

8e Tussen 2 Feestenloop Knokke - 26 december 2015

5,5 KM

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
1	617	VANWALLEGHEM Stan	SINT-KRUIS	18	her	1	0:17:12	19,19	3:08
2	493	SAMSON Jente	BERLARE	24	her	2	0:17:20	19,04	3:09
3	633	NAEYAERTS Louis	SINT-ANDRIES	20	her	3	0:17:30	18,86	3:11
4	241	BASSLÉ Joris	BRUGGE	16	her	4	0:17:37	18,73	3:12
5	697	WILLEMS Thibault	KNOKKE-HEIST	14	juh	1	0:17:41	18,66	3:13
6	646	LAGAST Jonas	VARSÉNARE	23	her	5	0:18:17	18,05	3:19
7	492	VANAUDENAERDE Klaas	OOSTKAMP	27	her	6	0:18:17	18,05	3:19
8	640	VIANE Florian	DAMME	23	her	7	0:18:26	17,90	3:21
9	251	VERWAERDE Stijn	KNOKKE-HEIST	18	her	8	0:18:31	17,82	3:22
10	2837	DHAENEKINT Pieterjan	BRUGGE	26	her	9	0:18:34	17,77	3:23
11	449	SLABBINCK Wouter	KNOKKE-HEIST	23	her	10	0:18:55	17,44	3:26
12	146	VERBEKE Bert	SINT-LAUREINS	33	her	11	0:19:18	17,10	3:31
13	405	GHEQUIERE Kurt	BRUGGE	41	her	12	0:19:53	16,60	3:37
14	553	SCHOONACKER Jehudi	OOSTEEKLO	37	her	13	0:19:58	16,53	3:38
15	679	TIMMERMAN Wim	BRUGGE	31	her	14	0:20:12	16,34	3:40
16	412	MARTENS Kasper	ZINGEM	15	juh	2	0:20:23	16,19	3:42
17	227	NAGELS Loran	OOSTENDE	15	juh	3	0:20:28	16,12	3:43
18	160	MAES Viktor	WEVELGEM	16	her	15	0:20:40	15,97	3:45
19	626	LENAERTS Herman	MOERZEKE	49	her	16	0:20:48	15,87	3:47
20	596	DE KESEL Yorbe	ADEGEM	12	juh	4	0:20:51	15,83	3:47
21	238	BURSENS Gilles	KNOKKE-HEIST	10	juh	5	0:21:02	15,69	3:49
22	634	DE BEL Nico	BEERNEM	50	her	17	0:21:12	15,57	3:51
23	625	VANTORRE Nick	KNOKKE-HEIST	24	her	18	0:21:19	15,48	3:53
24	689	VIANE Joeri	KNOKKE-HEIST	22	her	19	0:21:36	15,28	3:56
25	610	RAES Arne	KNOKKE-HEIST	16	her	20	0:21:40	15,23	3:56
26	188	DHONT Thibaut	NUKERKE	15	juh	6	0:21:43	15,20	3:57
27	339	BAST Pol	STEINFORT	14	juh	7	0:21:52	15,09	3:59
28	330	BROOHAERTS Josse	KAPELLE-OP-DEN-BOS	60	her	21	0:21:52	15,09	3:59
29	2808	MEHEUS Nicolas	HOLSBEEK	13	juh	8	0:21:57	15,03	3:59
30	158	MAES Emiel	WEVELGEM	13	juh	9	0:22:02	14,98	4:00
31	260	DANDREA Lorenzo	KNOKKE-HEIST	19	her	22	0:22:06	14,93	4:01
32	532	DE PRAETERE Fritz	ZINGEM	47	her	23	0:22:30	14,67	4:05
33	226	JACK Lathouwers	ANTWERPEN	18	her	24	0:22:35	14,61	4:06
34	421	DE BAETS Thierry	OUD-TURNHOUT	41	her	25	0:22:42	14,54	4:08
35	2825	DE VILLE Lennert	DENDERHOUTEM	12	juh	10	0:22:44	14,52	4:08
36	655	MARINUS Elise	WILRIJK	12	juf	1	0:22:46	14,49	4:08
37	266	BLOMME Damienne	ZUIENKERKE	52	vro	1	0:22:46	14,49	4:08
38	536	HUYSHONDT Gunther	LONDERZEEL	41	her	26	0:22:49	14,46	4:09
39	489	GHEERARDY Tessa	KOOLKERKE	23	vro	2	0:22:51	14,44	4:09
40	274	VAN BRABANDER Lina	GENT	34	vro	3	0:22:52	14,43	4:09
41	649	MARINOS Lucas	WILRIJK	15	juh	11	0:23:09	14,25	4:13
42	1011	DECLOEDT Senne	KNOKKE-HEIST	23	her	27	0:23:12	14,22	4:13
43	546	ECTOR Bavo	WINKSELE	40	her	28	0:23:13	14,21	4:13
44	189	DHONT Gauthier	NUKERKE	12	juh	12	0:23:15	14,19	4:14
45	467	STROO Tobin	HEIST-AAN-ZEE	25	her	29	0:23:15	14,19	4:14
46	282	RUNE Doom	GISTEL	11	juh	13	0:23:16	14,18	4:14
47	142	DE VLEGHERE Jan	DAMME	30	her	30	0:23:16	14,18	4:14
48	325	DE BREE Frank	DAMME	51	her	31	0:23:21	14,13	4:15
49	136	HUON Marc	KNOKKE-HEIST	48	her	32	0:23:24	14,10	4:15
50	481	VANNESTE Liesbeth	SCHAERBEEK	29	vro	4	0:23:25	14,09	4:15
51	2859	DECORTE Warre	KNOKKE-HEIST	9	juh	14	0:23:27	14,07	4:16
52	225	VANDERKEILEN Peter	KNOKKE-HEIST	47	her	33	0:23:27	14,07	4:16
53	2806	NOBUS Mathieu	KNOKKE-HEIST	9	juh	15	0:23:31	14,03	4:17
54	621	VERHAEGHE Hannah	ASSEBROEK	27	vro	5	0:23:38	13,96	4:18
55	144	OSAER Arne	KNOKKE-HEIST	14	juh	16	0:23:44	13,90	4:19
56	619	VANMAELE Luc	WESTKAPELLE	56	her	34	0:23:45	13,89	4:19
57	620	AERTS Martine	KNOKKE-HEIST	55	vro	6	0:23:45	13,89	4:19
58	308	MERLEVEDE Brecht	KNOKKE-HEIST	15	juh	17	0:23:51	13,84	4:20
59	2858	LEFLOT Louis	KNOKKE-HEIST	11	juh	18	0:23:55	13,80	4:21
60	194	DEVISCH Martijn	KNOKKE-HEIST	31	her	35	0:23:58	13,77	4:21
61	564	VAN DE SOMPELE Stefaan	KNOKKE-HEIST	52	her	36	0:24:06	13,69	4:23
62	622	CAN COMPERMOLLE Luc	ASSEBROEK	37	her	37	0:24:07	13,68	4:23

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
63	652	VQNDERLINDEN Max	ANTWERPEN	12	juh	19	0:24:09	13,66	4:23
64	656	SNAUWAERT Isabel	KNOKKE-HEIST	44	vro	7	0:24:11	13,65	4:24
65	438	GOVAERT Olivier		20	her	38	0:24:14	13,62	4:24
66	2874	HEUZEL Laurens	DUDZELE	29	her	39	0:24:17	13,59	4:25
67	699	WILLEMS Emile	KNOKKE-HEIST	10	juh	20	0:24:18	13,58	4:25
68	566	BOELAERT Nick	KNOKKE-HEIST	12	juh	21	0:24:18	13,58	4:25
69	468	VANNEUVILLE Tom	SINT-NIKLAAS	15	juh	22	0:24:20	13,56	4:25
70	544	WOLFCARIUS Tristian	LUXEMBOURG	10	juh	23	0:24:21	13,55	4:26
71	401	STEFFEN Barbara	KNOKKE-HEIST	46	vro	8	0:24:25	13,52	4:26
72	268	OPSOMER Laurence	KNOKKE-HEIST	18	vro	9	0:24:27	13,50	4:27
73	340	BAST Nick	STEINFORT	17	her	40	0:24:28	13,49	4:27
74	323	DE BREE Tibo	DAMME	18	her	41	0:24:29	13,48	4:27
75	135	EERDEKENS Rune	DESTELBERGEN	10	juh	24	0:24:31	13,46	4:27
76	550	VERDRUYE Henk	KNOKKE-HEIST	51	her	42	0:24:34	13,43	4:28
77	396	VANDERSCHAEGHE Louis	KNOKKE-HEIST	13	juh	25	0:24:37	13,41	4:29
78	2838	LANDUYT Steve	SLUIS	41	her	43	0:24:38	13,40	4:29
79	630	OVAERE Jonas	ZWEVEGEM	23	her	44	0:24:42	13,36	4:29
80	248	HALLERBACH Bert	TRIER	51	her	45	0:24:45	13,33	4:30
81	208	DE BEL Bianca	BREDENE	49	vro	10	0:24:46	13,32	4:30
82	397	DE ROECK Bart	ZWALM	33	her	46	0:24:47	13,32	4:30
83	2826	DE VILLE Filip	HAALTERT	47	her	47	0:24:55	13,24	4:32
84	437	WITTOCK Dries	BRUSSEGEM	17	her	48	0:24:57	13,23	4:32
85	534	SAILLART Bas	KONTICH	16	her	49	0:24:58	13,22	4:32
86	217	LATHOUWERS Bill	ANTWERPEN	16	her	50	0:24:58	13,22	4:32
87	602	BLATON Sebbe	SINT-KRUIS	12	juh	26	0:25:02	13,18	4:33
88	2883	LANGENBLICK Bas	ASSEBROEK	12	juh	27	0:25:02	13,18	4:33
89	193	BULCKE Miguel	KNOKKE-HEIST	46	her	51	0:25:02	13,18	4:33
90	2860	DECORTE Kasper	KNOKKE-HEIST	13	juh	28	0:25:15	13,07	4:35
91	562	JONCKHEERE Maxim	KNOKKE-HEIST	12	juh	29	0:25:16	13,06	4:36
92	197	BULLYNCK Nick	KNOKKE-HEIST	51	her	52	0:25:21	13,02	4:37
93	537	ANTHEUNIS Jasper	WESTKAPELLE	12	juh	30	0:25:26	12,98	4:37
94	209	MUYLLAERT Samuel	BRUGGE	11	juh	31	0:25:27	12,97	4:38
95	127	LOUAGIE Britt	KNOKKE-HEIST	13	juf	2	0:25:29	12,95	4:38
96	661	STROOBANDT Harry	ASSEBROEK	20	her	53	0:25:30	12,94	4:38
97	422	VANDENBERGHE Jim	KNOKKE-HEIST	50	her	54	0:25:35	12,90	4:39
98	568	BOELAERT Ignace	KNOKKE-HEIST	47	her	55	0:25:36	12,89	4:39
99	571	CLAEYS Gino	WACHTEBEKE	54	her	56	0:25:37	12,88	4:39
100	609	VERHELST Pascale	RAMSKAPELLE	38	vro	11	0:25:38	12,87	4:40
101	376	HUYS Bart	KNOKKE-HEIST	14	juh	32	0:25:40	12,86	4:40
102	645	RUBBENS Ellen	ZONNEGEM	23	vro	12	0:25:40	12,86	4:40
103	2887	VAN BIERVLIET Jeroen	ASSEBROEK	21	her	57	0:25:41	12,85	4:40
104	521	MAERTENS Jan	KNOKKE	48	her	58	0:25:43	12,83	4:41
105	322	ALLAERT Piet	KNOKKE-HEIST	58	her	59	0:25:43	12,83	4:41
106	1058	NEELTJE Friebe	ALKMAAR	39	vro	13	0:25:44	12,82	4:41
107	402	LAUREIJS Francois	KNOKKE-HEIST	69	her	60	0:25:44	12,82	4:41
108	2894	DE MUYNCK Luc	KNOKKE-HEIST	48	her	61	0:25:45	12,82	4:41
109	2891	FLAMA Wouter	KNOKKE-HEIST	30	her	62	0:25:54	12,74	4:43
110	214	VILAIN Roger	KNOKKE-HEIST	71	her	63	0:25:57	12,72	4:43
111	304	DOSSCHE Wim	EEKLO	46	her	64	0:25:59	12,70	4:43
112	678	HILLEWAERT Pascal	KNOKKE-HEIST	24	vro	14	0:26:00	12,69	4:44
113	2893	BAEYENS Caroline	KNOKKE-HEIST	36	vro	15	0:26:02	12,68	4:44
114	341	MERGEN Lou	STEINFORT	11	juh	33	0:26:02	12,68	4:44
115	159	MAES Jules	WEVELGEM	11	juh	34	0:26:06	12,64	4:45
116	533	WILLEMS Kevin	ASSEBROEK	25	her	65	0:26:07	12,64	4:45
117	2810	DESTROOPER Matthias	GAVERE	10	juh	35	0:26:09	12,62	4:45
118	151	BULCKE Lars	KNOKKE-HEIST	8	juh	36	0:26:10	12,61	4:45
119	150	BULCKE Christoff	KNOKKE-HEIST	44	her	66	0:26:11	12,60	4:46
120	306	LESY Mathis	BRUGGE	8	juh	37	0:26:14	12,58	4:46
121	2834	LEMMENS Koen	KNOKKE-HEIST	51	her	67	0:26:17	12,56	4:47
122	631	COVELIERS Nadia	BOOM	23	vro	16	0:26:18	12,55	4:47
123	2805	MATTHYS Jolien	VOSSELAAR	12	juf	3	0:26:21	12,52	4:47
124	632	WAEYAERT Guido	SINT-ANDRIES	48	her	68	0:26:23	12,51	4:48
125	178	MARTENS Jason	BRUGGE	9	juh	38	0:26:23	12,51	4:48
126	179	MIGUEL Martens	BRUGGE	41	her	69	0:26:24	12,50	4:48
127	143	GOEDGEBEUR Jacques	DAMME	59	her	70	0:26:27	12,48	4:49
128	2870	PIETERS Elke	DUDZELE	31	vro	17	0:26:29	12,46	4:49

