45 | 9,45 | 6:21    |
| 351 | 570 | Jolie Seppe           | KORTENBERG      | M   | 265   | 0:31:46 | 9,44 | 6:21    |
| 352 | 690 | Minne Kris            | BOECHOUT        | M   | 266   | 0:31:47 | 9,44 | 6:21    |
| 353 | 262 | Vileyn Stephan        | OOSTDUINKERKE   | M   | 267   | 0:31:49 | 9,43 | 6:22    |
| 354 | 325 | Mortier Aline         | KOKSIJDE        | V   | 87    | 0:31:50 | 9,42 | 6:22    |
| 355 | 489 | Van Lier Stefan       | TREMELO         | M   | 268   | 0:31:51 | 9,42 | 6:22    |
| 356 | 295 | Vanhollebeke Inga     | KOKSIJDE        | V   | 88    | 0:31:52 | 9,41 | 6:22    |
| 357 | 391 | Broucke Marika        | KOKSIJDE        | V   | 89    | 0:31:52 | 9,41 | 6:22    |
| 358 | 660 | Boury Sandra          | VEURNE          | V   | 90    | 0:31:54 | 9,40 | 6:23    |
| 359 | 765 | Ogiers Astrid         | HEVERLEE        | V   | 91    | 0:31:57 | 9,39 | 6:23    |
| 360 | 377 | Dequidt Mathias       | HANDZAME        | M   | 269   | 0:31:57 | 9,39 | 6:23    |
| 361 | 745 | Bosset Gaeten         | GRAVELINES      | M   | 270   | 0:32:02 | 9,37 | 6:24    |
| 362 | 406 | Wendrickx Georges     | HULSHOUT        | M   | 271   | 0:32:03 | 9,36 | 6:25    |
| 363 | 447 | Knockaert Cedric      | HOLLEBEKE       | M   | 272   | 0:32:08 | 9,34 | 6:26    |
| 364 | 448 | Knockaert Franky      | HOLLEBEKE       | M   | 273   | 0:32:08 | 9,34 | 6:26    |
| 365 | 469 | Vandermersch Patricia | PITTEM          | V   | 92    | 0:32:11 | 9,32 | 6:26    |
| 366 | 260 | Vandecasteele Maaïke  | KOKSIJDE        | V   | 93    | 0:32:13 | 9,31 | 6:27    |
| 367 | 513 | Nuyts Patricia        | VORSELAAR       | V   | 94    | 0:32:15 | 9,30 | 6:27    |
| 368 | 367 | Knockaert Roger       | OOSTKAMP        | M   | 274   | 0:32:17 | 9,29 | 6:27    |
| 369 | 316 | Cambier Greta         | KOKSIJDE        | V   | 95    | 0:32:23 | 9,26 | 6:29    |
| 370 | 661 | Debonne Mathias       | LAUWE           | M   | 275   | 0:32:26 | 9,25 | 6:29    |
| 371 | 577 | Liennart Boris        | DUNKERQUE       | M   | 276   | 0:32:29 | 9,24 | 6:30    |
| 372 | 574 | Vergult Sarah         | DUNKERKE        | V   | 96    | 0:32:30 | 9,23 | 6:30    |
| 373 | 346 | Verdonck Michele      | KOKSIJDE        | V   | 97    | 0:32:30 | 9,23 | 6:30    |
| 374 | 323 | Watthy Sandrien       | NIEUWPOORT      | V   | 98    | 0:32:31 | 9,23 | 6:30    |
| 375 | 541 | Verbrugge Noel        | NIEUWPOORT      | M   | 277   | 0:32:31 | 9,23 | 6:30    |
| 376 | 483 | Lensen Robbie         | ALSEMBERG       | M   | 278   | 0:32:32 | 9,22 | 6:30    |
| 377 | 358 | Joye Pauline          | KOKSIJDE        | V   | 99    | 0:32:33 | 9,22 | 6:31    |
| 378 | 380 | Gasia Jonathan        | JETTE           | M   | 279   | 0:32:33 | 9,22 | 6:31    |
| 379 | 424 | De Clercq Jef         | LOKEREN         | M   | 280   | 0:32:37 | 9,20 | 6:31    |
| 380 | 635 | Deltomme Berre        | VEURNE          | M   | 281   | 0:32:45 | 9,16 | 6:33    |
| 381 | 471 | De Winter Filip       | KOKSIJDE        | M   | 282   | 0:32:46 | 9,16 | 6:33    |
| 382 | 396 | Lenain Nina           | BRAINE-L ALLEUD | V   | 100   | 0:32:55 | 9,11 | 6:35    |
| 383 | 748 | Catteeu Nele          | VEURNE          | V   | 101   | 0:32:56 | 9,11 | 6:35    |
| 384 | 340 | Ghyselen Sarah        | KOKSIJDE        | V   | 102   | 0:32:57 | 9,10 | 6:35    |
| 385 | 405 | Wendrickx Natalie     | HULSHOUT        | V   | 103   | 0:33:00 | 9,09 | 6:36    |
| 386 | 591 | Monteyne Manon        | ALVERINGEM      | V   | 104   | 0:33:12 | 9,04 | 6:38    |
| 387 | 594 | Reralle Hugo          | PONTILLAS       | M   | 283   | 0:33:12 | 9,04 | 6:38    |

| PL  | NR  | Naam                   | Woonplaats           | CAT | P/CAT | Tijd    | GEM  | KM-Tijd |
|-----|-----|------------------------|----------------------|-----|-------|---------|------|---------|
| 388 | 436 | Kerkhove Kathleen      | WAREGEM              | V   | 105   | 0:33:15 | 9,02 | 6:39    |
| 389 | 309 | De Coene Michel        | KOKSIJDE             | M   | 284   | 0:33:16 | 9,02 | 6:39    |
| 390 | 593 | Remacle Jasmine        | BIERWART             | V   | 106   | 0:33:18 | 9,01 | 6:40    |
| 391 | 607 | Vulsteke Martine       | POPERINGE            | V   | 107   | 0:33:22 | 8,99 | 6:40    |
| 392 | 504 | Raport Linde           | GENT                 | V   | 108   | 0:33:22 | 8,99 | 6:40    |
| 393 | 646 | Pauwels Nathalie       | TIENEN               | V   | 109   | 0:33:27 | 8,97 | 6:41    |
| 394 | 300 | Windels Jill           | DIKSMUIDE            | V   | 110   | 0:33:28 | 8,96 | 6:42    |
| 395 | 536 | Geldof Sara            | DIKSMUIDE            | V   | 111   | 0:33:28 | 8,96 | 6:42    |
| 396 | 677 | Ocquet Sandrina        | VEURNE               | V   | 112   | 0:33:28 | 8,96 | 6:42    |
| 397 | 678 | Depoorter Kelly        | LEISELE              | V   | 113   | 0:33:28 | 8,96 | 6:42    |
| 398 | 427 | Bamelis Alexander      | DRONGEN              | M   | 285   | 0:33:28 | 8,96 | 6:42    |
| 399 | 428 | Torfs Lien             | NOORDERWIJK          | V   | 114   | 0:33:29 | 8,96 | 6:42    |
| 400 | 545 | Servais Nathalie       | MOUSTIER             | V   | 115   | 0:33:29 | 8,96 | 6:42    |
| 401 | 538 | Geldof Frans           | DIKSMUIDE            | M   | 286   | 0:33:29 | 8,96 | 6:42    |
| 402 | 546 | Delaunoit Cyril        | MOUSTIEN             | M   | 287   | 0:33:29 | 8,96 | 6:42    |
| 403 | 302 | Decoene Martine        | DIKSMUIDE            | V   | 116   | 0:33:30 | 8,96 | 6:42    |
| 404 | 701 | Depoorter Griet        | IEPER                | V   | 117   | 0:33:30 | 8,96 | 6:42    |
| 405 | 495 | Van Geluwe Harald      | WAKKEN               | M   | 288   | 0:33:30 | 8,96 | 6:42    |
| 406 | 458 | De Backer Rob          | ROOSDAAL             | M   | 289   | 0:33:33 | 8,94 | 6:43    |
| 407 | 796 | Van Haute Myriam       | NIEUWPOORT           | V   | 118   | 0:33:39 | 8,92 | 6:44    |
| 408 | 704 | Stubbe Anne            | ZEVERGEM             | V   | 119   | 0:33:42 | 8,90 | 6:44    |
| 409 | 642 | Vanderbeke Dirk        | HOEILAART            | M   | 290   | 0:33:43 | 8,90 | 6:45    |
| 410 | 459 | De Backer Omer         | ROOSDAAL             | M   | 291   | 0:33:43 | 8,90 | 6:45    |
| 411 | 774 | Cuvelier Kathy         | DE PANNE             | V   | 120   | 0:33:44 | 8,89 | 6:45    |
| 412 | 480 | Terryn Hannes          | TIELT                | M   | 292   | 0:33:45 | 8,89 | 6:45    |
| 413 | 479 | Terryn Ellen           | TIELT                | V   | 121   | 0:33:52 | 8,86 | 6:46    |
| 414 | 352 | Chys Patrik            | KOKSIJDE             | M   | 293   | 0:33:53 | 8,85 | 6:47    |
| 415 | 664 | Vanverdeghe Jozef      | KORTRIJK             | M   | 294   | 0:33:54 | 8,85 | 6:47    |
| 416 | 487 | Verboven Lieve         | LUBBEEK              | V   | 122   | 0:33:55 | 8,85 | 6:47    |
| 417 | 353 | Trypsteen Eric         | DE PANNE             | M   | 295   | 0:33:55 | 8,85 | 6:47    |
| 418 | 547 | Vandaele Linda         | NIEUWKAPELLE         | V   | 123   | 0:33:59 | 8,83 | 6:48    |
| 419 | 733 | De Meerleer Wim        | WAASMUNSTER          | M   | 296   | 0:34:02 | 8,81 | 6:48    |
| 420 | 552 | Deconinck Charlotte    | ZWEVEGEM             | V   | 124   | 0:34:04 | 8,81 | 6:49    |
| 421 | 654 | Biesbrouck Alien       | ZILLEBEKE            | V   | 125   | 0:34:05 | 8,80 | 6:49    |
| 422 | 267 | Deblauwe Wendy         | KOEKELARE            | V   | 126   | 0:34:07 | 8,79 | 6:49    |
| 423 | 717 | Vandenbroucke Manu     | BEVEREN AAN DE IJZER | M   | 297   | 0:34:07 | 8,79 | 6:49    |
| 424 | 257 | De Prins Pierre        | KOKSIJDE             | M   | 298   | 0:34:08 | 8,79 | 6:50    |
| 425 | 743 | Le Falher Coralie      | DUINKERKE            | V   | 127   | 0:34:11 | 8,78 | 6:50    |
| 426 | 716 | Denys Inneke           | POPERINGE            | V   | 128   | 0:34:15 | 8,76 | 6:51    |
| 427 | 331 | Ameloot Marjan         | KOKSIJDE             | V   | 129   | 0:34:18 | 8,75 | 6:52    |
| 428 | 569 | Schurmans An           | HOEGAARDEN           | V   | 130   | 0:34:25 | 8,72 | 6:53    |
| 429 | 723 | Vanoverberghe Lieselot | KOKSIJDE             | V   | 131   | 0:34:29 | 8,70 | 6:54    |
| 430 | 320 | Bouckaert Helene       | OOSTDUINKERKE        | V   | 132   | 0:34:30 | 8,70 | 6:54    |
| 431 | 488 | Vaeyens Kris           | WILSELE              | V   | 133   | 0:34:34 | 8,68 | 6:55    |
| 432 | 621 | Vandenbroucke Hanne    | LICHTERVELDE         | V   | 134   | 0:34:39 | 8,66 | 6:56    |
| 433 | 620 | Vandenbroucke Machteld | WINGENE              | V   | 135   | 0:34:39 | 8,66 | 6:56    |
| 434 | 619 | Vanlaere Els           | WINGENE              | V   | 136   | 0:34:39 | 8,66 | 6:56    |