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129	2824	DE BODT Daan	ASPELARE	12	juh	39	0:26:31	12,45	4:49
130	125	VERMEERSCH Joren	BRUGGE	14	juh	40	0:26:32	12,44	4:49
131	601	YSENBAERT Kylian	OOSTKERKE (DAMME)	12	juh	41	0:26:33	12,43	4:50
132	388	DEMUYNCK Kwinten	KNOKKE-HEIST	20	her	71	0:26:34	12,42	4:50
133	219	KELLY Dhondt	KNOKKE-HEIST	13	juf	4	0:26:34	12,42	4:50
134	198	BULLYNCK Corneel	KNOKKE-HEIST	13	juh	42	0:26:35	12,41	4:50
135	2845	JEURIS Elien	KNOKKE-HEIST	13	juf	5	0:26:36	12,41	4:50
136	629	ONAERE Franky	ZWEVEGEM	46	her	72	0:26:39	12,38	4:51
137	290	DE BAETS Brent	MALDEGEM	10	juh	43	0:26:42	12,36	4:51
138	549	COCQUYT Laurens	EEKLO	21	her	73	0:26:42	12,36	4:51
139	2846	DE GRAEVE Heidi	KNOKKE-HEIST	43	vro	18	0:26:53	12,28	4:53
140	267	STULTJENS Bea	ZUIENKERKE	20	vro	19	0:26:55	12,26	4:54
141	271	PAUWELS Michel	WIJGMAAL (VL.BR.)	59	her	74	0:26:55	12,26	4:54
142	541	DE ROO Peter	SINT-MARTENS-LATEM	46	her	75	0:26:55	12,26	4:54
143	253	NINCLAUS Stefanie	DENTERGEM	22	vro	20	0:26:57	12,24	4:54
144	575	LOPEZ Martin	FLÉMALLE	59	her	76	0:26:58	12,24	4:54
145	408	BOONE Thomas	NEVELE	25	her	77	0:26:58	12,24	4:54
146	451	BOUMERKHOUSA Zeno	GENT	13	juh	44	0:27:00	12,22	4:55
147	291	VAN DAELE Ronny	WAARSCHOOT	59	her	78	0:27:03	12,20	4:55
148	403	GHEQUIERE Seppe	BRUGGE	13	juh	45	0:27:03	12,20	4:55
149	374	HUYS Jeroen	KNOKKE-HEIST	16	her	79	0:27:04	12,19	4:55
150	237	GUIDO Burssens	KNOKKE-HEIST	48	her	80	0:27:06	12,18	4:56
151	269	OPSOMER Bruno	KNOKKE-HEIST	49	her	81	0:27:11	12,14	4:57
152	309	MERLEVEDE Jasper	KNOKKE-HEIST	12	juh	46	0:27:14	12,12	4:57
153	277	VAN POUCKE Thomas	DAMME	10	juh	47	0:27:16	12,10	4:57
154	228	NAGELS Rania	OOSTENDE	13	juf	6	0:27:18	12,09	4:58
155	132	CRANINX Arnaud	HEVER	11	juh	48	0:27:23	12,05	4:59
156	2890	DE GROOTE Jan	KNOKKE-HEIST	58	her	82	0:27:25	12,04	4:59
157	229	EERDEKENS Koen	DESTELBERGEN	48	her	83	0:27:25	12,04	4:59
158	615	SCHEIR Koen	ASSENEDE	45	her	84	0:27:25	12,04	4:59
159	584	COMPERNOLLE Cleyton	ZEEBRUGGE	11	juh	49	0:27:26	12,03	4:59
160	254	FLAMEY Sven	KNOKKE-HEIST	22	her	85	0:27:26	12,03	4:59
161	184	RIJCKAERT Stanny	KNOKKE-HEIST	13	juh	50	0:27:28	12,01	5:00
162	2885	VANWESTE Eneas	BEERSE	15	juh	51	0:27:30	12,00	5:00
163	515	LANNIJE Quinten	BALEN	10	juh	52	0:27:30	12,00	5:00
164	204	DE GROOTE Moira	KNOKKE-HEIST	26	vro	21	0:27:31	11,99	5:00
165	2886	VANNESTE Achiël	BEERSE	14	juh	53	0:27:31	11,99	5:00
166	2892	BULTYNCK Karin	KNOKKE-HEIST	39	vro	22	0:27:34	11,97	5:01
167	2888	GUNST Annelies	STALHILLE	33	vro	23	0:27:36	11,96	5:01
168	436	WITTOCK Bram	BRUSSEGEM	17	her	86	0:27:38	11,94	5:01
169	595	CLAEYS Kasper	KNOKKE-HEIST	12	juh	54	0:27:41	11,92	5:02
170	567	BOELAERT Robbe	KNOKKE-HEIST	12	juh	55	0:27:46	11,88	5:03
171	244	LANNOO Nathalie	OOSTKAMP	23	vro	24	0:27:47	11,88	5:03
172	281	DEVISCH Eline	BRUGGE	12	juf	7	0:27:47	11,88	5:03
173	256	LEVRAU Jurgen	DENTERGEM	45	her	87	0:27:49	11,86	5:03
174	682	VANHULLE Rebecca	BLANKENBERGE	19	vro	25	0:27:49	11,86	5:03
175	547	VANDAMME Johan	EEKLO	56	her	88	0:27:51	11,85	5:04
176	298	CLAERHOUT Dieter	KNOKKE-HEIST	38	her	89	0:27:52	11,84	5:04
177	2879	JUDITH Judith	BREDA	31	vro	26	0:27:57	11,81	5:05
178	2876	DENDOOVEN Dimitri	KNOKKE-HEIST	40	her	90	0:27:58	11,80	5:05
179	2857	RUTTENS Sebbe	KNOKKE-HEIST	13	juh	56	0:27:59	11,79	5:05
180	548	DE PANNEMAEKER John	EEKLO	44	her	91	0:28:04	11,76	5:06
181	210	DE PETTER Dimitri	NIEUWPOORT	25	her	92	0:28:05	11,75	5:06
182	295	CLAEYSOONE Niklaas	KNOKKE-HEIST	45	her	93	0:28:05	11,75	5:06
183	490	DUCATE Flo	KNOKKE-HEIST	38	vro	27	0:28:06	11,74	5:07
184	166	DE POURCQ Thomas	MALDEGEM	11	juh	57	0:28:17	11,67	5:09
185	101	DE WIT Koen	KNOKKE-HEIST	46	her	94	0:28:19	11,65	5:09
186	110	VANDEVYVER Philippe	KAPRIJKE	40	her	95	0:28:19	11,65	5:09
187	157	DECNEUDT Martine	WEVELGEM	48	vro	28	0:28:22	11,63	5:09
188	381	BAUWENS Tom	KNOKKE-HEIST	42	her	96	0:28:25	11,61	5:10
189	2835	VAN UYTSEL Ben	EDEGEM	34	her	97	0:28:29	11,59	5:11
190	373	HUYS Eliane	KNOKKE-HEIST	10	juf	8	0:28:30	11,58	5:11
191	585	VAN DEN BROUCKE Simon	MALDEGEM	10	juh	58	0:28:32	11,57	5:11
192	2801	VAN DEN NEUCHTER Luc	SINT-LAUREINS	55	her	98	0:28:32	11,57	5:11
193	242	DESPIEGELAERE Bernard	DAMME	44	her	99	0:28:35	11,55	5:12
194	2844	GHYSELS Christel	ASPELARE	45	vro	29	0:28:37	11,53	5:12

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194	195	KRIS Landuyt	GISTEL	46	her	100	0:28:37	11,53	5:12
196	2807	NOBUS Estelle	KNOKKE-HEIST	12	juf	9	0:28:38	11,53	5:12
197	654	WATERKEYN Zeline	WILRIJK	12	juf	10	0:28:39	11,52	5:13
198	316	PROVOOST Geert	KNOKKE-HEIST	53	her	101	0:28:41	11,50	5:13
199	199	DE GROOTE Stefanie	KNOKKE-HEIST	45	vro	30	0:28:43	11,49	5:13
200	627	VAN DE GEUCHTE Michael	MALDEGEM	36	her	102	0:28:47	11,46	5:14
201	657	HOLLEMAN Emma	BRUGGE	24	vro	31	0:28:49	11,45	5:14
202	2836	VAN HUMBEEK Axel	STERREBEEK	11	juh	59	0:29:00	11,38	5:16
203	128	LOUAGIE Amber	KNOKKE-HEIST	14	juf	11	0:29:04	11,35	5:17
204	113	NOMIN Meyfrootd	BRUGGE	11	juf	12	0:29:05	11,35	5:17
205	112	KATHLEEN Loobuyck	BRUGGE	39	vro	32	0:29:05	11,35	5:17
206	312	HERBOTS Laurence	KNOKKE-HEIST	22	her	103	0:29:06	11,34	5:17
207	2854	DIRICX Ilse	HEIST-OP-DEN-BERG	49	vro	33	0:29:10	11,31	5:18
208	450	CALLANT Jan	KNOKKE-HEIST	36	her	104	0:29:11	11,31	5:18
209	313	ABEELE Thomas	KNOKKE-HEIST	28	her	105	0:29:12	11,30	5:19
210	250	WEINERTH Fabian	BÖHL-IGGELHEIM	16	her	106	0:29:17	11,27	5:19
211	280	DE BIE Angelique	KNOKKE-HEIST	25	vro	34	0:29:20	11,25	5:20
212	252	CORTVRIENDT Sofie	LUBBEEK	44	vro	35	0:29:22	11,24	5:20
213	153	HUYGHE Lynn	KNOKKE-HEIST	24	vro	36	0:29:24	11,22	5:21
214	2820	VAN EEGHEM Vic	KNOKKE-HEIST	8	juh	60	0:29:26	11,21	5:21
215	2819	VAN EEGHEM Philip	KNOKKE-HEIST	36	her	107	0:29:26	11,21	5:21
216	543	DIRICX Patrick	HAACHT	53	her	108	0:29:27	11,21	5:21
217	662	TIMMERMAN Joeri	KNOKKE-HEIST	40	her	109	0:29:29	11,19	5:22
218	624	PERREMAN Nick	KNOKKE-HEIST	24	her	110	0:29:30	11,19	5:22
219	574	GREISCH Alexis	NEUPRÉ	32	her	111	0:29:30	11,19	5:22
220	300	CLAERHOUT Menno	KNOKKE-HEIST	10	juh	61	0:29:32	11,17	5:22
221	289	DE BAETS Christophe	MALDEGEM	40	her	112	0:29:33	11,17	5:22
222	488	WINNE Loic	KNOKKE-HEIST	18	her	113	0:29:34	11,16	5:23
223	660	WILLEMS Robbe	KNOKKE-HEIST	17	her	114	0:29:35	11,15	5:23
224	314	HERBOTS Vincent	KNOKKE-HEIST	26	her	115	0:29:37	11,14	5:23
225	570	WILLEMS Dieter	ESEN	22	her	116	0:29:39	11,13	5:23
226	569	LANCKRIET Bart	KNOKKE-HEIST	49	her	117	0:29:40	11,12	5:24
227	358	LIETAERT Jonas	KNOKKE-HEIST	11	juh	62	0:29:41	11,12	5:24
228	538	ANTHEUNIS Sarah	WESTKAPELLE	16	vro	37	0:29:42	11,11	5:24
229	350	BRONCHAIS Liam	KNOKKE-HEIST	11	juh	63	0:29:42	11,11	5:24
230	414	BULCKE Chris	KNOKKE-HEIST	51	her	118	0:29:43	11,10	5:24
231	487	STEFFEN Eliza	KNOKKE-HEIST	18	vro	38	0:29:44	11,10	5:24
232	359	HOLTZ Mateo	KNOKKE-HEIST	11	juh	64	0:29:45	11,09	5:25
233	411	DETEMMERMAN Mathieu	OOSTERZELE	24	her	119	0:29:45	11,09	5:25
234	349	VLAMYNCK Gaetan	KNOKKE-HEIST	11	juh	65	0:29:45	11,09	5:25
235	348	VLAMYNCK Gregory	KNOKKE-HEIST	11	juh	66	0:29:46	11,09	5:25
236	616	VANDEPITTE Nathan	KNOKKE-HEIST	17	her	120	0:29:46	11,09	5:25
237	658	DE KEZEL Els	KNOKKE-HEIST	41	vro	39	0:29:46	11,09	5:25
238	659	VANDIERENDONCK Jurgen	KNOKKE-HEIST	41	her	121	0:29:46	11,09	5:25
239	355	BRONCHAIN Mathias	KNOKKE-HEIST	13	juh	67	0:29:47	11,08	5:25
240	255	MATTHYS Carine	KNOKKE-HEIST	50	vro	40	0:29:47	11,08	5:25
241	338	SCHRANZ Pascale	WILTZ/LUXEMBOURG	50	vro	41	0:29:48	11,07	5:25
242	243	SCHOENMAEKERS Dirk	BEERSE	42	her	122	0:29:48	11,07	5:25
243	279	SYS Daniëlla	KNOKKE-HEIST	53	vro	42	0:29:49	11,07	5:25
244	356	DE KEYZER Warre	KNOKKE-HEIST	11	juh	68	0:29:49	11,07	5:25
245	637	VAN HEMELRYCK Dray	BRUGGE	9	juh	69	0:29:50	11,06	5:25
246	644	DE MAERTELEERE Luc	SINT-LAUREINS	48	her	123	0:29:51	11,06	5:26
246	2867	OTTEVAERE Muriel	KNOKKE-HEIST	47	vro	43	0:29:51	11,06	5:26
248	352	RYCKELINCK Sean	KNOKKE-HEIST	11	juh	70	0:29:51	11,06	5:26
249	347	STANGHE Xavier	KNOKKE-HEIST	11	juh	71	0:29:52	11,05	5:26
250	639	DE MEYER Tinny	SINT-LAUREINS	108	xxx	1	0:29:52	11,05	5:26
251	2802	BLANCKAERT Piet	KNOKKE-HEIST	40	her	124	0:29:52	11,05	5:26
252	351	WOLFS Lou	KNOKKE-HEIST	11	juh	72	0:29:52	11,05	5:26
253	2866	BARSOONS Marie Laurence	KNOKKE-HEIST	37	vro	44	0:29:55	11,03	5:26
254	360	MYNY Yannick	KNOKKE-HEIST	24	her	125	0:29:57	11,02	5:27
255	357	GOEMAERE Brecht	KNOKKE-HEIST	11	juh	73	0:29:57	11,02	5:27
256	353	JONKER Timo	KNOKKE-HEIST	12	juh	74	0:29:57	11,02	5:27
257	555	LAMBRON Michiel	GENT	26	her	126	0:29:59	11,01	5:27
258	476	HINOUL Mathieu	KNOKKE-HEIST	53	her	127	0:29:59	11,01	5:27
259	264	WYBO Frank	MIDDELBURG	43	her	128	0:30:00	11,00	5:27
260	477	VANDIERENDOCK Ria	KNOKKE-HEIST	49	vro	45	0:30:00	11,00	5:27

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
261	483	PATTIST Kelly	KNOKKE-HEIST	23	vro	46	0:30:01	10,99	5:27
262	299	CLAERHOUT Ebe	KNOKKE-HEIST	12	juf	13	0:30:02	10,99	5:28
263	187	DE WEERDT Key	KNOKKE-HEIST	23	her	129	0:30:04	10,98	5:28
264	172	DEBEUF Julie	NEVELE	22	vro	47	0:30:05	10,97	5:28
265	176	VERMEULEN Thomas	AARTSELAAR	29	her	130	0:30:07	10,96	5:29
266	177	KOOT Maxime	AARTSELAAR	26	vro	48	0:30:07	10,96	5:29
267	561	CASTELEYN Els	OOSTKAMP	45	vro	49	0:30:11	10,93	5:29
268	520	AERTS Charlotte	LIER	25	vro	50	0:30:12	10,93	5:29
269	186	BOGAERT Julie	KNOKKE-HEIST	16	vro	51	0:30:12	10,93	5:29
270	366	JONKER Chris	KNOKKE-HEIST	39	her	131	0:30:14	10,92	5:30
271	535	MAES Bonnie	LONDERZEEL	38	vro	52	0:30:15	10,91	5:30
272	205	HEIRMAN Marcia	TELLIN	51	vro	53	0:30:17	10,90	5:30
273	643	JONCKHEERE Ilse	ASSEBROEK	32	vro	54	0:30:21	10,87	5:31
274	328	DE LEENER Patrick	KNOKKE-HEIST	50	her	132	0:30:22	10,87	5:31
275	288	CORTVRIENDT Axel	NAZARETH	38	her	133	0:30:23	10,86	5:31
276	514	LANNOIJE Marnix	HEIDELBERG	40	her	134	0:30:25	10,85	5:32
277	442	MESUERE Mario	KNOKKE-HEIST	45	her	135	0:30:27	10,84	5:32
278	129	VERMEIREN Peter	SINT-MARGRIETE	45	her	136	0:30:28	10,83	5:32
279	441	LECLERCQ Dany	HANNUT	66	her	137	0:30:29	10,83	5:33
280	333	BANDIN Stéphane	VILLERS-LA-VILLE	33	her	138	0:30:31	10,81	5:33
281	365	DE KEYZER Stefaan	KNOKKE-HEIST	41	her	139	0:30:33	10,80	5:33
282	608	NUPIE Patrick	KNOKKE-HEIST	57	her	140	0:30:39	10,77	5:34
283	2861	DECORTE Rune	KNOKKE-HEIST	12	juf	14	0:30:41	10,76	5:35
284	387	CALLANT Emily	KNOKKE-HEIST	16	vro	55	0:30:45	10,73	5:35
285	2869	DE SCHRIJVER Luc	KNOKKE-HEIST	54	her	141	0:30:46	10,73	5:36
286	475	DAES Margaux	KNOKKE-HEIST	21	vro	56	0:30:47	10,72	5:36
287	474	PARELN Lara	KNOKKE-HEIST	22	vro	57	0:30:49	10,71	5:36
288	642	VIANE Lisa	DAMME	24	vro	58	0:30:50	10,70	5:36
289	641	BATSELEER Hilde	DAMME	48	vro	59	0:30:50	10,70	5:36
290	413	MARTENS Robbe	ZINGEM	11	juh	75	0:30:56	10,67	5:37
291	676	BOERJAN Emma	KNOKKE-HEIST	25	vro	60	0:30:59	10,65	5:38
292	385	VANNEUVILLE Anne	SINT-NIKLAAS	13	juf	15	0:31:00	10,65	5:38
293	222	KNOCKAERT Yarno	BRUGGE	10	juh	76	0:31:01	10,64	5:38
294	435	PIERRET Isabelle	PLAINEVAUX	41	vro	61	0:31:04	10,62	5:39
295	486	DE COCK Sara	KNOKKE-HEIST	18	vro	62	0:31:04	10,62	5:39
296	485	BULTINCK Febe	KNOKKE-HEIST	19	vro	63	0:31:05	10,62	5:39
297	469	MORGANE Bante	KNOKKE-HEIST	13	juf	16	0:31:07	10,61	5:39
298	563	DECOSTER Kurt	KNOKKE-HEIST	30	her	142	0:31:09	10,59	5:40
299	484	DEBRUYNE Kris	KOEKELARE	51	her	143	0:31:11	10,58	5:40
300	390	VANDEN DRIESSCHE Nadine	TERNAT	50	vro	64	0:31:13	10,57	5:41
301	130	CRANINX Michel	HEVER	45	her	144	0:31:15	10,56	5:41
302	131	CRANINX Cédric	HEVER	9	juh	77	0:31:15	10,56	5:41
303	317	VAN SUMMEREN Maycke	KNOKKE-HEIST	62	vro	65	0:31:16	10,55	5:41
304	410	WILLIAM Detemmerman	MAARKEDAL	54	her	145	0:31:17	10,55	5:41
305	551	VERDRUYE Naelle	KNOKKE-HEIST	21	vro	66	0:31:18	10,54	5:41
306	137	DIERENS Marianne	KNOKKE-HEIST	48	vro	67	0:31:19	10,54	5:42
306	554	REYCKAERT Stephanie	KNOKKE-HEIST	48	vro	67	0:31:19	10,54	5:42
308	361	WOLFS Geert	KNOKKE-HEIST	46	her	146	0:31:19	10,54	5:42
309	320	DECUYPER Eric	BRUGGE	50	her	147	0:31:23	10,52	5:42
310	466	SANTY Tino	STEKENE	12	juh	78	0:31:24	10,51	5:43
311	446	MUS Hilde	KNOKKE-HEIST	36	vro	69	0:31:25	10,50	5:43
312	2832	BOONE Seppe	DUDZELE	11	juh	79	0:31:25	10,50	5:43
313	2875	RALET Bruno	KNOKKE-HEIST	37	her	148	0:31:26	10,50	5:43
314	573	MERODIO Victor	TAVIER	66	her	149	0:31:30	10,48	5:44
315	152	RIMBAUT Steven	KNOKKE-HEIST	43	her	150	0:31:31	10,47	5:44
316	2884	DEBACKER Sandrine	KNOKKE-HEIST	25	vro	70	0:31:35	10,45	5:45
317	200	INGE Coopman	BREDENE	50	vro	71	0:31:38	10,43	5:45
318	432	LEFEBURE Inge	GENT	39	vro	72	0:31:38	10,43	5:45
319	117	TURK Maxime	KNOKKE-HEIST	19	vro	73	0:31:38	10,43	5:45
320	116	PROVOST Cédric	KNOKKE-HEIST	18	her	151	0:31:38	10,43	5:45
321	582	COMPERNOLLE Ian	ZEEBRUGGE	8	juh	80	0:31:42	10,41	5:46
322	542	SCHOOJANS Ann	HAACHT	48	vro	74	0:31:43	10,40	5:46
323	368	VANDERYSE Mart	BRUGGE	22	vro	75	0:31:44	10,40	5:46
324	677	BAUWENS Wietse	ZEEBRUGGE	14	juh	81	0:31:44	10,40	5:46
325	382	DOBBELAERE Stephanie	KNOKKE-HEIST	23	vro	76	0:31:44	10,40	5:46
326	665	CHRISTIAANSEN Johnny	DUDZELE	48	her	152	0:31:46	10,39	5:47