| 435 | 622 | Vandenbroucke Ronny    | OEKENE               | M   | 299   | 0:34:39 | 8,66 | 6:56    |
| 436 | 618 | Vandenbroucke Danny    | WINGENE              | M   | 300   | 0:34:40 | 8,65 | 6:56    |
| 437 | 783 | La Croix Lelia         | VEURNE               | M   | 301   | 0:34:40 | 8,65 | 6:56    |
| 438 | 657 | Hossey Marion          | BRUSSEL              | V   | 137   | 0:34:43 | 8,64 | 6:57    |
| 439 | 368 | Delicque Magali        | KOKSIJDE             | V   | 138   | 0:34:44 | 8,64 | 6:57    |
| 440 | 738 | Rolly Eline            | NIEUWPOORT           | V   | 139   | 0:34:47 | 8,62 | 6:57    |
| 441 | 739 | Goethals Wim           | EERNEGEM             | M   | 302   | 0:34:48 | 8,62 | 6:58    |
| 442 | 354 | Decat Lieven           | KOKSIJDE             | M   | 303   | 0:34:49 | 8,62 | 6:58    |
| 443 | 475 | Tokuroglu Shana        | BRUSSEL              | V   | 140   | 0:34:50 | 8,61 | 6:58    |
| 444 | 304 | Theunynck Kasper       | NIEUWPOORT           | M   | 304   | 0:34:50 | 8,61 | 6:58    |
| 445 | 602 | Vanparys Marijke       | KNOKKE               | V   | 141   | 0:34:53 | 8,60 | 6:59    |
| 446 | 761 | Jodts Inge             | DE PANNE             | V   | 142   | 0:34:53 | 8,60 | 6:59    |
| 447 | 686 | De Baets Anne-Sophie   | KOKSIJDE             | V   | 143   | 0:34:54 | 8,60 | 6:59    |
| 448 | 338 | Desmet Jan             | KOKSIJDE             | M   | 305   | 0:34:56 | 8,59 | 6:59    |
| 449 | 605 | Dewitte Lara           | KOKSIJDE             | V   | 144   | 0:35:00 | 8,57 | 7:00    |
| 450 | 349 | Wouters Susie          | BULSKAMP             | V   | 145   | 0:35:08 | 8,54 | 7:02    |
| 451 | 780 | Debaenst Debra         | HOOGSTADE            | V   | 146   | 0:35:09 | 8,53 | 7:02    |
| 452 | 303 | Vandenberghe Tanja     | NIEUWPOORT           | V   | 147   | 0:35:10 | 8,53 | 7:02    |

| PL  | NR  | Naam                   | Woonplaats          | CAT | P/CAT | Tijd    | GEM  | KM-Tijd |
|-----|-----|------------------------|---------------------|-----|-------|---------|------|---------|
| 453 | 608 | Vervaeke Frisien       | KOKSIJDE            | V   | 148   | 0:35:11 | 8,53 | 7:02    |
| 454 | 688 | Desaever Sien          | KOKSIJDE            | V   | 149   | 0:35:11 | 8,53 | 7:02    |
| 455 | 609 | Swertvaegher Charlotte | KOKSIJDE            | V   | 150   | 0:35:12 | 8,52 | 7:02    |
| 456 | 443 | Vandaele Henriette     | POPERINGE           | V   | 151   | 0:35:12 | 8,52 | 7:02    |
| 457 | 542 | Wallecan Evelyn        | ZWEVEZELE           | V   | 152   | 0:35:14 | 8,51 | 7:03    |
| 458 | 543 | Wallecan Brigit        | WINGENE-ZWEVEZELE   | V   | 153   | 0:35:15 | 8,51 | 7:03    |
| 459 | 662 | Boudart Marie          | SIRAULT             | V   | 154   | 0:35:18 | 8,50 | 7:04    |
| 460 | 629 | Dewilde Petra          | KOKSIJDE            | V   | 155   | 0:35:20 | 8,49 | 7:04    |
| 461 | 507 | Depaepe Fernand        | VEURNE              | M   | 306   | 0:35:20 | 8,49 | 7:04    |
| 462 | 296 | Bouveroux Xavier       | KOKSIJDE            | M   | 307   | 0:35:24 | 8,47 | 7:05    |
| 463 | 744 | Bosset Philippe        | GRAVELINES          | M   | 308   | 0:35:32 | 8,44 | 7:06    |
| 464 | 373 | Lenaerts Yuna          | BRASSCHAAT          | V   | 156   | 0:35:34 | 8,43 | 7:07    |
| 465 | 494 | Coussens Kim           | ANZEGEM             | V   | 157   | 0:35:36 | 8,43 | 7:07    |
| 466 | 709 | Cornille Lara          | KOKSIJDE            | V   | 158   | 0:35:39 | 8,42 | 7:08    |
| 467 | 634 | Caesteker Jana         | VEURNE              | V   | 159   | 0:35:42 | 8,40 | 7:08    |
| 468 | 357 | Debel Sophie           | ANZEGEM             | V   | 160   | 0:35:42 | 8,40 | 7:08    |
| 469 | 497 | Van De Velde Aniek     | WAKKEN              | V   | 161   | 0:35:44 | 8,40 | 7:09    |
| 470 | 724 | Ballyn Aagje           | VEURNE              | V   | 162   | 0:35:45 | 8,39 | 7:09    |
| 471 | 725 | Dolphen Jens           | PERVIJZE            | M   | 309   | 0:35:46 | 8,39 | 7:09    |
| 472 | 414 | Seutin Annelies        | KOKSIJDE            | V   | 163   | 0:35:47 | 8,38 | 7:09    |
| 473 | 579 | Leportier Anne-Marie   | PARIS               | V   | 164   | 0:35:49 | 8,38 | 7:10    |
| 474 | 578 | Da Silva Alexandra     | PARIS               | V   | 165   | 0:35:49 | 8,38 | 7:10    |
| 475 | 731 | Vanwallegem Vincent    | KOKSIJDE            | M   | 310   | 0:35:49 | 8,38 | 7:10    |
| 476 | 520 | Said Abdel             | BRUSSEL             | M   | 311   | 0:35:50 | 8,37 | 7:10    |
| 477 | 722 | Van Der Pol Suzanne    | WK ROSMALEN         | V   | 166   | 0:35:55 | 8,35 | 7:11    |
| 478 | 413 | Van Den Dries Lenne    | MUIZEN              | V   | 167   | 0:35:57 | 8,34 | 7:11    |
| 479 | 412 | Van Den Dries Geert    | MUIZEN              | M   | 312   | 0:35:58 | 8,34 | 7:12    |
| 480 | 789 | Vervaecke Katy         | DE PANNE            | V   | 168   | 0:36:07 | 8,31 | 7:13    |
| 481 | 718 | Bienvenu Ariane        | OUPEYE              | V   | 169   | 0:36:12 | 8,29 | 7:14    |
| 482 | 714 | Cornille Carmen        | VEURNE              | V   | 170   | 0:36:13 | 8,28 | 7:15    |
| 483 | 684 | Everaert Ellen         | ASSE                | V   | 171   | 0:36:15 | 8,28 | 7:15    |
| 484 | 685 | Van Den Broeck Stijn   | ASSE                | M   | 313   | 0:36:15 | 8,28 | 7:15    |
| 485 | 713 | Huyghe Hanne           | VEURNE              | V   | 172   | 0:36:16 | 8,27 | 7:15    |
| 486 | 433 | Salomez Heidi          | WERVIK              | V   | 173   | 0:36:16 | 8,27 | 7:15    |
| 487 | 470 | Tops Corry             | HEULTJE-WESTERLO    | V   | 174   | 0:36:17 | 8,27 | 7:15    |
| 488 | 294 | Lanssens Thijs         | HASSELT             | M   | 314   | 0:36:17 | 8,27 | 7:15    |
| 489 | 679 | Ameloot Kim            | VEURNE              | V   | 175   | 0:36:19 | 8,26 | 7:16    |
| 490 | 540 | Grardel Marine         | COUDEKERQUE BRANCHE | V   | 176   | 0:36:20 | 8,26 | 7:16    |
| 491 | 335 | Decorte Lies           | NIEUWPOORT          | V   | 177   | 0:36:22 | 8,25 | 7:16    |
| 492 | 263 | De Jonghe Erwin        | KOKSIJDE            | M   | 315   | 0:36:48 | 8,15 | 7:22    |
| 493 | 749 | Vranken Viviane        | DE PANNE            | V   | 178   | 0:36:52 | 8,14 | 7:22    |
| 494 | 431 | Acke Sofie             | RUMST               | V   | 179   | 0:37:00 | 8,11 | 7:24    |
| 495 | 514 | Verboven Sascha        | VORSELAAR           | M   | 316   | 0:37:04 | 8,09 | 7:25    |
| 496 | 794 | Paternoster Sandy      | GISTEL              | V   | 180   | 0:37:07 | 8,08 | 7:25    |
| 497 | 432 | Vanheule Jeannine      | WERVIK              | V   | 181   | 0:37:09 | 8,08 | 7:26    |
| 498 | 736 | Sas Lies               | BERLAAR             | V   | 182   | 0:37:10 | 8,07 | 7:26    |
| 499 | 750 | Behaeghel Kristien     | ADINKERKE           | V   | 183   | 0:37:11 | 8,07 | 7:26    |
| 500 | 441 | Shaut Frederic         | LOVENDEGEM          | M   | 317   | 0:37:12 | 8,06 | 7:26    |
| 501 | 455 | De Bock John           | ZOTTEGEM            | M   | 318   | 0:37:12 | 8,06 | 7:26    |
| 502 | 321 | T'joen Ivan            | DIEST               | M   | 319   | 0:37:12 | 8,06 | 7:26    |
| 503 | 702 | Degroote Kathleen      | VEURNE              | V   | 184   | 0:37:13 | 8,06 | 7:27    |
| 504 | 485 | De Rechter Jennifer    | KOKSIJDE            | V   | 185   | 0:37:13 | 8,06 | 7:27    |
| 505 | 615 | Becquet Laurence       | LE ROEULX           | V   | 186   | 0:37:20 | 8,04 | 7:28    |
| 506 | 310 | De Neve Patricia       | OOSTDUINKERKE       | V   | 187   | 0:37:28 | 8,01 | 7:30    |
| 507 | 312 | Demunck Monique        | OOSTDUINKERKE       | V   | 188   | 0:37:31 | 8,00 | 7:30    |
| 508 | 408 | Burton Jaquelyn        | KOKSIJDE            | V   | 189   | 0:37:35 | 7,98 | 7:31    |
| 509 | 337 | Medaer Martine         | OOSTDUINKERKE       | V   | 190   | 0:37:40 | 7,96 | 7:32    |
| 510 | 381 | Levecque Jolein        | KOKSIJDE            | V   | 191   | 0:37:40 | 7,96 | 7:32    |
| 511 | 330 | Jambon Lieve           | KOKSIJDE            | V   | 192   | 0:37:42 | 7,96 | 7:32    |
| 512 | 630 | Montaine Kensy         | ALVERINGEM          | V   | 193   | 0:37:46 | 7,94 | 7:33    |
| 513 | 735 | Wegner Nandi           | EKEREN              | V   | 194   | 0:38:02 | 7,89 | 7:36    |
| 514 | 781 | Bartholomeus Nancy     | NIEUWPOORT          | V   | 195   | 0:38:05 | 7,88 | 7:37    |
| 515 | 710 | Dupuis Gaele           | KOKSIJDE            | V   | 196   | 0:38:06 | 7,87 | 7:37    |
| 516 | 439 | Laureys Marianne       | HARELBEKE           | V   | 197   | 0:38:10 | 7,86 | 7:38    |