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
327	196	GROSEMANS Johnny	TONGEREN	50	her	153	0:31:48	10,38	5:47
328	265	CHAPAUX Annabelle	KNOKKE-HEIST	49	vro	77	0:31:50	10,37	5:47
329	552	GHYSELINCK Tanja	OOSTEEKLO	39	vro	78	0:31:50	10,37	5:47
330	638	VANHAUWAERT Jullie	DUDZELE	14	juf	17	0:31:52	10,36	5:48
331	263	MAENHOUDT Julie	KNOKKE-HEIST	12	juf	18	0:31:52	10,36	5:48
332	581	COMPERNOLLE Steve	ZEEBRUGGE	41	her	154	0:31:52	10,36	5:48
333	262	DEWISPELAERE Febe	KNOKKE-HEIST	12	juf	19	0:31:53	10,35	5:48
334	499	HUYGENS Katrien	LANDSKOUTER		xxx	2	0:31:53	10,35	5:48
335	114	DE BUCK Caroline	BRUGGE	49	vro	79	0:31:54	10,34	5:48
336	504	VAN DOORSLAGER Veerle	MELLE	35	vro	80	0:32:00	10,31	5:49
337	223	KNOCKAERT Henk	BRUGGE	40	her	155	0:32:01	10,31	5:49
338	558	DE PAUW Roos	MERELBEKE	9	juf	20	0:32:01	10,31	5:49
339	448	SLABBINCK Frederik	KNOKKE-HEIST	51	her	156	0:32:02	10,30	5:49
340	465	VERDUYN Kristel	STEKENE	43	vro	81	0:32:03	10,30	5:50
341	599	VAN ZANDWEGHE Koen	KNOKKE-HEIST	37	her	157	0:32:04	10,29	5:50
342	147	MESTDACH Charlotte	KNOKKE-HEIST	22	vro	82	0:32:07	10,28	5:50
343	491	SNAUWAERT Vanessa	KNOKKE-HEIST	37	vro	83	0:32:10	10,26	5:51
344	700	KREMERS Arno	KNOKKE-HEIST	33	her	158	0:32:11	10,25	5:51
345	276	VAN POUCKE Mateo	DAMME	8	juh	82	0:32:12	10,25	5:51
346	495	COSTERS Nadine	KNOKKE-HEIST	44	vro	84	0:32:12	10,25	5:51
347	278	VAN POUCKE Gerd	DAMME	43	her	159	0:32:12	10,25	5:51
348	531	DEPRAETERE Marie	ZINGEM	16	vro	85	0:32:18	10,22	5:52
349	2847	AERNOUTS Kevin	KNOKKE-HEIST	21	her	160	0:32:20	10,21	5:53
350	133	LEMAÎTRE Lieve	DESTELBERGEN	46	vro	86	0:32:22	10,20	5:53
351	134	EERDEKENS Yenthe	DESTELBERGEN	12	juf	21	0:32:23	10,19	5:53
352	332	BANDIN Nathalie	EVERE	39	vro	87	0:32:23	10,19	5:53
353	331	PETIT Thomas	EVERE	11	juh	83	0:32:24	10,19	5:53
354	2877	DEWULF Alex	KNOKKE-HEIST	14	juh	84	0:32:27	10,17	5:54
355	392	PECTOOR Joyce	KNOKKE-HEIST	35	vro	88	0:32:29	10,16	5:54
356	118	DEBRABANDERE Georges	KNOKKE-HEIST	59	her	161	0:32:30	10,15	5:55
357	2831	DE WAELE Jules	KNOKE	19	her	162	0:32:36	10,12	5:56
358	2830	DESMIDT Dries	KNOKKE-HEIST	19	her	163	0:32:36	10,12	5:56
359	168	GUYAUX Lucie	BRUSSEL	63	vro	89	0:32:37	10,12	5:56
360	319	MARTENS Nick	KNOKKE-HEIST	46	her	164	0:32:39	10,11	5:56
361	318	OBRENO Daisy	KNOKKE-HEIST	46	vro	90	0:32:39	10,11	5:56
362	202	VAN DE WALLE Patricia	KNOKKE-HEIST	51	vro	91	0:32:39	10,11	5:56
363	623	VAN DER LINDEN Philippe	SINT-GILLIS-WAAS	54	her	165	0:32:40	10,10	5:56
364	183	RIJCKAERT Daphné	KNOKKE-HEIST	15	juf	22	0:32:40	10,10	5:56
365	505	MEYSKENS Anna	GENT	9	juf	23	0:32:41	10,10	5:57
366	506	MEYSKENS Jan	GENT	8	juh	85	0:32:41	10,10	5:57
367	370	PAUWAERT Laura	KNOKKE-HEIST	21	vro	92	0:32:41	10,10	5:57
368	369	VAN GUYT Anneleen	EEDE	37	vro	93	0:32:44	10,08	5:57
369	215	SLABBINCK Nele	KNOKKE-HEIST	35	vro	94	0:32:45	10,08	5:57
370	102	DE JONGHE Ann	KNOKKE-HEIST	43	vro	95	0:32:45	10,08	5:57
371	559	KEYMEULEN Karen	MERELBEKE	45	vro	96	0:32:48	10,06	5:58
372	404	GHESEQUIERE Wietse	BRUGGE	14	juh	86	0:32:49	10,06	5:58
373	681	VERBEERE Samanti	DAMME	18	vro	97	0:32:51	10,05	5:58
374	680	STANDAERT Delphine	DAMME	19	vro	98	0:32:52	10,04	5:59
375	175	BRUYOOGHE Nikita	KNOKKE-HEIST	44	her	166	0:32:53	10,04	5:59
376	612	VANDAMME Martijn	ASSEBROEK	8	juh	87	0:32:54	10,03	5:59
377	386	WEISS Nancy	KNOKKE-HEIST	44	vro	99	0:32:54	10,03	5:59
378	154	VERBEKE Franca	BLANKENBERGE	41	vro	100	0:32:55	10,03	5:59
379	611	VANHAVERBEKE Lies	ASSEBROEK	38	vro	101	0:32:55	10,03	5:59
380	2814	VANDEPUTTE Nele	GAVERE	42	vro	102	0:32:55	10,03	5:59
381	105	LANNOO Lieselot	IZEGEM		xxx	3	0:32:56	10,02	5:59
382	2809	HERTELEER Katrien	HOLSBEEK	43	vro	103	0:32:56	10,02	5:59
383	321	VAN SANTVOORT Heidi	BRUGGE	44	vro	104	0:32:56	10,02	5:59
384	406	GHESEQUIERE Obe	BRUGGE	10	juf	24	0:32:57	10,02	5:59
385	334	PIRYNS Hilde	KNOKKE-HEIST	50	vro	105	0:32:57	10,02	5:59
386	407	GLAUDE Martine	BRUGGE	41	vro	106	0:32:58	10,01	6:00
387	140	ROGGHÉ Daniël	KNOKKE-HEIST	63	her	167	0:32:58	10,01	6:00
388	592	VERDUYN Remi	KNOKKE-HEIST	8	juh	88	0:32:59	10,01	6:00
389	586	VANDENBROUCKE Christophe	MALDEGEM	39	her	168	0:32:59	10,01	6:00
390	2839	JACXSENS Tomme	KNOKKE-HEIST	23	her	169	0:33:00	10,00	6:00
391	2840	DANNEELS Jelle	KNOKKE-HEIST	23	her	170	0:33:00	10,00	6:00
392	458	DENDOOVEN Silke		13	juf	25	0:33:02	9,99	6:00

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
393	587	VANHAELEWYN Filip	PUTTE	48	her	171	0:33:03	9,98	6:01
394	239	VANHOOREN Jean-Paul	BRUGGE	43	her	172	0:33:04	9,98	6:01
395	155	KREPS Paul	KNOKKE-HEIST	63	her	173	0:33:04	9,98	6:01
396	240	DE BUSSCHER Jessy	BRUGGE	42	vro	107	0:33:05	9,97	6:01
397	203	KREPS Tine	KNOKKE-HEIST	36	vro	108	0:33:05	9,97	6:01
398	530	NAOIA Naeye	KNOKKE-HEIST	53	vro	109	0:33:05	9,97	6:01
399	211	SCHIETTECATTE Nathalie	KNOKKE-HEIST	37	vro	110	0:33:06	9,97	6:01
400	165	VANDER CRUYSSSEN Aurélie	KNOKKE-HEIST	18	vro	111	0:33:07	9,96	6:01
401	666	DUMOMT Delphine	DAMME	33	vro	112	0:33:09	9,95	6:02
402	212	DE VOLDERE Pascal	KNOKKE-HEIST	36	her	174	0:33:10	9,95	6:02
403	605	YSENBAERT Frederik	KNOKKE-HEIST	44	her	175	0:33:11	9,94	6:02
404	457	DEMDOOKEN Jurgen	KNOKKE	41	her	176	0:33:12	9,94	6:02
405	115	BOENS Wim	KNOKKE-HEIST	49	her	177	0:33:12	9,94	6:02
406	455	DEMDOGUE Loic	KNOKKE-HEIST	10	juh	89	0:33:13	9,93	6:02
407	590	VANDAMME Valerie	KNOKKE-HEIST	39	vro	113	0:33:14	9,93	6:03
408	589	VAN JYCKE Koen	KNOKKE-HEIST	40	her	178	0:33:17	9,91	6:03
409	106	STORM Pascal	KNOKKE-HEIST	44	her	179	0:33:18	9,91	6:03
410	636	CLAEYS Tonij	HEIST-AAN-ZEE	40	her	180	0:33:19	9,90	6:03
411	696	SERLET Femke	KNOKKE-HEIST	8	juf	26	0:33:22	9,89	6:04
412	694	SERLET Olivier	KNOKKE-HEIST	41	her	181	0:33:23	9,89	6:04
413	528	DUJARDUYN Karen	SLEIDINGE	41	vro	114	0:33:26	9,87	6:05
414	2872	VAN WINGHE Wim	KEERBERGEN	45	her	182	0:33:30	9,85	6:05
415	336	KESTENS Patrick	IEPER	50	her	183	0:33:35	9,83	6:06
416	479	VERDURM Silke	PUIVELDE	9	juf	27	0:33:36	9,82	6:07
417	480	VERDUYN Tim	BELSELE	39	her	184	0:33:36	9,82	6:07
418	2813	MESTDAGH Frank	KNOKKE-HEIST	60	her	185	0:33:36	9,82	6:07
419	2873	VAN WINGHE Anne-Sophie	KEERBERGEN	16	vro	115	0:33:36	9,82	6:07
420	572	GOETHALS Annick	WACHTEBEKE	49	vro	116	0:33:37	9,82	6:07
421	104	CLAERHOUR Lieke	DAMME	11	juf	28	0:33:40	9,80	6:07
422	429	DELODDERE Julie	KNOKKE-HEIST	17	vro	117	0:33:41	9,80	6:07
423	565	LANCKRIET Sarah	KNOKKE-HEIST	17	vro	118	0:33:41	9,80	6:07
424	344	UYTTENHOVE An	KNOKKE-HEIST	39	vro	119	0:33:43	9,79	6:08
425	235	BOUCSAIN Brigitte	KNOKKE-HEIST	49	vro	120	0:33:54	9,73	6:10
426	367	BACQUE Natacha	KNOKKE-HEIST	40	vro	121	0:33:55	9,73	6:10
427	161	DEREU Pauline	KNOKKE-HEIST	10	juf	29	0:33:57	9,72	6:10
428	141	HOEST Inge	KNOKKE-HEIST	35	vro	122	0:33:57	9,72	6:10
429	2852	MYS Sarah	NEUSTADT	36	vro	123	0:33:57	9,72	6:10
430	2868	VAN DE WALLE Katleen	AALTER	48	vro	124	0:33:58	9,72	6:11
431	2815	DE CORTE Lynn	DAMME	35	vro	125	0:33:58	9,72	6:11
432	473	DE BEER Dirk	KNOKKE-HEIST	59	her	186	0:33:59	9,71	6:11
433	471	DE BEER Jeroen	KNOKKE-HEIST	20	her	187	0:33:59	9,71	6:11
434	418	VERSTAPPEN Emma	WESTERLO	12	juf	30	0:34:05	9,68	6:12
435	182	DEVOOGHT Muriel	KNOKKE-HEIST	42	vro	126	0:34:05	9,68	6:12
436	181	DEVOOGHT Thibo	KNOKKE-HEIST	19	her	188	0:34:05	9,68	6:12
437	503	SAVELS Amelia	KNOKKE-HEIST	9	juf	31	0:34:05	9,68	6:12
438	502	SOMERS Kevin	BRUGGE	26	her	189	0:34:06	9,68	6:12
439	417	VERSTAPPEN Kris	WESTERLO	42	her	190	0:34:06	9,68	6:12
440	270	BRACQUEZ Saskia	KNOKKE-HEIST	44	vro	127	0:34:08	9,67	6:12
441	667	VERCAEMER Catharine	KNOKKE-HEIST	49	vro	128	0:34:09	9,66	6:13
442	523	AERTS Jef	RETIE	12	juh	90	0:34:11	9,65	6:13
443	628	DE BAETS Davine	DAMME	34	vro	129	0:34:14	9,64	6:13
444	335	WARLOP Anja	IEPER	44	vro	130	0:34:15	9,64	6:14
445	167	VAN ACKER Dominique	MALDEGEM	47	vro	131	0:34:16	9,63	6:14
446	670	STANDAERT Pedro	DAMME	44	her	191	0:34:19	9,62	6:14
447	671	VERMOTE Anje	DAMME	43	vro	132	0:34:19	9,62	6:14
448	2856	RUTTENS Amber	KNOKKE-HEIST	10	juf	32	0:34:20	9,61	6:15
449	2855	RUTTENS Kurt	KNOKKE-HEIST	41	her	192	0:34:21	9,61	6:15
450	337	NOÉ Patrick	DEURLE	46	her	193	0:34:21	9,61	6:15
451	180	MARTENS Ian	BRUGGE	12	juh	91	0:34:22	9,60	6:15
452	613	VANDAMME Klaas	ASSEBROEK	7	juh	92	0:34:22	9,60	6:15
453	614	VANDAMME Dirk	ASSEBROEK	61	her	194	0:34:23	9,60	6:15
454	393	CORTIER Evelien	KNOKKE-HEIST	32	vro	133	0:34:24	9,59	6:15
455	673	REUBENS Wim	HEIST-AAN-ZEE	23	her	195	0:34:26	9,58	6:16
456	326	VERMEULEN Emiel	KOOLSKAMP	22	her	196	0:34:27	9,58	6:16
457	472	DE BEER Jakobe	KNOKKE	22	vro	134	0:34:27	9,58	6:16
458	169	MORBÉE Sofie	KNOKKE-HEIST	22	vro	135	0:34:28	9,57	6:16

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
459	672	VERMEECKE Margaux	KNOKKE-HEIST	22	vro	136	0:34:29	9,57	6:16
460	2864	SNEPPE Josephine	HEIST-AAN-ZEE	11	juf	33	0:34:29	9,57	6:16
461	470	SCHAELENBOURG Jeroen	GENT	26	her	197	0:34:29	9,57	6:16
462	124	BLEYAERT Veronique	BRUGGE	42	vro	137	0:34:30	9,57	6:16
463	120	VERSTRAETE Katia	KNOKKE-HEIST	44	vro	138	0:34:30	9,57	6:16
464	109	DEZUTTER Jessica	BRUGGE	40	vro	139	0:34:40	9,52	6:18
465	2812	DELHEYE Julia	KNOKKE-HEIST	10	juf	34	0:34:41	9,51	6:18
466	2811	DELHEYE Louise	KNOKKE-HEIST	12	juf	35	0:34:42	9,51	6:19
467	577	VAN DE PONSEELE Christine	EVERBEEK	53	vro	140	0:34:47	9,49	6:19
468	2889	WYFFELS Katrien	IZEGEM	50	vro	141	0:34:49	9,48	6:20
469	409	VERBEKE Rosemie	NEVELE	51	vro	142	0:34:50	9,47	6:20
470	375	GEMOETS Vinciane	KNOKKE-HEIST	53	vro	143	0:34:51	9,47	6:20
471	576	BEKE Martine	GERAARDSBERGEN	60	vro	144	0:34:51	9,47	6:20
472	246	VANASSCHE Sabine	KNOKKE-HEIST	43	vro	145	0:34:52	9,46	6:20
473	2833	VANTORRE Peggy	DUDZELE	37	vro	146	0:34:53	9,46	6:21
474	635	WILLEMS Anja	DUDZELE	42	vro	147	0:34:53	9,46	6:21
475	394	PECTOOR Debby	KNOKKE-HEIST	32	vro	148	0:34:56	9,45	6:21
476	216	LEMMENS Isabelle	ANTWERPEN	48	vro	149	0:34:58	9,44	6:21
477	190	IVO Chrisje	KNOKKE-HEIST	64	vro	150	0:34:58	9,44	6:21
478	191	LATHOUWERS Emiel	KNOKKE-HEIST	70	her	198	0:34:58	9,44	6:21
479	2853	TAS July	EERNEGEM	34	vro	151	0:34:59	9,43	6:22
480	297	CLAEYSOONE Anton	KNOKKE-HEIST	14	juh	93	0:35:01	9,42	6:22
481	498	VERMOTE Joyce	KNOKKE-HEIST	22	vro	152	0:35:01	9,42	6:22
482	497	ANSEEuw Sabine	KNOKKE-HEIST	43	vro	153	0:35:01	9,42	6:22
483	391	COLLA Astrid	SINT-NIKLAAS	40	vro	154	0:35:01	9,42	6:22
484	2871	GOOVAERTS Jutta	KEERBERGEN	44	vro	155	0:35:02	9,42	6:22
485	433	LEFEBURE Luc	DEERLIJK	70	her	199	0:35:04	9,41	6:23
486	556	LAMBRON Carlos	GENT	60	her	200	0:35:04	9,41	6:23
487	557	HELLEBAUT Luc	KNOKKE-HEIST	63	her	201	0:35:05	9,41	6:23
488	591	VAN GAEVER Cathy	ZWIJNAARDE	39	vro	156	0:35:06	9,40	6:23
489	384	VANNEUVILLE Pieter	SINT-NIKLAAS	44	her	202	0:35:07	9,40	6:23
490	2862	HAEGHEBAERT Geert	KNOKKE-HEIST	49	her	203	0:35:08	9,39	6:23
491	434	LEFEBURE Filiep	DEERLIJK	36	her	204	0:35:09	9,39	6:23
492	2881	DENECKER Astrid	HEIST-AAN-ZEE	23	vro	157	0:35:09	9,39	6:23
493	231	DEVLIEGER Lisa	KNOKKE-HEIST	22	vro	158	0:35:10	9,38	6:24
494	363	DE POTER Connie	KNOKKE-HEIST	34	vro	159	0:35:11	9,38	6:24
494	364	STEVENS Caroline	KNOKKE-HEIST	40	vro	159	0:35:11	9,38	6:24
496	594	CLAEYS Britt	KNOKKE-HEIST	10	juf	36	0:35:13	9,37	6:24
497	603	YSENBAERT Luna	KNOKKE-HEIST	10	juf	37	0:35:14	9,37	6:24
498	2882	LANGENBICK Jitse	ASSEBROEK	14	juf	38	0:35:14	9,37	6:24
499	463	MOUS Saskia	KNOKKE-HEIST	41	vro	161	0:35:16	9,36	6:25
500	686	ABSIK Nicolas	KNOKKE-HEIST	18	her	205	0:35:18	9,35	6:25
501	691	ARICK Jordy	HEIST-AAN-ZEE	22	her	206	0:35:19	9,34	6:25
502	345	DESUTTER Amelie	KNOKKE-HEIST	16	vro	162	0:35:20	9,34	6:25
503	2851	VERHELST Ruben	EEDE	28	her	207	0:35:20	9,34	6:25
504	669	STRUBBE Sofie	SIJSELE	32	vro	163	0:35:20	9,34	6:25
505	2816	CLAEYS Cindy	KNOKKE-HEIST	40	vro	164	0:35:22	9,33	6:26
506	2817	POLLET Luc	KNOKKE-HEIST	44	her	208	0:35:23	9,33	6:26
507	257	DESPIEGELAERE Andy	MALDEGEM	30	her	209	0:35:24	9,32	6:26
508	2863	SCHAEPPDRIJVER Dominique	KNOKKE-HEIST	42	her	210	0:35:24	9,32	6:26
509	258	DEMON Barbara	MALDEGEM	30	vro	165	0:35:24	9,32	6:26
510	419	VERSTAPPEN Mauro	WESTERLO	8	juh	94	0:35:27	9,31	6:27
511	2822	VAN LAEKEN Ines	KNOKKE-HEIST	31	vro	166	0:35:27	9,31	6:27
512	424	EDKENS Luka	KNOKKE-HEIST	8	juh	95	0:35:28	9,30	6:27
513	103	WILLEMS Lieve	KNOKKE-HEIST	56	vro	167	0:35:30	9,30	6:27
514	416	KLINKERS Anouk	WESTERLO	40	vro	168	0:35:30	9,30	6:27
515	560	DEPREZ Carine	BRUGGE	53	vro	169	0:35:31	9,29	6:27
516	494	DESMIDT Gregory	KNOKKE-HEIST	40	her	211	0:35:31	9,29	6:27
517	230	HOFMAN Tim	KNOKKE-HEIST	23	her	212	0:35:33	9,28	6:28
518	690	CATTOOR Loes	KNOKKE-HEIST	16	vro	170	0:35:33	9,28	6:28
519	2821	BLANCKAERT Iris	KNOKKE-HEIST	38	vro	171	0:35:36	9,27	6:28
519	668	STANDAERT Sabrina	SIJSELE	34	vro	171	0:35:36	9,27	6:28
521	688	CATTOOR Dare	KNOKKE-HEIST	18	vro	173	0:35:36	9,27	6:28
522	684	DEPREITERE Anne-Mie		47	vro	174	0:35:37	9,27	6:29
523	685	CANACHO Sara	DAMME	12	juf	39	0:35:39	9,26	6:29
524	580	CASIER Gino	LISSEWEGE	46	her	213	0:35:39	9,26	6:29

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
525	579	COCQUYT Valerie	LISSEWEGE	34	vro	175	0:35:41	9,25	6:29
526	123	VANDERMOERE Caroline	KNOKKE-HEIST	54	vro	176	0:35:43	9,24	6:30
527	121	VAN QUATHEN Linda	KNOKKE-HEIST	55	vro	177	0:35:43	9,24	6:30
528	139	VERBURGH Greta	BRUGGE	60	vro	178	0:35:44	9,24	6:30
529	122	DE NEVE Cathy	KNOKKE-HEIST	49	vro	179	0:35:44	9,24	6:30
530	138	SEGHERS Karin	BRUGGE	53	vro	180	0:35:44	9,24	6:30
531	539	PARMENTIER Inge	WAREGEM	42	vro	181	0:35:46	9,23	6:30
532	249	BESEL Doris	BÖHL-IGGELHEIM	49	vro	182	0:35:47	9,22	6:30
533	540	COURTENS Xavier	WAREGEM	43	her	214	0:35:49	9,21	6:31
534	687	QUINTENS Dries	HEIST-AAN-ZEE	18	her	215	0:35:51	9,21	6:31
535	683	VAN DEN HEEDE Kurt	KNOKKE-HEIST	52	her	216	0:35:53	9,20	6:31
536	692	DEPAUW Florence	KNOKKE-HEIST	22	vro	183	0:35:53	9,20	6:31
537	478	RAPPE Aagje	KNOKKE-HEIST	24	vro	184	0:35:54	9,19	6:32
538	342	MAREEL Charlotte	KORTRIJK	28	vro	185	0:35:54	9,19	6:32
539	445	VERHELLE Hilde	BELLESEM	53	vro	186	0:35:55	9,19	6:32
540	236	VANDE KERCKHOVE Julie	KNOKKE-HEIST	36	vro	187	0:35:57	9,18	6:32
541	440	HOORENS Sien	ASSEBROEK	27	vro	188	0:35:58	9,18	6:32
542	275	SCHALANDRYN Cindy	KNOKKE-HEIST	35	vro	189	0:35:59	9,17	6:33
543	693	BERENS Yorrick	KNOKKE-HEIST	18	her	217	0:36:00	9,17	6:33
544	443	VANDEVOORDE Emilie	BRUGGE	28	vro	190	0:36:00	9,17	6:33
545	371	BOGAERT Stephanie	KNOKKE-HEIST	42	vro	191	0:36:01	9,16	6:33
546	372	CLAEYS Nathalie	KNOKKE-HEIST	46	vro	192	0:36:01	9,16	6:33
547	315	DHOOGHE Veerle	KNOKKE-HEIST	51	vro	193	0:36:01	9,16	6:33
548	2848	DANNEELS Jill	SINT MICHIELS	30	vro	194	0:36:02	9,16	6:33
549	482	FALDO Celine	KNOKKE-HEIST	26	vro	195	0:36:02	9,16	6:33
550	464	PLINGERS Yael	KNOKKE-HEIST	10	juf	40	0:36:07	9,14	6:34
551	526	CLAEYS Marc	GRIMBERGEN	46	her	218	0:36:07	9,14	6:34
552	400	ALICE Claeys	GRIMBERGEN	10	juf	41	0:36:09	9,13	6:34
553	439	DE BREE Wannes	BRUGGE	31	her	219	0:36:09	9,13	6:34
554	2842	NOBUS Dirk	KNOKKE-HEIST	54	her	220	0:36:16	9,10	6:36
555	2829	DEVOOGDT Arnoud	ZEEBRUGGE	12	juh	96	0:36:22	9,07	6:37
556	651	MARINUS Simon	WILRIJK	8	juh	97	0:36:25	9,06	6:37
557	398	DEVOOGDT Manu	BRUGGE	45	her	221	0:36:26	9,06	6:37
558	431	INGELBRECHT Annelie	KNOKKE-HEIST	26	vro	196	0:36:27	9,05	6:38
559	343	DEWILDE Liesbet	KNOKKE-HEIST	26	vro	197	0:36:27	9,05	6:38
560	272	WILLEMS Xanne	KNOKKE-HEIST	25	vro	198	0:36:28	9,05	6:38
561	430	DELEENER Eloise	KNOKKE-HEIST	25	vro	199	0:36:28	9,05	6:38
562	618	D'ARTOIS Elie	LAPSCHEURE	21	vro	200	0:36:28	9,05	6:38
563	259	ALESSIA Dandrea	KNOKKE-HEIST	16	vro	201	0:36:34	9,02	6:39
564	261	NICO Dandrea	KNOKKE-HEIST	49	her	222	0:36:36	9,02	6:39
565	296	CLAEYSOONE Emilie	KNOKKE-HEIST	15	juf	42	0:37:00	8,92	6:44
566	462	VOET Noira	KNOKKE-HEIST	44	vro	202	0:37:02	8,91	6:44
567	444	BOONEFAES Paul	KNOKKE-HEIST	50	her	223	0:37:03	8,91	6:44
568	454	DEVOGOYEN Thibo	KNOKKE-HEIST	8	juh	98	0:37:05	8,90	6:45
569	428	DE LANGHE Jules	KNOKKE-HEIST	9	juh	99	0:37:07	8,89	6:45
570	427	VANDENBERGHE Tine	KNOKKE-HEIST		xxx	4	0:37:07	8,89	6:45
571	456	HAECK Els	KNOKKE-HEIST	40	vro	203	0:37:09	8,88	6:45
572	453	LIVINE Quintens	MERELBEKE	34	vro	204	0:37:10	8,88	6:45
573	2843	BRYSSSE Ellen	SINT-ANDRIES	10	juf	43	0:37:16	8,86	6:47
574	513	VANTORRE Jens	KNOKKE-HEIST	16	her	224	0:37:19	8,84	6:47
575	507	BOGAERT Lino	KNOKKE-HEIST	17	her	225	0:37:19	8,84	6:47
576	509	BOGAERT Jari	KNOKKE-HEIST	15	juh	100	0:37:20	8,84	6:47
577	511	COUHYSER Keith	KNOKKE-HEIST	18	her	226	0:37:20	8,84	6:47
578	675	TAS Esther	SLUIS	14	juf	44	0:37:20	8,84	6:47
579	512	PROOT Chanel	KNOKKE-HEIST	18	vro	205	0:37:21	8,84	6:47
580	508	ZEWYZLIE Sven	KNOKKE-HEIST	36	her	227	0:37:25	8,82	6:48
581	162	NEYTS Nancy	BRUGGE	48	vro	206	0:37:27	8,81	6:49
582	447	VLIETINCK Kathleen	KNOKKE-HEIST	49	vro	207	0:37:27	8,81	6:49
583	2818	VLIETINCK Julie	LUBBEEK	12	juf	45	0:37:28	8,81	6:49
584	2878	DETAVERNIER An	KNOKKE-HEIST	48	vro	208	0:37:29	8,80	6:49
585	510	VANLERBERGHE Cloe	KNOKKE-HEIST	16	vro	209	0:37:29	8,80	6:49
586	377	STORME Carine	KNOKKE-HEIST	55	vro	210	0:37:30	8,80	6:49
587	185	RAPPÉ Vera	KNOKKE-HEIST	66	vro	211	0:37:31	8,80	6:49
588	233	POTTIER Fabienne	KNOKKE-HEIST	48	vro	212	0:37:36	8,78	6:50
589	201	VOETS Dominiek	DEURNE	30	vro	213	0:37:36	8,78	6:50
590	399	HEYTENS Els	KNOKKE-HEIST	44	vro	214	0:37:37	8,77	6:50