| 517 | 440 | Lauwers Veerle         | KOKSIJDE            | V   | 198   | 0:38:11 | 7,86 | 7:38    |

| PL  | NR   | Naam                    | Woonplaats        | CAT | P/CAT | Tijd    | GEM  | KM-Tijd |
|-----|------|-------------------------|-------------------|-----|-------|---------|------|---------|
| 518 | 315  | Legein Ann              | OOSTDUINKERKE     | V   | 199   | 0:38:14 | 7,85 | 7:39    |
| 519 | 293  | Vanderhaeghe Hanne      | LICHTERVELDE      | V   | 200   | 0:38:17 | 7,84 | 7:39    |
| 520 | 434  | Hollants-Van Loocke Tom | KOKSIJDE          | M   | 320   | 0:38:20 | 7,83 | 7:40    |
| 521 | 782  | De Coster Tamara        | KOKSIJDE          | V   | 201   | 0:38:25 | 7,81 | 7:41    |
| 522 | 360  |                         |                   | M   | 321   | 0:38:27 | 7,80 | 7:41    |
| 523 | 700  | Renmans Janne           | KEERBERGEN        | V   | 202   | 0:39:01 | 7,69 | 7:48    |
| 524 | 363  | Taecke Margot           | DE PANNE          | V   | 203   | 0:39:06 | 7,67 | 7:49    |
| 525 | 778  | Lebrun Sharon           | KOKSIJDE          | V   | 204   | 0:39:13 | 7,65 | 7:51    |
| 526 | 779  | Durivault Glenn         | KOKSIJDE          | M   | 322   | 0:39:13 | 7,65 | 7:51    |
| 527 | 672  | Van Dongen Rachel       | VEURNE            | V   | 205   | 0:39:15 | 7,64 | 7:51    |
| 528 | 671  | Madou Brigitte          | DE PANNE          | V   | 206   | 0:39:15 | 7,64 | 7:51    |
| 529 | 804  | Degrieck Manon          | KOKSIJDE          | V   | 207   | 0:39:21 | 7,62 | 7:52    |
| 530 | 805  | Nowe Natascha           | KOKSIJDE          | V   | 208   | 0:39:21 | 7,62 | 7:52    |
| 531 | 409  | Burton Denis            | KOKSIJDE          | M   | 323   | 0:39:29 | 7,60 | 7:54    |
| 532 | 472  | Audrit Stephanie        | LIEGE             | V   | 209   | 0:39:30 | 7,59 | 7:54    |
| 533 | 318  | Verhue Louise           | DE PANNE          | V   | 210   | 0:39:36 | 7,58 | 7:55    |
| 534 | 319  | Cooleman Zoe            | KOKSIJDE          | V   | 211   | 0:39:37 | 7,57 | 7:55    |
| 535 | 342  | Moerman Robine          | VEURNE            | V   | 212   | 0:39:37 | 7,57 | 7:55    |
| 536 | 454  | Seghers Rita            | ZOTTEGEM          | V   | 213   | 0:39:55 | 7,52 | 7:59    |
| 537 | 762  | Robience Perrine        | wiers             | V   | 214   | 0:39:57 | 7,51 | 7:59    |
| 538 | 484  | De Vos Eveline          | DENDERMONDE       | V   | 215   | 0:40:05 | 7,48 | 8:01    |
| 539 | 628  | Vannuffel Martine       | STERREBEEK        | V   | 216   | 0:40:26 | 7,42 | 8:05    |
| 540 | 501  | Del Savio Jacqueline    | KOKSIJDE          | V   | 217   | 0:40:30 | 7,41 | 8:06    |
| 541 | 769  | Depoortere Elke         | KORTRIJK          | V   | 218   | 0:40:34 | 7,40 | 8:07    |
| 542 | 611  | Bailleul Ilse           | VEURNE            | V   | 219   | 0:40:36 | 7,39 | 8:07    |
| 543 | 670  | Destrycker Lynn         | ST-PIETERS-LEEUEW | V   | 220   | 0:40:37 | 7,39 | 8:07    |
| 544 | 522  | Debaenst Rita           | VEURNE            | V   | 221   | 0:40:37 | 7,39 | 8:07    |
| 545 | 523  | Rabaey Caroline         | ADINKERKE         | V   | 222   | 0:40:37 | 7,39 | 8:07    |
| 546 | 777  | Degrijse Dido           | NIEUWPOORT        | V   | 223   | 0:40:46 | 7,36 | 8:09    |
| 547 | 798  | Kerstens Kathleen       | KOKSIJDE          | V   | 224   | 0:40:49 | 7,35 | 8:10    |
| 548 | 298  | Lucidarme John          | VEURNE            | M   | 324   | 0:41:11 | 7,28 | 8:14    |
| 549 | 299  | Prat Anke               | KOKSIJDE          | V   | 225   | 0:41:18 | 7,26 | 8:16    |
| 550 | 599  | Vercoutter Tine         | VEURNE            | V   | 226   | 0:41:25 | 7,24 | 8:17    |
| 551 | 598  | Vercoutter Nele         | KOKSIJDE          | V   | 227   | 0:41:43 | 7,19 | 8:21    |
| 552 | 1447 | Pattyn Dominique        | KOKSIJDE          | V   | 228   | 0:41:44 | 7,19 | 8:21    |
| 553 | 797  | George Paule            | KOKSIJDE          | V   | 229   | 0:42:17 | 7,09 | 8:27    |
| 554 | 799  | Brouckaert Caroline     | KOKSIJDE          | V   | 230   | 0:42:21 | 7,08 | 8:28    |
| 555 | 437  | Michiels Nancy          | BELLEN            | V   | 231   | 0:42:22 | 7,08 | 8:28    |
| 556 | 461  | Blondeau Marie-Therese  | ESTAIREs          | V   | 232   | 0:42:45 | 7,02 | 8:33    |
| 557 | 266  | Deblauwe Nancy          | TORHOUT           | V   | 233   | 0:43:48 | 6,85 | 8:46    |
| 558 | 766  | Wilbert Isabelle        | SERQUS            | V   | 234   | 0:44:59 | 6,67 | 9:00    |
| 559 | 297  | Bosmans Sandra          | NIEUWPOORT        | V   | 235   | 0:47:00 | 6,38 | 9:24    |
| 560 | 301  | Pauwels Ben             | NIEUWPOORT        | M   | 325   | 0:47:00 | 6,38 | 9:24    |
| 561 | 366  | Blonde Coralie          | KOKSIJDE          | V   | 236   | 0:47:39 | 6,30 | 9:32    |
| 562 | 411  | Mason Irene             | KOKSIJDE          | V   | 237   | 0:48:02 | 6,25 | 9:36    |
| 563 | 695  | De Groot Sofie          | BONHEIDEN         | V   | 238   | 1:06:19 | 4,52 | 13:16   |

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| PL | NR   | Naam                     | Woonplaats            | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|----|------|--------------------------|-----------------------|-----|-------|---------|-------|---------|
| 1  | 1290 | Van Steenbrugge Francies | OUDENAARDE            | M   | 1     | 0:34:31 | 17,38 | 3:27    |
| 2  | 1300 | Moerman Karel            | DIKSMUIDE             | M   | 2     | 0:34:55 | 17,18 | 3:30    |
| 3  | 1287 | Stieperaere Davy         | WEVELGEM              | M   | 3     | 0:35:07 | 17,09 | 3:31    |
| 4  | 1442 | Devliegheer Arne         | DE PANNE              | M   | 4     | 0:36:27 | 16,46 | 3:39    |
| 5  | 1372 | Stockmans Tim            | MIDDELKERKE           | M   | 5     | 0:36:34 | 16,41 | 3:39    |
| 6  | 1207 | Brysbaert Kevin          | WESTVLETERN           | M   | 6     | 0:36:38 | 16,38 | 3:40    |
| 7  | 1389 | Moeyaert Joris           | LANGEMARK             | M   | 7     | 0:36:42 | 16,35 | 3:40    |
| 8  | 1160 | Bordet Dominique         | EECKE                 | M   | 8     | 0:36:48 | 16,31 | 3:41    |
| 9  | 1268 | Verbeke Dominique        | BREDENE               | M   | 9     | 0:36:52 | 16,27 | 3:41    |
| 10 | 1140 | Alleman Dominique        | LANGEMARK             | M   | 10    | 0:36:58 | 16,23 | 3:42    |
| 11 | 1159 | Broucke Steven           | DIKSMUIDE             | M   | 11    | 0:37:18 | 16,09 | 3:44    |
| 12 | 1148 | Geerts Alain             | IMPE                  | M   | 12    | 0:38:01 | 15,78 | 3:48    |
| 13 | 1224 | Vandenabeele David       | POPERINGE             | M   | 13    | 0:38:06 | 15,75 | 3:49    |
| 14 | 1102 | Colmant Midol Sebastien  | HARCHIES              | M   | 14    | 0:38:26 | 15,61 | 3:51    |
| 15 | 1098 | Sinivassin Jean Hugues   | DUNKERQUE             | M   | 15    | 0:38:51 | 15,45 | 3:53    |
| 16 | 1104 | Lagast Davy              | BLANKENBERGE          | M   | 16    | 0:39:02 | 15,37 | 3:54    |
| 17 | 1141 | Willemyns Tom            | LANGEMARK-POELKAPELLE | M   | 17    | 0:39:06 | 15,35 | 3:55    |
| 18 | 1234 | Baes Kristof             | POPERINGE             | M   | 18    | 0:39:09 | 15,33 | 3:55    |
| 19 | 1188 | Blomme Chris             | BRUGGE                | M   | 19    | 0:39:17 | 15,27 | 3:56    |
| 20 | 1266 | Jolie Stan               | KORTENBERG            | M   | 20    | 0:39:18 | 15,27 | 3:56    |
| 21 | 1316 | Parein Filiep            | GELUWE                | M   | 21    | 0:39:24 | 15,23 | 3:56    |
| 22 | 1192 | Ghekiere Jonas           | ZANDVOORDE            | M   | 22    | 0:39:27 | 15,21 | 3:57    |
| 23 | 1096 | Ghilain Olivier          | WEZEMBEEK-OPPEM       | M   | 23    | 0:39:54 | 15,04 | 3:59    |
| 24 | 1315 | Kerkhof Stefaan          | KORTEMARK             | M   | 24    | 0:40:00 | 15,00 | 4:00    |
| 25 | 1211 | Colle Dieter             | OOIGEM                | M   | 25    | 0:40:00 | 15,00 | 4:00    |
| 26 | 1441 | Van Nevel Angelo         | BRUGGE                | M   | 26    | 0:40:02 | 14,99 | 4:00    |
| 27 | 1366 | Pollentier Bjorn         | VEURNE                | M   | 27    | 0:40:06 | 14,96 | 4:01    |
| 28 | 1308 | Deramoudt Johan          | LOMBARDSIJDE          | M   | 28    | 0:40:18 | 14,89 | 4:02    |
| 29 | 1312 | Danneels Anne-Mie        | KNOKKE-HEIST          | V   | 1     | 0:40:30 | 14,81 | 4:03    |
| 30 | 1387 | Moortgat Godfried        | WIJTSCHATE            | M   | 29    | 0:40:33 | 14,80 | 4:03    |
| 31 | 1365 | Deslee Matthias          | WEVELGEM              | M   | 30    | 0:40:41 | 14,75 | 4:04    |
| 32 | 1162 | Guns Benny               | SINT AGATHA RODE      | M   | 31    | 0:40:44 | 14,73 | 4:04    |