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
591	653	HALLEMANS Gaelle	ANTWERPEN	42	vro	215	0:37:39	8,76	6:51
592	650	MARINUS Isabelle	WILRIJK	40	vro	216	0:37:40	8,76	6:51
593	327	BRAKEL Philippe	KNOKKE-HEIST	65	her	228	0:37:42	8,75	6:51
594	379	DUR Astrid	BRUGGE	34	vro	217	0:37:45	8,74	6:52
595	310	DE CLERCQ Kim	KNOKKE-HEIST	34	vro	218	0:37:45	8,74	6:52
596	674	TAS Judith	ZEEUWS VLAANDEREN	34	vro	219	0:37:49	8,73	6:53
597	501	DEVOS Meggie	MALDEGEM	31	vro	220	0:37:52	8,71	6:53
598	220	AN Verpoorter	KNOKKE-HEIST	43	vro	221	0:37:54	8,71	6:53
599	218	EVELINE Degraeve	KNOKKE-HEIST	46	vro	222	0:37:55	8,70	6:54
600	578	VERBEKE Mariannick	OEDELEM	30	vro	223	0:37:57	8,70	6:54
601	500	VAN DAMME Marieke	BRUGGE	33	vro	224	0:37:58	8,69	6:54
602	346	LEFEVRE Lowie	KNOKKE-HEIST	9	juh	101	0:37:59	8,69	6:54
603	524	BORGERS Elise	DESSEL	10	juf	46	0:38:02	8,68	6:55
604	597	JOLIE Sofie	BLANKENBERGE	28	vro	225	0:38:03	8,67	6:55
605	420	LUYTEN Niki	PUTTE	43	vro	226	0:38:04	8,67	6:55
606	607	VAN ZEELAND Caroline	LISSEWEGE	32	vro	227	0:38:04	8,67	6:55
607	598	BELMANS Tanja	BLANKENBERGE	28	vro	228	0:38:07	8,66	6:56
608	2823	VERSTRAETE ELS Els	SINT ANDRIES	42	vro	229	0:38:10	8,65	6:56
609	173	HEEREN Manon	KNOKKE-HEIST	9	juf	47	0:38:14	8,63	6:57
610	174	POLLET Tom	KNOKKE-HEIST	40	her	229	0:38:14	8,63	6:57
611	171	VOETS Kristiaan	KNOKKE-HEIST	64	her	230	0:38:15	8,63	6:57
612	170	GOOSSENS Katy	KNOKKE-HEIST	61	vro	230	0:38:18	8,62	6:58
613	516	WITTESAELE Anthony	KNOKKE-HEIST	51	her	231	0:38:20	8,61	6:58
614	287	VAN BELLEGHEM Ingrid	KNOKKE-HEIST	54	vro	231	0:38:24	8,59	6:59
615	329	VERNIEUWE Hilde	KNOKKE-HEIST	59	vro	232	0:38:25	8,59	6:59
616	525	BORGERS Inge	RETIE	47	vro	233	0:38:26	8,59	6:59
617	395	DESMIDT Sibylle	KNOKKE-HEIST	42	vro	234	0:38:27	8,58	6:59
618	604	MOERMAN Benedicte	KNOKKE-HEIST	44	vro	235	0:38:29	8,58	7:00
619	600	MOERMAN Catherine	KNOKKE-HEIST	39	vro	236	0:38:29	8,58	7:00
620	108	GOETHALS Veerle	KNOKKE-HEIST	27	vro	237	0:38:34	8,56	7:01
621	2828	VAN MALDEGEM Flore	KNOKKE-HEIST	20	vro	238	0:38:36	8,55	7:01
622	324	DE BREE Elien	DAMME	24	vro	239	0:38:46	8,51	7:03
623	663	BRYNS Roxanne	BRUGGE	24	vro	240	0:38:55	8,48	7:05
624	647	BOGAERT Emely	ZEEBRUGGE	32	vro	241	0:39:09	8,43	7:07
625	2865	VANDEWIELE Frederiek	ZEEBRUGGE	31	her	232	0:39:10	8,43	7:07
626	648	CASTELEYN Valerie	KNOKKE-HEIST	42	vro	242	0:39:10	8,43	7:07
627	426	DHOLLANDER Klaartje	LAARNE		xxx	5	0:39:16	8,40	7:08
628	423	KLINKERS Isabelle	KNOKKE-HEIST	43	vro	243	0:39:16	8,40	7:08
629	301	DOSSCHE Otto	EEKLO	11	juh	102	0:39:20	8,39	7:09
629	302	DOSSCHE Thor	EEKLO	15	juh	102	0:39:20	8,39	7:09
631	285	STUL Wannes	EEKLO	15	juh	104	0:39:21	8,39	7:09
632	284	STUL Willem	EEKLO	13	juh	105	0:39:22	8,38	7:09
633	305	DOSSCHE Eva	EEKLO	13	juf	48	0:39:22	8,38	7:09
634	303	WILLE Hilde	EEKLO	45	vro	244	0:39:22	8,38	7:09
635	286	SCHACHT Sabine	EEKLO	44	vro	245	0:39:23	8,38	7:10
636	283	STUL Bart	EEKLO	44	her	233	0:39:24	8,38	7:10
637	522	AERTS Hanne	RETIE	17	vro	246	0:39:31	8,35	7:11
638	695	WILLEMS Charles	KNOKKE-HEIST	10	juh	106	0:39:38	8,33	7:12
639	606	DOBBELAERE Sascha	KNOKKE-HEIST	30	her	234	0:40:03	8,24	7:17
640	593	BRAKEL Yannick	KNOKKE-HEIST	28	vro	247	0:40:22	8,18	7:20
641	517	HAUMAN Django	ZEEBRUGGE	33	her	235	0:40:22	8,18	7:20
642	460	BULCKE Seth	KNOKKE-HEIST	11	juh	107	0:40:24	8,17	7:21
643	519	VAN LAEREN Alysee	KNOKKE	26	vro	248	0:40:24	8,17	7:21
644	518	JACQMAIN Brigitte	KONTICH	15	juf	49	0:40:25	8,16	7:21
645	461	BULCKE Tim	KNOKKE-HEIST	41	her	236	0:40:28	8,15	7:21
646	459	KRYLOVA Marina	KNOKKE-HEIST	35	vro	249	0:40:28	8,15	7:21
647	2841	BEYTS Sabrina	KNOKKE-HEIST	38	vro	250	0:41:43	7,91	7:35
648	119	PIERSSSENS Koen	AARTSELAAR	39	her	237	0:42:34	7,75	7:44
649	1057	FRIEBEL Koen	ALKMAAR	41	her	238	1:27	3,79	15:50

8e Tussen 2 Feestenloop Knokke - 26 december 2015

10 KM

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
1	1224	ALGOET Nico	ASSEBROEK	44	her	1	0:33:59	17,66	3:24
2	927	VIAENE Nico	KNOKKE-HEIST	22	her	2	0:34:06	17,60	3:25
3	1156	VAN DE VELDE Joachim	DRONGEN	29	her	3	0:34:52	17,21	3:29
4	1134	MAENE Bart	SIJSELE	33	her	4	0:35:05	17,10	3:31
5	877	DEPOORTER Yves	KNOKKE-HEIST	47	her	5	0:36:42	16,35	3:40
6	1225	VERBEKE Dominique	BREDENE	44	her	6	0:36:55	16,25	3:42
7	973	POLLENTIER Peter	OOSTENDE	47	her	7	0:37:32	15,99	3:45
8	932	MAENHOUT Cedric	KNOKKE-HEIST	18	her	8	0:37:32	15,99	3:45
9	723	REHEUL Dries	KNOKKE-HEIST	30	her	9	0:37:33	15,98	3:45
10	1121	LOOSVELT Philippe	WENDUINE	15	juh	1	0:37:46	15,89	3:47
11	830	GENNART Frederic	KNOKKE-HEIST	34	her	10	0:37:54	15,83	3:47
12	969	MOLEMANS Luc	TERNAT	52	her	11	0:38:15	15,69	3:49
13	829	PUYSTJENS Gino	MIDDELKERKE	53	her	12	0:38:36	15,54	3:52
14	913	DANNEELS Annemie	KNOKKE-HEIST	53	vro	1	0:38:37	15,54	3:52
15	742	BOGAERT Mike	BRUGGE	33	her	13	0:38:57	15,40	3:54
16	1193	VANTORRE Bart	KNOKKE-HEIST	37	her	14	0:39:11	15,31	3:55
17	1229	VAN LANDSCHOOT Frederiek	MALDEGEM	36	her	15	0:40:06	14,96	4:01
18	703	BENOIT Hamers	BRUGGE	25	her	16	0:40:06	14,96	4:01
19	1187	GHESELLE Tijs	KNOKKE-HEIST	22	her	17	0:40:10	14,94	4:01
20	1268	DE PAU Kristof	MOERBEKE WAAS	35	her	18	0:40:16	14,90	4:02
21	1092	DEUNIESE Jimmy	KNOKKE-HEIST	46	her	19	0:40:23	14,86	4:02
22	1194	SANDERS Frederik	OOSTKAMP	33	her	20	0:40:30	14,81	4:03
23	835	STEFFEN Alexandre	KNOKKE-HEIST	49	her	21	0:40:31	14,81	4:03
24	1124	MEHEUS Frederik	HOLSBEEK	43	her	22	0:40:39	14,76	4:04
25	1165	VANLERBERGHE Nicolas	KNOKKE-HEIST	35	her	23	0:40:41	14,75	4:04
26	1073	VERDRUYE Amaury	KNOKKE-HEIST	16	her	24	0:40:43	14,74	4:04
27	923	HAEGHEBAERT Robin	KNOKKE-HEIST	23	her	25	0:40:46	14,72	4:05
28	1109	VLIETINCK Dany	KNOKKE-HEIST	51	her	26	0:40:47	14,71	4:05
29	867	SCHWEBACH Paul	LUXEMBOURG	38	her	27	0:40:47	14,71	4:05
30	1023	HINOUL Samuel	KNOKKE-HEIST	23	her	28	0:40:48	14,71	4:05
31	717	GEIRNAERT Saidja	BRUGGE	44	her	29	0:40:48	14,71	4:05
32	744	VAN DE VELDE Stieven	KNOKKE-HEIST	26	her	30	0:40:51	14,69	4:05
33	883	PISTOLESI Sebastiano	KNOKKE-HEIST	43	her	31	0:40:51	14,69	4:05
34	1184	DE CLEER Vincent	VARSNARE	50	her	32	0:40:59	14,64	4:06
35	845	DUMEZ Bart	BRUGGE	28	her	33	0:41:04	14,61	4:06
36	1080	VANMULLEM Lode	KNOKKE-HEIST	37	her	34	0:41:07	14,59	4:07
37	1115	FRICKELO Geert	OOSTKAMP	51	her	35	0:41:09	14,58	4:07
38	1285	DECLERCK Jan	KNOKKE-HEIST	52	her	36	0:41:10	14,57	4:07
39	1096	ANTHONIS Lorin	MARIAKERKE	24	her	37	0:41:14	14,55	4:07
40	1189	MICHIELS Johan	MIDDELKERKE	50	her	38	0:41:19	14,52	4:08
41	711	LANNON Kenny	KNOKKE-HEIST	45	her	39	0:41:25	14,49	4:09
42	746	GIUSTI Roberto	KNOKKE-HEIST	50	her	40	0:41:28	14,47	4:09
43	1176	DAENECYNT Isabel	SINT ANDRIES	47	vro	2	0:41:30	14,46	4:09
44	1097	BROECKHOVE Wouter	MERELBEKE	24	her	41	0:41:32	14,45	4:09
45	1151	DE CORTE Mirana	BRUGGE	27	vro	3	0:41:33	14,44	4:09
46	1180	TRONUHE Nicolas	GENT	33	her	42	0:41:40	14,40	4:10
47	745	DECEUR Marc	BRUGGE	52	her	43	0:41:45	14,37	4:10
48	1262	BEHAEGHE Pieterjan	DESTELBERGEN	29	her	44	0:41:46	14,37	4:11
49	824	CALEBOUT Stefan	KNOKKE-HEIST	44	her	45	0:41:46	14,37	4:11
50	847	VIAENE Chris	VEURNE	47	her	46	0:41:49	14,35	4:11
51	997	VERNAILLEN Martin	OVERIJSE	11	juh	2	0:41:50	14,34	4:11
52	780	PAUWAERT Clive	KNOKKE-HEIST	24	her	47	0:42:02	14,27	4:12
53	1220	THAI-TUC Yann	KNOKKE-HEIST	30	her	48	0:42:17	14,19	4:14
54	743	VAN DER JEUGHT Roossie	MALDEGEM	38	vro	4	0:42:21	14,17	4:14
55	866	SCHREURS Sébastien	OTTIGNIES	39	her	49	0:42:36	14,08	4:16
56	1142	VERSLUYS Danny	WATERVLIET	45	her	50	0:42:36	14,08	4:16
57	875	LAMOTE Dimitri	BRUGGE	41	her	51	0:42:37	14,08	4:16
58	809	VRANCKEN Jean	BREDENE	54	her	52	0:42:44	14,04	4:16
59	859	VERFAILLIE Glenn	BRUGGE	18	her	53	0:42:49	14,01	4:17
60	1212	DEFOORT Tom	KNOKKE-HEIST	22	her	54	0:42:51	14,00	4:17
61	962	DE MUYT Matthias	BRUGGE	23	her	55	0:42:52	14,00	4:17
62	1091	BRAKEL Tom	KNOKKE-HEIST	26	her	56	0:42:53	13,99	4:17

PL	NR	Naam	Woonplaats	Age	CAT	P / CAT	Tijd	GEM	KM-Tijd
63	1218	SLABINCK Anthony	OOSTKERKE (DAMME)	25	her	57	0:43:07	13,92	4:19
64	1249	VLIETINCK Jens	KNOKKE-HEIST	26	her	58	0:43:23	13,83	4:20
65	1179	VAN CAMPENHOUT Sam	KNOKKE-HEIST	43	her	59	0:43:25	13,82	4:20
66	1234	DE WISPELAERE Philippe	EEKLO	42	her	60	0:43:32	13,78	4:21
67	1208	DEBRABANDERE Tim	KNOKKE-HEIST	34	her	61	0:43:54	13,67	4:23
68	1263	VERROENS Peter	BEERNEM	42	her	62	0:43:58	13,65	4:24
69	777	COULON Johan	DAMME	49	her	63	0:44:09	13,59	4:25
70	934	MARTIAL Petit	EVERE	40	her	64	0:44:17	13,55	4:26
71	849	BRUSSELLE Joeri	DEINZE	30	her	65	0:44:23	13,52	4:26
72	836	SAELENS Francis	KNOKKE-HEIST	35	her	66	0:44:26	13,50	4:27
73	781	VAN DE WATER Johan	KNOKKE-HEIST	41	her	67	0:44:29	13,49	4:27
74	1065	VAN DEN BROECK Herman	HOEILAERT	44	her	68	0:44:35	13,46	4:28
75	1216	VANDEWIELE Germund	KNOKKE-HEIST	26	her	69	0:44:43	13,42	4:28
76	1251	VAN HOUCKE Robbe	BRUGGE	17	her	70	0:44:46	13,40	4:29
77	1230	VERPLANCKE Jasper	DEINZE	30	her	71	0:44:47	13,40	4:29
78	1029	LEMEY Hein	KLUIZEN	36	her	72	0:44:48	13,39	4:29
79	1196	NR 1196			xxx	1	0:44:52	13,37	4:29
80	1017	CORDELIER Frederik	ISTRES	49	her	73	0:44:52	13,37	4:29
81	1203	BONTE Michiel	BRUGGE	33	her	74	0:44:53	13,37	4:29
82	1291	KERKHOF Flor	SINT KRUIS	35	her	75	0:44:56	13,35	4:30
83	822	VAN MIEGHEM Luc	TELLIN	53	her	76	0:45:02	13,32	4:30
84	1112	CASTELEYN Tom	KNOKKE-HEIST	45	her	77	0:45:02	13,32	4:30
85	1159	RONSE Pieter-Jan	COMO	30	her	78	0:45:03	13,32	4:30
86	1067	MERTENS Danny	KNOKKE-HEIST	52	her	79	0:45:03	13,32	4:30
87	1223	VERHEYE Jeroen	MERELBEKE	38	her	80	0:45:06	13,30	4:31
88	798	LONCKE Frankie	BRUGGE	48	her	81	0:45:13	13,27	4:31
89	1227	WESTERLINCK Stefaan	KORTRIJK	37	her	82	0:45:16	13,25	4:32
90	1037	DE WILDE Simon	MALDEGEM	31	her	83	0:45:17	13,25	4:32
91	795	TIMMERMAN Quinta	MALDEGEM	37	vro	5	0:45:19	13,24	4:32
92	981	GANTOIS Lieven	AARTRIJKE	38	her	84	0:45:23	13,22	4:32
93	1292	VERBURGH Reinout	ROESELARE	45	her	85	0:45:24	13,22	4:32
94	1172	DECORTE Frank	KNOKKE-HEIST	51	her	86	0:45:27	13,20	4:33
95	979	CALUWAERTS Eric	BERCHEM-STE-AGATHE	37	her	87	0:45:27	13,20	4:33
96	1074	VERDRUYE Koen	KNOKKE-HEIST	52	her	88	0:45:50	13,09	4:35
97	1077	DE CANCK Tom	KNOKKE-HEIST	43	her	89	0:45:51	13,09	4:35
98	735	DE WEERT Paul	KNOKKE-HEIST	45	her	90	0:45:53	13,08	4:35
99	702	BERTON Jeffrey	KNOKKE-HEIST	39	her	91	0:46:01	13,04	4:36
100	766	WIM Deduytsche	BLANKENBERGE	30	her	92	0:46:17	12,96	4:38
101	852	MORBEE Christophe	KNOKKE-HEIST	35	her	93	0:46:22	12,94	4:38
102	1089	VAN GEETERUYEN David	KNOKKE-HEIST	28	her	94	0:46:25	12,93	4:39
103	796	DEMEYER Luc	MALDEGEM	49	her	95	0:46:26	12,92	4:39
104	1286	MARREYT Chris	ZWANKENDAMME	48	her	96	0:46:26	12,92	4:39
105	1081	MARREYT Kris	KNOKKE-HEIST		xxx	2	0:46:26	12,92	4:39
106	850	VANDERKEILEN Peter	KNOKKE-HEIST	47	her	97	0:46:31	12,90	4:39
107	897	MAENHOUDT David	KNOKKE-HEIST	41	her	98	0:46:35	12,88	4:40
108	714	HUYS Danny	BRUGGE	39	her	99	0:46:37	12,87	4:40
109	1167	VERMASSEN Filip	OOSTKAMP	43	her	100	0:46:37	12,87	4:40
110	1233	VERMEERSCH Dany		47	her	101	0:46:38	12,87	4:40
111	989	DE KESEL Jos	MELSELE	50	her	102	0:46:39	12,86	4:40
112	990	D'HOOGHE Marc	MELSELE	46	her	103	0:46:39	12,86	4:40
113	965	DHONDT Benny	OOSTKAMP	34	her	104	0:46:40	12,86	4:40
114	776	RAMMELOO Eddy	KNOKKE-HEIST	44	her	105	0:46:41	12,85	4:40
115	1164	LOECK Inge	KORTRIJK	50	vro	6	0:46:42	12,85	4:40
116	772	LOGGHE Liesbeth	HEVERLEE	39	vro	7	0:46:50	12,81	4:41
117	1308	MORBEE Jan	KNOKKE-HEIST	55	her	106	0:46:51	12,81	4:41
118	878	VERHELST Catherine	KNOKKE-HEIST	43	vro	8	0:46:51	12,81	4:41
119	1199	HOLLEVOET Saida	STALHILLE	33	vro	9	0:46:53	12,80	4:41
120	1044	VAN HAMME Danny	KNOKKE-HEIST	48	her	107	0:46:53	12,80	4:41
121	1241	BAILLIU Bjorn	LISSEWEGE	38	her	108	0:47:02	12,76	4:42
122	942	ELSEN Annemie	STEINFORT	46	vro	10	0:47:03	12,75	4:42
123	1131	SNEPPE Maxim	KNOKKE-HEIST	15	juh	3	0:47:04	12,75	4:42
124	1266	DE PAU Maarten	LOKEREN	29	her	109	0:47:04	12,75	4:42
125	1190	RAPPE Hendrik	DAMME	48	her	110	0:47:08	12,73	4:43
126	1297	TOORTELBOOM Sander	WAARDAMME	21	her	111	0:47:13	12,71	4:43
127	729	DE KEERSMAECKER Marc	PUTTE	60	her	112	0:47:14	12,70	4:43
128	982	CARTREUL Annelies	AARTRIJKE	38	vro	11	0:47:15	12,70	4:44