| 33 | 1125 | De Blander Stijn         | HAALTERT              | M   | 32    | 0:40:44 | 14,73 | 4:04    |
| 34 | 1381 | Decrock Koenraad         | TEMSE                 | M   | 33    | 0:40:49 | 14,70 | 4:05    |
| 35 | 1091 | Rondelee Filip           | BRUGGE                | M   | 34    | 0:40:55 | 14,66 | 4:06    |
| 36 | 1156 | Royaert Geert            | TIELT                 | M   | 35    | 0:40:59 | 14,64 | 4:06    |
| 37 | 1244 | Verkruysse Geert         | WATOU                 | M   | 36    | 0:41:09 | 14,58 | 4:07    |
| 38 | 1189 | Puystjens Gino           | LOMBARDSIJDE          | M   | 37    | 0:41:16 | 14,54 | 4:08    |
| 39 | 1295 | Decorte Tom              | 8600                  | M   | 38    | 0:41:19 | 14,52 | 4:08    |
| 40 | 1015 | Lagrou Daan              | KOKSIJDE              | M   | 39    | 0:41:26 | 14,48 | 4:09    |
| 41 | 1168 | Engels Kenny             | ZINGEM                | M   | 40    | 0:41:28 | 14,47 | 4:09    |
| 42 | 1439 | Deruwez Filip            | WOESTEN               | M   | 41    | 0:41:31 | 14,45 | 4:09    |
| 43 | 1167 | Loosvelt Philippe        | WENDUINE              | M   | 42    | 0:41:43 | 14,39 | 4:10    |
| 44 | 1291 | Denys Patrick            | HOUTHULST             | M   | 43    | 0:41:48 | 14,36 | 4:11    |
| 45 | 1416 | Outtier Laurens          | VEURNE                | M   | 44    | 0:41:59 | 14,29 | 4:12    |
| 46 | 1130 | Van Bruwaene Rudi        | TIELT                 | M   | 45    | 0:42:07 | 14,25 | 4:13    |
| 47 | 1213 | Jerissen Johnny          | RIEMST                | M   | 46    | 0:42:11 | 14,22 | 4:13    |
| 48 | 1134 | Haezebrouck Fabian       | HOUTHULST             | M   | 47    | 0:42:14 | 14,21 | 4:13    |
| 49 | 1446 | Dewulf Dirk              | BRUGGE                | M   | 48    | 0:42:21 | 14,17 | 4:14    |
| 50 | 1101 | Verschaeve Bart          | PITTEM                | M   | 49    | 0:42:24 | 14,15 | 4:14    |
| 51 | 1021 | D'hondt Eddy             | MELSELE               | M   | 50    | 0:42:27 | 14,13 | 4:15    |
| 52 | 1285 | Verlinde Marnik          | RUMBEKE               | M   | 51    | 0:42:32 | 14,11 | 4:15    |
| 53 | 1128 | Vandenbussche Steven     | VLAMERTINGE           | M   | 52    | 0:42:35 | 14,09 | 4:15    |
| 54 | 1103 | Van Houcke Bart          | WAREGEM               | M   | 53    | 0:42:36 | 14,08 | 4:16    |
| 55 | 1247 | Decoene Henk             | POPERINGE             | M   | 54    | 0:42:40 | 14,06 | 4:16    |

| PL  | NR   | Naam                  | Woonplaats         | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|-----|------|-----------------------|--------------------|-----|-------|---------|-------|---------|
| 56  | 1214 | Crevits Arne          | VEURNE             | M   | 55    | 0:42:48 | 14,02 | 4:17    |
| 57  | 1256 | Deleersnijder Patrick | KOKSIJDE           | M   | 56    | 0:42:48 | 14,02 | 4:17    |
| 58  | 1289 | Deruddere Lies        | WEVELGEM           | V   | 2     | 0:42:49 | 14,01 | 4:17    |
| 59  | 1288 | Deruddere Geert       | WEVELGEM           | M   | 57    | 0:42:50 | 14,01 | 4:17    |
| 60  | 1073 | Broucke Ivo           | KOKSIJDE           | M   | 58    | 0:42:56 | 13,97 | 4:18    |
| 61  | 1307 | Vanpqrrys Joseph      | RAMSKAPELLE        | M   | 59    | 0:42:56 | 13,97 | 4:18    |
| 62  | 1151 | Delerue Patrik        | BEVEREN            | M   | 60    | 0:42:58 | 13,97 | 4:18    |
| 63  | 1273 | Guillemyn Bart        | SCHUIFERSKAPELLE   | M   | 61    | 0:42:59 | 13,96 | 4:18    |
| 64  | 1337 | Spoelders Filip       | LIER               | M   | 62    | 0:43:09 | 13,91 | 4:19    |
| 65  | 1332 | Dablement Pascal      | COMINES            | M   | 63    | 0:43:22 | 13,84 | 4:20    |
| 66  | 1137 | Barbe Jan             | BUIZINGEN          | M   | 64    | 0:43:29 | 13,80 | 4:21    |
| 67  | 1251 | Degavre Thibaut       | PERUWELZ           | M   | 65    | 0:43:34 | 13,77 | 4:21    |
| 68  | 1489 | Verfaillie Sebastien  | DE PANNE           | M   | 66    | 0:43:47 | 13,70 | 4:23    |
| 69  | 1043 | Claeys Wim            | KOKSIJDE           | M   | 67    | 0:43:58 | 13,65 | 4:24    |
| 70  | 1283 | Van Loo Niels         | MOERKERKE          | M   | 68    | 0:44:05 | 13,61 | 4:24    |
| 71  | 1470 | Pype Benedikt         | WESTROZEBEKE       | M   | 69    | 0:44:06 | 13,60 | 4:25    |
| 72  | 1493 | Allard Francois       | LESBAIN            | M   | 70    | 0:44:07 | 13,60 | 4:25    |
| 73  | 1342 | Bensaid Nabil         | KOKSIJDE           | M   | 71    | 0:44:08 | 13,59 | 4:25    |
| 74  | 1420 | Vigne Michel          | chapelle la grande | M   | 72    | 0:44:17 | 13,55 | 4:26    |
| 75  | 1466 | Kino Geert            | MERKEM             | M   | 73    | 0:44:21 | 13,53 | 4:26    |
| 76  | 1461 | Roman Peter           | MELLE              | M   | 74    | 0:44:22 | 13,53 | 4:26    |
| 77  | 1417 | Becue Johan           | VEURNE             | M   | 75    | 0:44:24 | 13,51 | 4:26    |
| 78  | 1246 | Valkier Pol           | EGEM               | M   | 76    | 0:44:28 | 13,49 | 4:27    |
| 79  | 1350 | Pugliari Yves         | KOKSIJDE           | M   | 77    | 0:44:31 | 13,48 | 4:27    |
| 80  | 1193 | Ghekiere Robin        | ZANDVOORDE         | M   | 78    | 0:44:31 | 13,48 | 4:27    |
| 81  | 1145 | Decloedt Steve        | WESTKERKE          | M   | 79    | 0:44:38 | 13,44 | 4:28    |
| 82  | 1502 | Moncarey Frederik     | VEURNE             | M   | 80    | 0:44:41 | 13,43 | 4:28    |
| 83  | 1440 | Devoghel Jeroen       | VEURNE             | M   | 81    | 0:44:46 | 13,40 | 4:29    |
| 84  | 1400 | Dewaele Michel        | ZUYDCOOTE          | M   | 82    | 0:44:52 | 13,37 | 4:29    |
| 85  | 1014 | Aumont Christophe     | CAPPELLE LA GRANDE | M   | 83    | 0:44:56 | 13,36 | 4:30    |
| 86  | 1299 | Gadeyne Timothy       | IEPER              | M   | 84    | 0:44:58 | 13,34 | 4:30    |
| 87  | 1427 | Bregeon Christophe    | DUNKERQUE          | M   | 85    | 0:44:59 | 13,34 | 4:30    |
| 88  | 1284 | Verbeke Sammy         | ROESELARE          | M   | 86    | 0:45:08 | 13,30 | 4:31    |
| 89  | 1143 | Vandenbroucke Ivo     | ROESBRUGGE         | M   | 87    | 0:45:11 | 13,28 | 4:31    |
| 90  | 1328 | Luypaert Dirk         | OOSTENDE           | M   | 88    | 0:45:16 | 13,25 | 4:32    |
| 91  | 1354 | Cuvilliers Benoit     | VILLENEUVE DASCQ   | M   | 89    | 0:45:17 | 13,25 | 4:32    |
| 92  | 1170 | Borghs Bart           | RETIE              | M   | 90    | 0:45:19 | 13,24 | 4:32    |
| 93  | 1280 | Lionet Sebastien      | METEREN            | M   | 91    | 0:45:20 | 13,24 | 4:32    |
| 94  | 1129 | Van Hulle Katrijn     | PITTEM             | V   | 3     | 0:45:24 | 13,22 | 4:32    |
| 95  | 1010 | De Roeck Filip        | RUPELMONDE         | M   | 92    | 0:45:28 | 13,20 | 4:33    |
| 96  | 1259 | Debacker Vik          | WOUMEN             | M   | 93    | 0:45:31 | 13,18 | 4:33    |
| 97  | 1382 | De Keersmaecker Sofie | TEMSE              | V   | 4     | 0:45:33 | 13,17 | 4:33    |
| 98  | 1179 | Capon Liesbeth        | TORHOUT            | V   | 5     | 0:45:35 | 13,16 | 4:34    |
| 99  | 1326 | Lefeverre Willy       | KOKSIJDE           | M   | 94    | 0:45:37 | 13,15 | 4:34    |
| 100 | 1142 | Decroix Benny         | POPERINGE          | M   | 95    | 0:45:38 | 13,15 | 4:34    |
| 101 | 1421 | Hennebelle Stephane   | BRAYDUNES          | M   | 96    | 0:45:44 | 13,12 | 4:34    |
| 102 | 1393 | De Bree Frank         | SIJSELE            | M   | 97    | 0:45:52 | 13,08 | 4:35    |
| 103 | 1279 | Maniez Cedric         | METEREW            | M   | 98    | 0:45:57 | 13,06 | 4:36    |
| 104 | 1194 | Ghekiere Marc         | ZANDVOORDE         | M   | 99    | 0:45:59 | 13,05 | 4:36    |
| 105 | 1080 | Puttaert Gunter       | LENNIK             | M   | 100   | 0:46:00 | 13,04 | 4:36    |
| 106 | 1122 | Vansina Floris        | KOKSIJDE           | M   | 101   | 0:46:03 | 13,03 | 4:36    |
| 107 | 1445 | Peeters Chris         | BLANKENBERGE       | V   | 6     | 0:46:05 | 13,02 | 4:36    |
| 108 | 1340 | Provost Rik           | OOSTENDE           | M   | 102   | 0:46:06 | 13,02 | 4:37    |
| 109 | 1133 | Witvrouwen Wim        | WIEKEVORST         | M   | 103   | 0:46:07 | 13,01 | 4:37    |
| 110 | 1121 | Hoyois Jo             | JURBISE            | M   | 104   | 0:46:11 | 12,99 | 4:37    |
| 111 | 1169 | Deleu Johan           | IEPER              | M   | 105   | 0:46:33 | 12,89 | 4:39    |
| 112 | 1204 | Verhgeghe Hannah      | ASSEBROEK          | V   | 7     | 0:46:39 | 12,86 | 4:40    |
| 113 | 1383 | Meulebrouck Stefaan   | TIELT              | M   | 106   | 0:46:39 | 12,86 | 4:40    |

| PL  | NR   | Naam                   | Woonplaats         | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|-----|------|------------------------|--------------------|-----|-------|---------|-------|---------|
| 114 | 1200 | Routier Fabien         | WERVICQ-SUD        | M   | 107   | 0:46:40 | 12,86 | 4:40    |
| 115 | 1183 | Vanderjeugd Wim        | BOEZINGE           | M   | 108   | 0:46:42 | 12,85 | 4:40    |
| 116 | 1358 | Schoonbaert Fangio     | BRUGGE             | M   | 109   | 0:46:44 | 12,84 | 4:40    |
| 117 | 1248 | Geskiere Mein          | POPERINGE          | M   | 110   | 0:46:44 | 12,84 | 4:40    |
| 118 | 1397 | De Pannemaeker Aaron   | LOCHRISTI          | M   | 111   | 0:46:52 | 12,80 | 4:41    |
| 119 | 819  | Reynaert Luc           | ZONNEBEKE          | M   | 112   | 0:46:54 | 12,80 | 4:41    |
| 120 | 1465 | Bulcke Bart            | ALVERINGEM         | M   | 113   | 0:46:57 | 12,78 | 4:42    |
| 121 | 1031 | Verbrigghe Pol         | KOKSIJDE           | M   | 114   | 0:46:59 | 12,77 | 4:42    |
| 122 | 1293 | De Boe Emiel           | MOORSLEDE          | M   | 115   | 0:47:04 | 12,75 | 4:42    |
| 123 | 1412 | Goos Peter             | HEVERLEE           | M   | 116   | 0:47:06 | 12,74 | 4:43    |
| 124 | 1301 | Liaud Christophe       | PARIS              | M   | 117   | 0:47:08 | 12,73 | 4:43    |
| 125 | 1062 | Deconinck Yoeri        | WESTENDE           | M   | 118   | 0:47:15 | 12,70 | 4:44    |
| 126 | 1180 | Vande Walle Pascal     | WINGENE            | M   | 119   | 0:47:18 | 12,68 | 4:44    |
| 127 | 1344 | Beurms Geert           | HEUSDEN            | M   | 120   | 0:47:22 | 12,67 | 4:44    |
| 128 | 1438 | Pacque Hans            | NIEUWPOORT         | M   | 121   | 0:47:24 | 12,66 | 4:44    |
| 129 | 1049 | Proot Laurent          | OOSTDUINKERKE      | M   | 122   | 0:47:27 | 12,65 | 4:45    |
| 130 | 1208 | Vereecke Tamara        | JABBEKE            | V   | 8     | 0:47:30 | 12,63 | 4:45    |
| 131 | 1008 | Beeckmans Rudi         | OOSTDUINKERKE      | M   | 123   | 0:47:30 | 12,63 | 4:45    |
| 132 | 1455 | Lobbestael San         | VEURNE             | M   | 124   | 0:47:32 | 12,62 | 4:45    |
| 133 | 1359 | Schoonbaert Galliaud   | BRUGGE             | M   | 125   | 0:47:33 | 12,62 | 4:45    |
| 134 | 1105 | De Bruyne Lode         | KOKSIJDE           | M   | 126   | 0:47:34 | 12,61 | 4:45    |
| 135 | 1422 | Van Der Pol Martin     | WR ROSMALEN        | M   | 127   | 0:47:35 | 12,61 | 4:46    |
| 136 | 1120 | Verhaeghe Patrice      | COMINES            | M   | 128   | 0:47:42 | 12,58 | 4:46    |
| 137 | 1435 | Bulcke Kathleen        | DIKSMUIDE          | M   | 129   | 0:47:44 | 12,57 | 4:46    |
| 138 | 1203 | Vulsteke Pieter        | PROVEN             | M   | 130   | 0:47:46 | 12,56 | 4:47    |
| 139 | 1352 | Merchie Hugo           | MILLENEUVE DASCQ   | M   | 131   | 0:47:48 | 12,55 | 4:47    |
| 140 | 1222 | Vanbeveren Camille     | KLERKEN            | M   | 132   | 0:47:49 | 12,55 | 4:47    |
| 141 | 1181 | Luyssen Franck         | MARDIJKE           | M   | 133   | 0:47:50 | 12,54 | 4:47    |
| 142 | 1349 | Buyse Pieterjan        | DENDERMONDE        | M   | 134   | 0:47:50 | 12,54 | 4:47    |
| 143 | 1321 | Vulsteke Marc          | PROVEN             | M   | 135   | 0:47:51 | 12,54 | 4:47    |
| 144 | 1346 | Delaunoit Benjamin     | WIERS              | M   | 136   | 0:47:54 | 12,52 | 4:47    |
| 145 | 1479 | Vanmassenhove Joeri    | KOKSIJDE           | M   | 137   | 0:47:59 | 12,50 | 4:48    |
| 146 | 1144 | Mathon Pierre-Francois | SAMEON             | M   | 138   | 0:48:12 | 12,45 | 4:49    |
| 147 | 1227 | Depoorter Wim          | HANDZAME           | M   | 139   | 0:48:13 | 12,45 | 4:49    |
| 148 | 1035 | Flamand Stephan        | OOSTDUINKERKE      | M   | 140   | 0:48:18 | 12,42 | 4:50    |
| 149 | 1485 | Rammeloo Jan           | KOKSIJDE           | M   | 141   | 0:48:23 | 12,40 | 4:50    |
| 150 | 1082 | Le Goff Vincent        | LAKEN              | M   | 142   | 0:48:24 | 12,40 | 4:50    |
| 151 | 1462 | Busschaert Joost       | ZARREN             | M   | 143   | 0:48:27 | 12,39 | 4:51    |
| 152 | 1329 | Cambier Joop           | KOKSIJDE           | M   | 144   | 0:48:31 | 12,37 | 4:51    |
| 153 | 1411 | Decat Jan              | ADINKERKE          | M   | 145   | 0:48:37 | 12,34 | 4:52    |
| 154 | 1126 | Pinoie Yarin           | KOKSIJDE           | M   | 146   | 0:48:44 | 12,31 | 4:52    |
| 155 | 1345 | Gheysens Kurt          | GULLEGEM           | M   | 147   | 0:48:45 | 12,31 | 4:52    |
| 156 | 1199 | Depreyster Michael     | DUNCERQUE          | M   | 148   | 0:48:46 | 12,31 | 4:53    |
| 157 | 1040 | Vandenbulcke Filip     | KOKSIJDE           | M   | 149   | 0:48:47 | 12,30 | 4:53    |
| 158 | 1320 | Vercruysse Koen        | MEULEBEKE          | M   | 150   | 0:48:50 | 12,29 | 4:53    |
| 159 | 1272 | Maes Luc               | MEULEBEKE          | M   | 151   | 0:48:51 | 12,28 | 4:53    |
| 160 | 1467 | Dedecker Hans          | DE PINTE           | M   | 152   | 0:48:51 | 12,28 | 4:53    |
| 161 | 1175 | Duplacie Frank         | KLERKEN            | M   | 153   | 0:48:52 | 12,28 | 4:53    |
| 162 | 1392 | Moeyaert Bert          | IEPER              | M   | 154   | 0:48:56 | 12,26 | 4:54    |
| 163 | 1116 | Vaernewyck Filiep      | ANZEGEM            | M   | 155   | 0:48:57 | 12,26 | 4:54    |
| 164 | 1294 | Vanoost Els            | MOORSLEDE          | M   | 156   | 0:48:59 | 12,25 | 4:54    |
| 165 | 1066 | Samuel Lekime          | ADINKERKE          | M   | 157   | 0:49:01 | 12,24 | 4:54    |
| 166 | 1324 | Dutoo Peter            | KOKSIJDE           | M   | 158   | 0:49:01 | 12,24 | 4:54    |
| 167 | 1253 | Berquin Rewzy          | VEURNE             | M   | 159   | 0:49:03 | 12,23 | 4:54    |
| 168 | 1045 | Claus Christophe       | CAPPELLE LA GRANDE | M   | 160   | 0:49:08 | 12,21 | 4:55    |
| 169 | 1028 | De Clercq Witse        | KOKSIJDE           | M   | 161   | 0:49:13 | 12,19 | 4:55    |
| 170 | 1030 | Sinnaeve Dietrich      | VRASENE            | M   | 162   | 0:49:22 | 12,15 | 4:56    |
| 171 | 1185 | Van Tuijcom Benjamin   | BRUSSEL            | M   | 163   | 0:49:27 | 12,13 | 4:57    |

| PL  | NR   | Naam                  | Woonplaats        | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|-----|------|-----------------------|-------------------|-----|-------|---------|-------|---------|
| 172 | 1243 | Focke Michel          | UXEM              | M   | 164   | 0:49:31 | 12,12 | 4:57    |
| 173 | 821  | De Sutter Nesten      | MEIGEM            | M   | 165   | 0:49:34 | 12,11 | 4:57    |
| 174 | 1449 | Renkens Jeremy        | MOMALLE           | M   | 166   | 0:49:34 | 12,10 | 4:57    |
| 175 | 1388 | Michiels Wim          | GRIMBERGEN        | M   | 167   | 0:49:35 | 12,10 | 4:58    |
| 176 | 1245 | Van Insberghe Lutgart | WATOU             | V   | 9     | 0:49:39 | 12,09 | 4:58    |
| 177 | 1254 | Berquin Cedric        | VEURNE            | M   | 168   | 0:49:51 | 12,04 | 4:59    |
| 178 | 1071 | Delannoy Francois     | NIEPPE            | M   | 169   | 0:49:52 | 12,03 | 4:59    |
| 179 | 1402 | Fagoo Dirk            | HOOGSTADE         | M   | 170   | 0:49:53 | 12,03 | 4:59    |
| 180 | 1009 | Vandecasteele Manu    | KOKSIJDE          | M   | 171   | 0:49:55 | 12,02 | 4:59    |
| 181 | 1176 | Couvreur Martin       | KORTEMARK         | M   | 172   | 0:49:59 | 12,00 | 5:00    |
| 182 | 1343 | Cant Francois         | DE PANNE          | M   | 173   | 0:49:59 | 12,00 | 5:00    |
| 183 | 1034 | Decroos Patrick       | KOKSIJDE          | M   | 174   | 0:50:04 | 11,98 | 5:00    |
| 184 | 1418 | Depaepe Norbert       | VEURNE            | M   | 175   | 0:50:04 | 11,98 | 5:00    |
| 185 | 1419 | Cordier Gerard        | ZUYDCOTE          | M   | 176   | 0:50:05 | 11,98 | 5:00    |
| 186 | 1147 | Castelein Krist       | KOKSIJDE          | M   | 177   | 0:50:08 | 11,97 | 5:01    |
| 187 | 1202 | Devinck Tom           | VEURNE            | M   | 178   | 0:50:10 | 11,96 | 5:01    |
| 188 | 1177 | Rau Peter             | OOSTENDE          | M   | 179   | 0:50:13 | 11,95 | 5:01    |
| 189 | 1353 | Merchie Dominique     | SAILLY            | M   | 180   | 0:50:15 | 11,94 | 5:01    |
| 190 | 1401 | Vieren Kristel        | HOOGSTADE         | V   | 10    | 0:50:20 | 11,92 | 5:02    |
| 191 | 1482 | Jongbloet Filip       | HOEGAARDEN        | M   | 181   | 0:50:20 | 11,92 | 5:02    |
| 192 | 1079 | Schaller Julien       | LAUSANNE          | M   | 182   | 0:50:21 | 11,92 | 5:02    |
| 193 | 1086 | Deneve Olivier        | BRUXELLES         | M   | 183   | 0:50:23 | 11,91 | 5:02    |
| 194 | 1274 | Deom David            | BIGRWART          | M   | 184   | 0:50:31 | 11,88 | 5:03    |
| 195 | 1267 | Anciaux Francois      | METTET            | M   | 185   | 0:50:33 | 11,87 | 5:03    |
| 196 | 1150 | Keukeleire Dicky      | BRUGGE            | M   | 186   | 0:50:37 | 11,85 | 5:04    |
| 197 | 1407 | Vanderweyden Jos      | ICHTEGEM          | M   | 187   | 0:50:37 | 11,85 | 5:04    |
| 198 | 1306 | Geldhof Peter         | ANZEGEM           | M   | 188   | 0:50:40 | 11,84 | 5:04    |
| 199 | 1333 | Laristan Elyse        | BASWARNETON       | V   | 11    | 0:50:43 | 11,83 | 5:04    |
| 200 | 1499 | Vandendriessche Jacob | OOSTENDE          | M   | 189   | 0:50:44 | 11,83 | 5:04    |
| 201 | 1004 | Blockeel Vincent      | OOSTDUINKERKE     | M   | 190   | 0:50:58 | 11,77 | 5:06    |
| 202 | 1138 | Vandamme Nancy        | INGELMUNSTER      | V   | 12    | 0:50:59 | 11,77 | 5:06    |
| 203 | 1117 | Desmet Rudy           | ZWEVEGEM          | M   | 191   | 0:51:02 | 11,76 | 5:06    |
| 204 | 1339 | Deman Karolien        | KOKSIJDE          | V   | 13    | 0:51:10 | 11,73 | 5:07    |
| 205 | 1309 | Jury Gaetan           | ST DENIS DE VAUX  | M   | 192   | 0:51:13 | 11,71 | 5:07    |
| 206 | 1318 | Ligny Quentin         | LOBBES            | M   | 193   | 0:51:14 | 11,71 | 5:07    |
| 207 | 1481 | Battel Joke           | KOKSIJDE          | V   | 14    | 0:51:14 | 11,71 | 5:07    |
| 208 | 1364 | Vervust Benjamin      | MERELBEKE         | M   | 194   | 0:51:15 | 11,71 | 5:07    |
| 209 | 1414 | Declerck Patrick      | WOUMEN            | M   | 195   | 0:51:15 | 11,71 | 5:08    |
| 210 | 1398 | Vanderhaeghe Nico     | KOKSIJDE          | M   | 196   | 0:51:21 | 11,69 | 5:08    |
| 211 | 1051 | Boudrez Steven        | KOKSIJDE          | M   | 197   | 0:51:23 | 11,68 | 5:08    |
| 212 | 1476 | Verstraete Peter      | KOKSIJDE          | M   | 198   | 0:51:24 | 11,67 | 5:08    |
| 213 | 1166 | Van Brabant Bert      | GENTBRUGGE        | M   | 199   | 0:51:28 | 11,66 | 5:09    |
| 214 | 1216 | Dirk Piens            | KOKSIJDE          | M   | 200   | 0:51:31 | 11,65 | 5:09    |
| 215 | 1302 | Catamzo Florent       | DUNKERKE          | M   | 201   | 0:51:37 | 11,62 | 5:10    |
| 216 | 1460 | Vercaemst Stijn       | KUURNE            | M   | 202   | 0:51:40 | 11,61 | 5:10    |
| 217 | 1423 | Degobert Remi         | VILLENEUVE D4ASCQ | M   | 203   | 0:51:41 | 11,61 | 5:10    |
| 218 | 1471 | Vandenbussche Jelle   | ZONNEBEKE         | M   | 204   | 0:51:42 | 11,61 | 5:10    |
| 219 | 1472 | Vanden Berghe Wies    | PITTEM            | M   | 205   | 0:51:42 | 11,60 | 5:10    |
| 220 | 1304 | Perales Alex          | DUNKERQUE         | M   | 206   | 0:51:43 | 11,60 | 5:10    |
| 221 | 1406 | Mercier Jean-Baptiste | MOESKROEN         | M   | 207   | 0:51:43 | 11,60 | 5:10    |
| 222 | 1092 | Hobo Anou             | WAREGEM           | V   | 15    | 0:51:43 | 11,60 | 5:10    |
| 223 | 1429 | Erard Caroline        | LOPPEM            | V   | 16    | 0:51:45 | 11,59 | 5:10    |
| 224 | 1380 | Deschryvere Jeannine  | OOSTENDE          | V   | 17    | 0:51:52 | 11,57 | 5:11    |
| 225 | 1052 | De Ryck Jonathan      | WESTENDE          | M   | 208   | 0:51:52 | 11,57 | 5:11    |
| 226 | 1425 | Zobir Mohamed         | KOKSIJDE          | M   | 209   | 0:51:55 | 11,56 | 5:12    |
| 227 | 1496 | Claeys Simon          | BRUSSEL           | M   | 210   | 0:51:57 | 11,55 | 5:12    |
| 228 | 1437 | Coisne Francois       | DIKSMUIDE         | M   | 211   | 0:51:59 | 11,54 | 5:12    |
| 229 | 1038 | Pieters Patrick       | OOSTDUINKERKE     | M   | 212   | 0:51:59 | 11,54 | 5:12    |

| PL  | NR   | Naam                 | Woonplaats    | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|-----|------|----------------------|---------------|-----|-------|---------|-------|---------|
| 230 | 1475 | Aernout Henk         | POPERINGE     | M   | 213   | 0:52:03 | 11,53 | 5:12    |
| 231 | 1146 | Delanghe Jurgen      | OUDENBURG     | M   | 214   | 0:52:05 | 11,52 | 5:12    |
| 232 | 1265 | Bekaert Michel       | GENT          | M   | 215   | 0:52:05 | 11,52 | 5:13    |
| 233 | 1394 | Delodder Rita        | MEULEBEKE     | V   | 18    | 0:52:06 | 11,52 | 5:13    |
| 234 | 1264 | Vangansbeke Pieter   | GENT          | M   | 216   | 0:52:09 | 11,51 | 5:13    |
| 235 | 1085 | Claudy Crutzen       | HERVE         | M   | 217   | 0:52:09 | 11,51 | 5:13    |
| 236 | 1161 | Geldhof Johnny       | DE PANNE      | M   | 218   | 0:52:10 | 11,50 | 5:13    |
| 237 | 1310 | Levecque Sophie      | OOSTENDE      | V   | 19    | 0:52:18 | 11,47 | 5:14    |
| 238 | 1443 | Lerooy Batiste       | VEURNE        | M   | 219   | 0:52:20 | 11,46 | 5:14    |
| 239 | 1016 | Lagrou Hanne         | KOKSIJDE      | V   | 20    | 0:52:25 | 11,45 | 5:14    |
| 240 | 1041 | Seynaeve Frederik    | TURNHOUT      | M   | 220   | 0:52:29 | 11,43 | 5:15    |
| 241 | 1131 | Kint Edwin           | ARDOOIE       | M   | 221   | 0:52:30 | 11,43 | 5:15    |
| 242 | 1005 | Joncheere Ellen      | OOSTDUINKERKE | V   | 21    | 0:52:32 | 11,42 | 5:15    |
| 243 | 1404 | Louwagie Noel        | ALVERINGEM    | M   | 222   | 0:52:33 | 11,42 | 5:15    |
| 244 | 1330 | Dumolien Mieke       | IEPER         | V   | 22    | 0:52:34 | 11,41 | 5:15    |
| 245 | 1275 | Sabbe Luc            | LISSEWEGE     | M   | 223   | 0:52:38 | 11,40 | 5:16    |
| 246 | 1209 | Bekaert Serge        | DESSELGEM     | M   | 224   | 0:52:40 | 11,39 | 5:16    |
| 247 | 1196 | Olefs Herbert        | CHRISNEE      | M   | 225   | 0:52:43 | 11,38 | 5:16    |
| 248 | 1197 | Waelkens Veronique   | CRISWEE       | V   | 23    | 0:52:43 | 11,38 | 5:16    |
| 249 | 1114 | Turck Pascale        | ANDERLUES     | V   | 24    | 0:52:43 | 11,38 | 5:16    |
| 250 | 1132 | Taguema Nabila       | ARDOOIE       | V   | 25    | 0:52:46 | 11,37 | 5:17    |
| 251 | 1108 | Callens Olivier      | KOKSIJDE      | M   | 226   | 0:52:49 | 11,36 | 5:17    |
| 252 | 1090 | Rots Lieven          | BOTTELARE     | M   | 227   | 0:52:54 | 11,34 | 5:17    |
| 253 | 1375 | Roberta Ronca        | MILANO        | M   | 228   | 0:52:56 | 11,34 | 5:18    |
| 254 | 1097 | Schoonalkers Hans    | ADEGEM        | M   | 229   | 0:52:57 | 11,33 | 5:18    |
| 255 | 1327 | Timmerman Theo       | KOKSIJDE      | M   | 230   | 0:53:01 | 11,32 | 5:18    |
| 256 | 1139 | Reyniers Bart        | URSEL         | M   | 231   | 0:53:06 | 11,30 | 5:19    |
| 257 | 1195 | Vanmassenhove Pascal | KOKSIJDE      | M   | 232   | 0:53:09 | 11,29 | 5:19    |
| 258 | 1355 | Steelandt Cathy      | OUDENBURG     | V   | 26    | 0:53:10 | 11,29 | 5:19    |
| 259 | 1210 | Meex Myrthe          | KANNE         | V   | 27    | 0:53:18 | 11,26 | 5:20    |
| 260 | 1191 | De Rycke Christine   | DIKSMUIDE     | V   | 28    | 0:53:27 | 11,23 | 5:21    |
| 261 | 1374 | Paolo Mandrino       | DUNKERQUE     | M   | 233   | 0:53:29 | 11,22 | 5:21    |
| 262 | 1174 | Rommelaere Heidi     | KLERKEN       | M   | 234   | 0:53:40 | 11,18 | 5:22    |
| 263 | 1498 | Beyen Kathy          | OOSTENDE      | V   | 29    | 0:53:46 | 11,16 | 5:23    |
| 264 | 1153 | Vandenborne Ilse     | BERINGEN      | V   | 30    | 0:53:51 | 11,14 | 5:23    |
| 265 | 1311 | Deramoudt Marc       | LOMBARDSIJDE  | M   | 235   | 0:53:53 | 11,13 | 5:23    |
| 266 | 1486 | Battel Luc           | KOKSIJDE      | M   | 236   | 0:54:03 | 11,10 | 5:24    |
| 267 | 1385 | Decrock Pedro        | IEPER         | M   | 237   | 0:54:06 | 11,09 | 5:25    |
| 268 | 1341 | Marinelli Robert     | DUBAI         | M   | 238   | 0:54:10 | 11,08 | 5:25    |
| 269 | 1178 | Ameye Benny          | TORHOUT       | M   | 239   | 0:54:15 | 11,06 | 5:26    |
| 270 | 1338 | Baes Kris            | KOKSIJDE      | M   | 240   | 0:54:16 | 11,06 | 5:26    |
| 271 | 1024 | Vandenbussche Joke   | VEURNE        | V   | 31    | 0:54:23 | 11,03 | 5:26    |
| 272 | 1023 | Ryckeboer David      | VEURNE        | M   | 241   | 0:54:24 | 11,03 | 5:26    |
| 273 | 1278 | Faghel Thierry       | 1278          | M   | 242   | 0:54:25 | 11,03 | 5:26    |
| 274 | 1270 | Bouchaert Ollivier   | MOORSLEDE     | M   | 243   | 0:54:35 | 10,99 | 5:28    |
| 275 | 1396 | Loos Jasper          | OVERPELT      | M   | 244   | 0:54:37 | 10,99 | 5:28    |
| 276 | 1468 | Lust Laurent         | KOKSIJDE      | M   | 245   | 0:54:40 | 10,98 | 5:28    |
| 277 | 1347 | Cornette Johan       | KOKSIJDE      | M   | 246   | 0:54:43 | 10,97 | 5:28    |
| 278 | 1053 | Cibei Walter         | KOKSIJDE      | M   | 247   | 0:54:46 | 10,96 | 5:29    |
| 279 | 1231 | Billiet Carine       | TIELT         | V   | 32    | 0:54:47 | 10,95 | 5:29    |
| 280 | 1119 | Marquigny Jerome     | DOUAI         | M   | 248   | 0:54:49 | 10,95 | 5:29    |
| 281 | 1322 | Vandewalle Lindy     | RENINGELST    | V   | 33    | 0:54:50 | 10,94 | 5:29    |
| 282 | 1428 | Decoster Patrick     | IZEGEM        | M   | 249   | 0:54:53 | 10,93 | 5:29    |
| 283 | 1458 | Van Pee Johan        | WESTENDE      | M   | 250   | 0:54:53 | 10,93 | 5:29    |
| 284 | 1360 | Linckens Guido       | HEERLEN       | M   | 251   | 0:54:56 | 10,92 | 5:30    |
| 285 | 1368 | Van Exe Birger       | PASSENDALÉ    | M   | 252   | 0:54:56 | 10,92 | 5:30    |
| 286 | 1225 | Delaunoit Sebastien  | MOUSTIER      | M   | 253   | 0:54:57 | 10,92 | 5:30    |
| 287 | 1118 | Ringot Rodolphe      | LILLE         | M   | 254   | 0:54:58 | 10,92 | 5:30    |

| PL  | NR   | Naam                     | Woonplaats     | CAT | P/CAT | Tijd    | GEM   | KM-Tijd |
|-----|------|--------------------------|----------------|-----|-------|---------|-------|---------|
| 288 | 1019 | Detienne Martin          | KOKSIJDE       | M   | 255   | 0:55:02 | 10,90 | 5:30    |
| 289 | 1371 | Veelaert Michel          | SCHILDE        | M   | 256   | 0:55:04 | 10,89 | 5:30    |
| 290 | 1109 | Debruyne Kathy           | KOKSIJDE       | V   | 34    | 0:55:07 | 10,89 | 5:31    |
| 291 | 1136 | Tytgat Kris              | INGELMUNSTER   | M   | 257   | 0:55:09 | 10,88 | 5:31    |
| 292 | 1235 | Guidee Christiaan        | BRUGGE         | M   | 258   | 0:55:09 | 10,88 | 5:31    |
| 293 | 1370 | Luckermans Tom           | LEUVEN         | M   | 259   | 0:55:12 | 10,87 | 5:31    |
| 294 | 1500 | Elassaidi Antoine        | HERSEAUX       | M   | 260   | 0:55:14 | 10,86 | 5:31    |
| 295 | 1263 | Winnock Martin           | GENT           | M   | 261   | 0:55:17 | 10,85 | 5:32    |
| 296 | 1165 | Mathieu Emmanuel         | BUZET          | M   | 262   | 0:55:21 | 10,84 | 5:32    |
| 297 | 1218 | Bouchet Maurice          | DUNKERQUE      | M   | 263   | 0:55:23 | 10,83 | 5:32    |
| 298 | 1219 | Bruno Gradel             | COUDEKERQUE    | M   | 264   | 0:55:23 | 10,83 | 5:32    |
| 299 | 1217 | Deram Christophe         | TETEGHEM       | M   | 265   | 0:55:23 | 10,83 | 5:32    |
| 300 | 1221 | Vander Meeren Simon      | KOKSIJDE       | M   | 266   | 0:55:31 | 10,81 | 5:33    |
| 301 | 1378 | Vaneukem Jean-Luc        | SART-EUSTACHE  | M   | 267   | 0:55:31 | 10,81 | 5:33    |
| 302 | 1029 | Theunynck Stijn          | NIEUWPOORT     | M   | 268   | 0:55:33 | 10,80 | 5:33    |
| 303 | 1017 | Verhaeghe Niek           | KOKSIJDE       | M   | 269   | 0:55:38 | 10,79 | 5:34    |
| 304 | 1480 | Van Dort Marijn          | BREDQ          | M   | 270   | 0:55:42 | 10,77 | 5:34    |
| 305 | 1158 | Lanneau Filip            | OTEGEM         | M   | 271   | 0:55:46 | 10,76 | 5:35    |
| 306 | 1384 | De Winter-Pieters Heidi  | KEERBERGEN     | V   | 35    | 0:55:46 | 10,76 | 5:35    |
| 307 | 1182 | Vanbillemont Patrick     | ZUYDCOOTE      | M   | 272   | 0:55:47 | 10,76 | 5:35    |
| 308 | 1469 | Vermoesen Kurt           | KESSEL-LO      | M   | 273   | 0:55:50 | 10,75 | 5:35    |
| 309 | 1281 | Lemaire Sebastien        | METEREW        | M   | 274   | 0:55:53 | 10,74 | 5:35    |
| 310 | 1286 | Colinet Pascal           | MAURERAS       | M   | 275   | 0:56:00 | 10,71 | 5:36    |
| 311 | 1069 | Nagels Bob               | WIJNEGEM       | M   | 276   | 0:56:11 | 10,68 | 5:37    |
| 312 | 1413 | Vandaele Kristof         | HOUTHULST      | M   | 277   | 0:56:13 | 10,67 | 5:37    |
| 313 | 1448 | Maertens Veerle          | INGELMUNSTER   | V   | 36    | 0:56:25 | 10,64 | 5:38    |
| 314 | 1258 | Decru Lieve              | WOUMEN         | V   | 37    | 0:56:27 | 10,63 | 5:39    |
| 315 | 1107 | Deroo Kathy              | KOKSIJDE       | V   | 38    | 0:56:33 | 10,61 | 5:39    |
| 316 | 1459 | Verfaillie Kristin       | VEURNE         | V   | 39    | 0:56:35 | 10,60 | 5:40    |
| 317 | 1410 | Mahieu Nancy             | OOSTAKKER      | M   | 278   | 0:56:38 | 10,60 | 5:40    |
| 318 | 820  | Reynaert Simon           | ZONNEBEKE      | M   | 279   | 0:56:40 | 10,59 | 5:40    |
| 319 | 1373 | Costa Marco              | DUNKERQUE      | M   | 280   | 0:56:42 | 10,58 | 5:40    |
| 320 | 1223 | Bouckaert Ann            | HANDZAME       | V   | 40    | 0:56:48 | 10,56 | 5:41    |
| 321 | 1228 | Verlinde Nil             | KORTEMARK      | M   | 281   | 0:56:48 | 10,56 | 5:41    |
| 322 | 1006 | Syryn Nathalie           | VEURNE         | V   | 41    | 0:56:51 | 10,56 | 5:41    |
| 323 | 1106 | Harteel Carole           | KOKSIJDE       | V   | 42    | 0:56:52 | 10,55 | 5:41    |
| 324 | 1113 | Vermeulen Rik            | KOKSIJDE       | M   | 282   | 0:56:52 | 10,55 | 5:41    |
| 325 | 1361 | Dramaix Manon            | SIRAULT        | V   | 43    | 0:56:56 | 10,54 | 5:42    |
| 326 | 1362 | Morbau Eddy              | SIRAULT        | M   | 283   | 0:56:57 | 10,54 | 5:42    |
| 327 | 1220 | Verhoeven Myriam         | WETTEREN       | V   | 44    | 0:56:59 | 10,53 | 5:42    |
| 328 | 1487 | Baizey Oscar             | KOKSIJDE       | M   | 284   | 0:57:00 | 10,53 | 5:42    |
| 329 | 1157 | Turpyn Koen              | OTEGEM         | M   | 285   | 0:57:04 | 10,51 | 5:42    |
| 330 | 1099 | Kaufmann Alaij           | WEMMEL         | M   | 286   | 0:57:08 | 10,50 | 5:43    |
| 331 | 1093 | Beele Lindsey            | VEURNE         | V   | 45    | 0:57:16 | 10,48 | 5:44    |
| 332 | 1084 | Poelman Cedric           | DRONGEN        | M   | 287   | 0:57:18 | 10,47 | 5:44    |
| 333 | 1269 | Vynckier Elke            | INGELMUNSTER   | V   | 46    | 0:57:20 | 10,47 | 5:44    |
| 334 | 1323 | Debou Petro              | STEENKERKE     | M   | 288   | 0:57:21 | 10,46 | 5:44    |
| 335 | 1226 | Persyn Frank             | VEURNE         | M   | 289   | 0:57:23 | 10,46 | 5:44    |
| 336 | 1001 | Vandenbroucke Natasha    | BOOITSHOEKE    | V   | 47    | 0:57:25 | 10,45 | 5:45    |
| 337 | 1415 | Cambien Karel            | KORTRIJK       | M   | 290   | 0:57:26 | 10,45 | 5:45    |
| 338 | 1252 | Vander Elst Line         | PERUWELZ       | V   | 48    | 0:57:28 | 10,44 | 5:45    |
| 339 | 1336 | Ballyn Katrien           | KROMBEKE       | V   | 49    | 0:57:29 | 10,44 | 5:45    |
| 340 | 1335 | Da Conceicao Lima Manuel | PERUWELZ       | M   | 291   | 0:57:29 | 10,44 | 5:45    |
| 341 | 1242 | Bossart Michel           | LYS LEZ LANNOY | M   | 292   | 0:57:36 | 10,42 | 5:46    |
| 342 | 1399 | Beele Vincent            | KOKSIJDE       | M   | 293   | 0:57:37 | 10,41 | 5:46    |
| 343 | 1184 | Stragier Rudy            | PERLUWEZ       | M   | 294   | 0:57:38 | 10,41 | 5:46    |
| 344 | 1100 | Spagnuolo Angelo         | SPIENNES       | M   | 295   | 0:57:42 | 10,40 | 5:46    |
| 345 | 1201 | Sutera Giovanni          | TOURNAI        | M   | 296   | 0:57:45 | 10,39 | 5:46    |

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| 346 | 1095 | Vandeputte Lieven          | KOKSIJDE              | M   | 297   | 0:57:47 | 10,38 | 5:47    |
| 347 | 1319 | Goemaere Stijn             | INGELMUNSTER          | M   | 298   | 0:57:48 | 10,38 | 5:47    |
| 348 | 1409 | Dreessen Kristel           | KOKSIJDE              | V   | 50    | 0:57:51 | 10,37 | 5:47    |
| 349 | 1187 | Troivaux Bernard           | WAVRIN                | M   | 299   | 0:57:56 | 10,36 | 5:48    |
| 350 | 1454 | Paepe Birgen               | VEURNE                | M   | 300   | 0:57:58 | 10,35 | 5:48    |
| 351 | 1007 | Chateau Fabienne           | KOKSIJDE              | M   | 301   | 0:58:02 | 10,34 | 5:48    |
| 352 | 1433 | Pesser Alain               | HEUST                 | M   | 302   | 0:58:08 | 10,32 | 5:49    |
| 353 | 1238 | Persyn Stephane            | SAINT MARTIN AU LAERT | M   | 303   | 0:58:11 | 10,31 | 5:49    |
| 354 | 1494 | Nyssen Alain               | GERAARDSBERGEN        | M   | 304   | 0:58:15 | 10,30 | 5:50    |
| 355 | 1444 | Lerooy Matthias            | VEURNE                | M   | 305   | 0:58:20 | 10,29 | 5:50    |
| 356 | 1488 | Vandenbroucke Arne         | VEURNE                | M   | 306   | 0:58:23 | 10,28 | 5:50    |
| 357 | 1186 | Louis-De Wandeleer Laurent | MEISE                 | M   | 307   | 0:58:37 | 10,24 | 5:52    |
| 358 | 1027 | Ollevier Wouter            | OOSTDUINKERKE         | M   | 308   | 0:58:38 | 10,23 | 5:52    |
| 359 | 1042 | Paco Ramirez               | KOKSIJDE              | M   | 309   | 0:58:45 | 10,21 | 5:52    |
| 360 | 1163 | Van Der Roost Steven       | HAACHT                | M   | 310   | 0:58:50 | 10,20 | 5:53    |
| 361 | 1363 | Daubresse Dominique        | FOURNES EN WEPPE      | M   | 311   | 0:58:52 | 10,19 | 5:53    |
| 362 | 1124 | Brackham Pieter            | DENDERHOUTEM          | M   | 312   | 0:58:58 | 10,18 | 5:54    |
| 363 | 1215 | Revyn Luc                  | DEINZE                | M   | 313   | 0:59:06 | 10,15 | 5:55    |
| 364 | 1303 | Thierry Olivier            | DUNKERQUE             | M   | 314   | 0:59:08 | 10,15 | 5:55    |
| 365 | 1115 | De Dapper Francky          | WAREGEM               | M   | 315   | 0:59:11 | 10,14 | 5:55    |
| 366 | 1450 | Franssens Nicolas          | JALHAY                | M   | 316   | 0:59:17 | 10,12 | 5:56    |
| 367 | 1232 | Puype Davy                 | ZARREN                | M   | 317   | 0:59:22 | 10,11 | 5:56    |
| 368 | 1048 | Vandenbussche Tom          | OOSTDUINKERKE         | M   | 318   | 0:59:42 | 10,05 | 5:58    |
| 369 | 1334 | De Bruyne Bart             | STERREBEEK            | M   | 319   | 0:59:48 | 10,03 | 5:59    |
| 370 | 1369 | Catry Mathieu              | SINT PIETERS LEEUW    | M   | 320   | 1:00:09 | 9,97  | 6:01    |
| 371 | 1127 | Iseroyt Wim                | OUDENAARDE            | M   | 321   | 1:00:22 | 9,94  | 6:02    |
| 372 | 1039 | Scheurmans Karel           | OOSTDUINKERKE         | M   | 322   | 1:00:26 | 9,93  | 6:03    |
| 373 | 1025 | Hoste Paul                 | koksijde              | M   | 323   | 1:00:26 | 9,93  | 6:03    |
| 374 | 1452 | Lefevere Marc              | DENDERMONDE           | M   | 324   | 1:00:36 | 9,90  | 6:04    |
| 375 | 1112 | Degriek Lieven             | KOKSIJDE              | M   | 325   | 1:00:38 | 9,90  | 6:04    |
| 376 | 1237 | Monbaillio Yoshi           | TORHOUT               | M   | 326   | 1:00:46 | 9,87  | 6:05    |
| 377 | 1077 | Ilegems Danny              | NIEL                  | M   | 327   | 1:00:49 | 9,87  | 6:05    |
| 378 | 1379 | Scripterij Deborah         | ADINKERKE             | M   | 328   | 1:00:50 | 9,86  | 6:05    |
| 379 | 1426 | Vandoolaeghe Sebastien     | KOKSIJDE              | M   | 329   | 1:00:54 | 9,85  | 6:05    |
| 380 | 1229 | Samyn Diederik             | MENEN                 | M   | 330   | 1:01:00 | 9,84  | 6:06    |
| 381 | 1431 | Busschaert Nicolas         | MARKE                 | M   | 331   | 1:01:03 | 9,83  | 6:06    |
| 382 | 1212 | Hermans Eli                | BERCHEM               | M   | 332   | 1:01:05 | 9,82  | 6:07    |
| 383 | 1277 | Moons Alain                | SCHOTEN               | M   | 333   | 1:01:07 | 9,82  | 6:07    |
| 384 | 1317 | Fontaine David             | HARD                  | M   | 334   | 1:01:08 | 9,81  | 6:07    |
| 385 | 1123 | Brackman David             | NINOVE                | M   | 335   | 1:01:09 | 9,81  | 6:07    |
| 386 | 1408 | Huyghebaert Tommy          | VEURNE                | M   | 336   | 1:01:14 | 9,80  | 6:07    |
| 387 | 1255 | Bruneel Jens               | VEURNE                | M   | 337   | 1:01:25 | 9,77  | 6:09    |
| 388 | 1367 | Verdoolaege Freddy         | VEURNE                | M   | 338   | 1:01:37 | 9,74  | 6:10    |
| 389 | 1135 | Hostyn Frank               | KOKSIJDE              | M   | 339   | 1:01:44 | 9,72  | 6:10    |
| 390 | 1013 | Deblauwe Bart              | IZEGEM                | M   | 340   | 1:01:45 | 9,72  | 6:10    |
| 391 | 1047 | Degriek Steve              | DE PANNE              | M   | 341   | 1:01:46 | 9,71  | 6:11    |
| 392 | 1497 | Geerardijn Miek            | KOKSIJDE              | M   | 342   | 1:01:46 | 9,71  | 6:11    |
| 393 | 1451 | Iser Christopher           | FLERON                | M   | 343   | 1:01:53 | 9,70  | 6:11    |
| 394 | 1348 |                            | 1348                  | M   | 344   | 1:02:05 | 9,66  | 6:13    |
| 395 | 1149 | De Bersem Gilbert          | KOKSIJDE              | M   | 345   | 1:02:16 | 9,64  | 6:14    |
| 396 | 1236 | Salembier Didier           | VEURNE                | M   | 346   | 1:02:27 | 9,61  | 6:15    |
| 397 | 1390 | Hintjes Kurt               | VEURNE                | M   | 347   | 1:02:32 | 9,59  | 6:15    |
| 398 | 1068 | Boonaert Hilaire           | TEMPLEUVE             | M   | 348   | 1:02:33 | 9,59  | 6:15    |
| 399 | 1240 | Tetar Christophe           | LAMBERSQRT            | M   | 349   | 1:02:52 | 9,54  | 6:17    |
| 400 | 1457 | Pinson Anthony             | VEURNE                | M   | 350   | 1:02:54 | 9,54  | 6:17    |
| 401 | 1473 | Alderweireld Nadinee       | ALVERINGEM            | M   | 351   | 1:02:54 | 9,54  | 6:17    |
| 402 | 1492 | De Weggeneire Eric         | SINT-NIKLAAS          | M   | 352   | 1:02:59 | 9,53  | 6:18    |
| 403 | 1088 | De Cocker Jeroen           | ZOTTEGEM              | M   | 353   | 1:03:07 | 9,51  | 6:19    |

| PL  | NR   | Naam                     | Woonplaats            | CAT | P/CAT | Tijd    | GEM  | KM-Tijd |
|-----|------|--------------------------|-----------------------|-----|-------|---------|------|---------|
| 404 | 1089 | Willaert Eric            | KOKSIJDE              | M   | 354   | 1:03:10 | 9,50 | 6:19    |
| 405 | 1464 | Rotsaert Nathalie        | ALVERINGEM            | M   | 355   | 1:03:12 | 9,49 | 6:19    |
| 406 | 1501 | Dehaemers Rik            | GISTEL                | M   | 356   | 1:03:15 | 9,49 | 6:20    |
| 407 | 1011 | Hopchet Ivan             | KOKSIJDE              | M   | 357   | 1:03:32 | 9,44 | 6:21    |
| 408 | 1075 | Michielsen Inge          | OELEGEM               | M   | 358   | 1:03:32 | 9,44 | 6:21    |
| 409 | 1241 | Francois Jean-Christophe | MARCQ EN BAROEUL      | M   | 359   | 1:03:48 | 9,41 | 6:23    |
| 410 | 1331 | De Moor Geert            | IEPER                 | M   | 360   | 1:04:03 | 9,37 | 6:24    |
| 411 | 1436 | Decoutere Werner         | DIKSMUIDE             | M   | 361   | 1:04:09 | 9,35 | 6:25    |
| 412 | 1063 | Staraj Bruno             | KOKSIJDE              | M   | 362   | 1:04:35 | 9,29 | 6:27    |
| 413 | 1490 | Dekien Robbe             | DE PANNE              | M   | 363   | 1:04:37 | 9,29 | 6:28    |
| 414 | 1033 | Coppens Rene             | KOKSIJDE              | M   | 364   | 1:04:50 | 9,25 | 6:29    |
| 415 | 1491 | Mortier Orry             | ADINKERKE             | M   | 365   | 1:04:51 | 9,25 | 6:29    |
| 416 | 1154 | Wauters Wim              | HUIZINGEN             | M   | 366   | 1:05:01 | 9,23 | 6:30    |
| 417 | 1432 | Busschaert Marc          | 1432                  | M   | 367   | 1:05:06 | 9,22 | 6:31    |
| 418 | 1395 | Loos Rudy                | OVERPELT              | M   | 368   | 1:05:08 | 9,21 | 6:31    |
| 419 | 1037 | Pauwels Jan              | OOSTDUINKERKE         | M   | 369   | 1:05:10 | 9,21 | 6:31    |
| 420 | 1483 | De Rous Isabelle         | KOKSIJDE              | M   | 370   | 1:05:19 | 9,19 | 6:32    |
| 421 | 1239 | Persyn Thomas            | SAINT MARTIN AU LAERT | M   | 371   | 1:05:33 | 9,15 | 6:33    |
| 422 | 1405 | Vandamme Daniel          | BRUGGE                | M   | 372   | 1:05:50 | 9,11 | 6:35    |
| 423 | 1357 | Dumon Gino               | OUDENBURG             | M   | 373   | 1:06:01 | 9,09 | 6:36    |
| 424 | 1391 | Samyn Luc                | ROESELARE             | M   | 374   | 1:06:04 | 9,08 | 6:36    |
| 425 | 1434 | Caestecker Laurens       | BRUGGE                | M   | 375   | 1:06:17 | 9,05 | 6:38    |
| 426 | 1171 | Lammens Erik             | DILBEEK               | M   | 376   | 1:06:34 | 9,01 | 6:39    |
| 427 | 1503 | Depoortere Joris         | KOKSIJDE              | M   | 377   | 1:07:10 | 8,93 | 6:43    |
| 428 | 1453 | Borms Magda              | DENDERMONDE           | M   | 378   | 1:07:15 | 8,92 | 6:43    |
| 429 | 1314 | Lucion Vincent           | BOUSSU                | M   | 379   | 1:07:40 | 8,87 | 6:46    |
| 430 | 1026 | Ollevier Jurgen          | OOSTDUINKERKE         | M   | 380   | 1:08:47 | 8,72 | 6:53    |
| 431 | 1250 | Van Eeckhoorn Stefan     | GIJZEGEM              | M   | 381   | 1:10:11 | 8,55 | 7:01    |
| 432 | 1297 | Van Roey Marc            | BRASSCHAAT            | M   | 382   | 1:10:31 | 8,51 | 7:03    |
| 433 | 1305 | Moerman Norbert          | KOKSIJDE              | M   | 383   | 1:10:40 | 8,49 | 7:04    |
| 434 | 1083 | Berlemont Jean-Louis     | KOKSIJDE              | M   | 384   | 1:10:58 | 8,45 | 7:06    |
| 435 | 1249 | Van Hespen Jozef         | GIJZEGEM              | M   | 385   | 1:11:18 | 8,41 | 7:08    |
| 436 | 1002 | Vandenbussche Bart       | KOKSIJDE              | M   | 386   | 1:12:28 | 8,28 | 7:15    |
| 437 | 1018 | Mezhaev Eldar            | KOKSIJDE              | M   | 387   | 1:12:29 | 8,28 | 7:15    |
| 438 | 1205 | Deceuninck Melvyn        | ROESELARE             | M   | 388   | 1:13:09 | 8,20 | 7:19    |
| 439 | 1076 | Pylyser Bjorn            | KOKSIJDE              | M   | 389   | 1:13:56 | 8,12 | 7:24    |