PL	NR	Naam	Woonplaats	Age	CAT	P / CAT	Tijd	GEM	KM-Tijd
129	980	GESCHIER Barbara	BRUGGE	32	vro	12	0:47:18	12,68	4:44
130	755	VAN DE VEIRE Patrick	BOEKHOUTE	58	her	113	0:47:19	12,68	4:44
131	1119	NEYTS Geert	KNOKKE-HEIST	48	her	114	0:47:30	12,63	4:45
132	1219	QUINTYN Jan	AALTER	49	her	115	0:47:33	12,62	4:45
133	888	GOETHALS Frederik	KNOKKE-HEIST	41	her	116	0:47:34	12,61	4:45
134	818	DOBBELAERE DAVY Davy	KNOKKE-HEIST	41	her	117	0:47:36	12,61	4:46
135	1030	COPPIETERS Max	CHAVELAY	21	her	118	0:47:36	12,61	4:46
136	782	DANNEELS Jacques	KNOKKE-HEIST	53	her	119	0:47:38	12,60	4:46
137	767	DEKEYSER Lucas	ZEDELGEM	56	her	120	0:47:39	12,59	4:46
138	726	ROSSEEL Pieter	BRUGGE	19	her	121	0:47:44	12,57	4:46
139	1260	DEVLIEGHE Danny	KNOKKE-HEIST	52	her	122	0:47:49	12,55	4:47
140	1207	DEVUYST Joeri	BRUGGE	39	her	123	0:47:53	12,53	4:47
141	1232	VERHAEGHE Hendrik	LAEKEN (BRU.)	32	her	124	0:47:54	12,53	4:47
142	958	DEWEL Urszula	BRAINE-L'ALLEUD	47	vro	13	0:47:56	12,52	4:48
143	1214	PROOT John	KNOKKE-HEIST	46	her	125	0:47:58	12,51	4:48
144	1284	GOYVAERTS Daniel	DE HAAN	58	her	126	0:48:00	12,50	4:48
145	911	DEVSICH Frederik	BRUGGE	40	her	127	0:48:00	12,50	4:48
146	1188	GOETHALS Rudy	KNOKKE-HEIST	49	her	128	0:48:02	12,49	4:48
147	1139	ROELS Bernard	BLANKENBERGE	57	her	129	0:48:03	12,49	4:48
148	1257	NR 1257			xxx	3	0:48:04	12,48	4:48
149	908	VAN ACKER Nathan	BRUGGE	14	juh	4	0:48:05	12,48	4:49
150	1191	KIPS Emiel	KNOKKE-HEIST	18	her	130	0:48:09	12,46	4:49
151	870	CORION Christophe	KNOKKE-HEIST	36	her	131	0:48:11	12,45	4:49
152	957	DEWEL Thomas	BRAINE-L'ALLEUD	45	her	132	0:48:11	12,45	4:49
153	951	DERUDDER Olivier	KNOKKE-HEIST	41	her	133	0:48:16	12,43	4:50
154	1107	DEVLIEGER Steve	ASSEBROEK	33	her	134	0:48:27	12,38	4:51
155	1135	CAESTECKER Koen	SINT-ANDRIES	42	her	135	0:48:31	12,37	4:51
156	1118	NR 1118			xxx	4	0:48:32	12,36	4:51
157	939	DIATTA Gérard	KNOKKE-HEIST	38	her	136	0:48:35	12,35	4:52
158	1296	MERCELIS Tom	KNOKKE-HEIST	30	her	137	0:48:44	12,31	4:52
159	748	VAN DE VELDE Hendrik	KNOKKE-HEIST	52	her	138	0:48:44	12,31	4:52
160	1013	MICHILS Matthijs	LISSEWEGE	37	her	139	0:48:46	12,30	4:53
161	1055	DEQUAE Bert	KNOKKE-HEIST	43	her	140	0:48:46	12,30	4:53
162	768	VANLEENHOVE Frank	KNOKKE-HEIST	53	her	141	0:48:57	12,26	4:54
163	1015	DERUDDERE Steven	ZEEBRUGGE		xxx	5	0:48:59	12,25	4:54
164	1288	VAN HYFTE Rik	KLUIZEN	35	her	142	0:49:04	12,23	4:54
165	817	BLOMME Hendrik	KNOKKE-HEIST	43	her	143	0:49:05	12,22	4:55
166	794	DIDIER Dewaele	KNOKKE-HEIST	47	her	144	0:49:06	12,22	4:55
167	1287	DE MEYERE Thomas	OOSTEEKLO	30	her	145	0:49:08	12,21	4:55
168	922	POTVLIEGE Hans	MALDEGEM	42	her	146	0:49:09	12,21	4:55
169	1111	STURTEWAGEN Mats	SINT KRUIS	22	her	147	0:49:10	12,20	4:55
170	1007	FRANCK Peter	NIEL	45	her	148	0:49:11	12,20	4:55
171	720	DE SAVOYE Annick	KNOKKE-HEIST	50	vro	14	0:49:16	12,18	4:56
172	1104	SEY Louis	KNOKKE-HEIST	13	juh	5	0:49:17	12,17	4:56
173	865	VAN DE KERKHOVE Patrick	BRAKEL	46	her	149	0:49:18	12,17	4:56
174	1016	SANTY Jorre	STEKENE	12	juh	6	0:49:18	12,17	4:56
175	1132	DELHEYE Henri	KNOKKE-HEIST	37	her	150	0:49:19	12,17	4:56
176	1252	VAN DEN BERGHE Sandra	BRUGGE	47	vro	15	0:49:20	12,16	4:56
177	936	STOCKX Loic	KNOKKE-HEIST	12	juh	7	0:49:23	12,15	4:56
178	814	SEREBRJKOVA Olga	OOSTBURG	31	vro	16	0:49:23	12,15	4:56
179	774	DE POURCQ Dirk	MALDEGEM	49	her	151	0:49:24	12,15	4:56
180	1136	VERBEKE Yves	VARSENARE	47	her	152	0:49:25	12,14	4:57
181	1129	SNEPPE Filip	KNOKKE-HEIST	41	her	153	0:49:25	12,14	4:57
182	975	DEJONCKHEERE Nicolas	KNOKKE-HEIST	16	her	154	0:49:28	12,13	4:57
183	825	VANTORRE Rik	KNOKKE-HEIST	50	her	155	0:49:28	12,13	4:57
184	1269	BAEKELANDT Wim	KNOKKE-HEIST	47	her	156	0:49:29	12,13	4:57
185	1085	LANCKRIET Aaron	KNOKKE-HEIST	13	juh	8	0:49:30	12,12	4:57
186	1201	KOENTGES Nicolas	KNOKKE-HEIST	40	her	157	0:49:33	12,11	4:57
187	1018	RANSCHAERT Erik	TURNHOUT	51	her	158	0:49:40	12,08	4:58
188	773	DE SAULNIER Pascal	JETTE	45	her	159	0:49:40	12,08	4:58
189	1200	PIERETS Kristof	DUDZELE	46	her	160	0:49:41	12,08	4:58
190	758	SZUSTAK Steve	ELSENE	40	her	161	0:49:42	12,07	4:58
191	747	VERSTUYF Gilles	KNOKKE-HEIST	18	her	162	0:49:43	12,07	4:58
192	804	VANRYSELBERGHE Philippe	KNOKKE-HEIST	55	her	163	0:49:46	12,06	4:59
193	1303	DEWILDER Nicole	VOSSEM	54	vro	17	0:49:46	12,06	4:59
194	1153	DHAENEKINT Marc	SINT KRUIS	58	her	164	0:49:47	12,05	4:59

PL	NR	Naam	Woonplaats	Age	CAT	P / CAT	Tijd	GEM	KM-Tijd
195	1145	POTS Kevin	MALDEGEM	30	her	165	0:49:49	12,04	4:59
196	1101	VANMAELE Luc	WESTKAPELLE	56	her	166	0:49:51	12,04	4:59
197	1100	AERTS Martine	KNOKKE-HEIST	55	vro	18	0:49:52	12,03	4:59
198	1056	LEROI Luc	EISCHEN	50	her	167	0:49:57	12,01	5:00
199	1226	FORE Peter	SIJSELE	35	her	168	0:49:59	12,00	5:00
200	938	BEIRENS Patrick	KNOKKE-HEIST	46	her	169	0:50:01	12,00	5:00
201	842	VAN DEN HEUVEL Kristof	KNOKKE-HEIST	40	her	170	0:50:01	12,00	5:00
202	778	MORTIER Jan	KNOKKE-HEIST	56	her	171	0:50:02	11,99	5:00
203	738	MONCAREY Peter	MEERBEKE	34	her	172	0:50:05	11,98	5:00
204	1020	VAN BEVEREN Cedric	SLUIS	29	her	173	0:50:06	11,98	5:01
205	1123	VAN DER ELST Inge	KNOKKE-HEIST	38	vro	19	0:50:07	11,97	5:01
206	1244	ALLEMEERSCH Greet	KNOKKE-HEIST	48	vro	20	0:50:12	11,95	5:01
207	1150	VERMEERSCH Nicolet	BLANKENBERGE	50	vro	21	0:50:14	11,94	5:01
208	948	LEFEVRE Dimitri	KNOKKE-HEIST	42	her	174	0:50:16	11,94	5:02
209	806	VROMANT Sammy	BEVEREN (LEIE)	26	her	175	0:50:17	11,93	5:02
210	1211	VERHELST Andre	DAMME	56	her	176	0:50:22	11,91	5:02
211	1236	KENNES Thierry	KONTICH	43	her	177	0:50:24	11,90	5:02
212	1253	VAN HOUCKE Hendrik	BRUGGE	46	her	178	0:50:27	11,89	5:03
213	983	TJOENS Yves	BRUGGE	46	her	179	0:50:35	11,86	5:03
214	1110	PUYSTJENS Patty	BLANKENBERGE	35	vro	22	0:50:39	11,85	5:04
215	1014	HUYGELEN Annemie	OOSTKAMP	38	vro	23	0:50:41	11,84	5:04
216	1046	KEKKOUR Samir	WESTKAPELLE	31	her	180	0:50:43	11,83	5:04
217	863	CASSIERS Niki	KNOKKE-HEIST	30	her	181	0:50:47	11,81	5:05
218	761	BOUSSEMAERE Roland	KNOKKE-HEIST	69	her	182	0:50:47	11,81	5:05
219	985	NIEMEGEERS Luc	WETTEREN	51	her	183	0:50:48	11,81	5:05
220	909	BIEKE Vanborm	GISTEL	36	vro	24	0:50:50	11,80	5:05
221	910	FREDERIC Doom	GISTEL	39	her	184	0:50:50	11,80	5:05
222	1239	PEETERS Marc	WAASMUNSTER	50	her	185	0:50:52	11,80	5:05
223	765	KERNER Mathias	KNOKKE-HEIST	25	her	186	0:50:52	11,80	5:05
224	816	DESCHACHT Patrick	KNOKKE-HEIST	54	her	187	0:50:56	11,78	5:06
225	1192	VAN MEENEN Kris	DRONGEN	44	her	188	0:51:04	11,75	5:06
226	1122	MERTENS Dirk	HERENTHOUT	48	her	189	0:51:07	11,74	5:07
227	894	DE BACKER Toon	BERLIN	47	her	190	0:51:18	11,70	5:08
228	974	DEJONCKHEERE Niels	KNOKKE-HEIST	18	her	191	0:51:19	11,69	5:08
229	995	HOUTHOOFT Cedric	PLANEVAUX	43	her	192	0:51:29	11,65	5:09
230	1290	BODSON Bertrand	WENDUINE	40	her	193	0:51:31	11,65	5:09
231	843	LEFEBVRE Pascal	BRUGGE	44	her	194	0:51:32	11,64	5:09
232	1206	DE GROOTE Jimmy	KNOKKE-HEIST	37	her	195	0:51:33	11,64	5:09
233	1158	RONSE Alexander	KNOKKE-HEIST	28	her	196	0:51:35	11,63	5:10
234	1157	CRAMER Julia	ROTTERDAM	27	vro	25	0:51:35	11,63	5:10
235	1141	BOONE Lesley	ZEEBRUGGE	36	her	197	0:51:38	11,62	5:10
236	896	ROELANDT Pascal	KNOKKE-HEIST	44	her	198	0:51:39	11,62	5:10
237	940	MELS Tim	ZOTTEGEM	34	her	199	0:51:41	11,61	5:10
238	920	DE BAETS Yorben	MALDEGEM	12	juh	9	0:51:42	11,61	5:10
239	1039	SAVELS Marlon	KNOKKE-HEIST	15	juh	10	0:51:46	11,59	5:11
240	960	CATTOOR Estée	MALDEGEM	11	juf	1	0:51:48	11,58	5:11
241	853	WILLE Norbert	GENT	71	her	200	0:51:50	11,58	5:11
242	846	DEZUTTER Jindra	BRUGGE	26	vro	26	0:51:52	11,57	5:11
243	831	WIJTHOUCK Sofie	KNOKKE-HEIST	32	vro	27	0:51:54	11,56	5:11
244	977	VAN DAELE Kris	KNOKKE-HEIST	52	her	201	0:52:00	11,54	5:12
245	808	VAN THUYNE Marc	EVERGEM	48	her	202	0:52:01	11,53	5:12
246	976	WAUTERS Sonja	KNOKKE-HEIST	52	vro	28	0:52:02	11,53	5:12
247	1126	BOSCHMANS Peter	KNOKKE-HEIST	15	juh	11	0:52:09	11,51	5:13
248	1035	VANDOORSLAER Lieven	LANDSKOUTER	38	her	203	0:52:14	11,49	5:13
249	1048	ADAMS Tom	CHAVILLE	42	her	204	0:52:18	11,47	5:14
250	452	DEDEENE Delphine	KNOKKE-HEIST	23	vro	29	0:52:19	11,47	5:14
251	882	BATTEAUW Philippe	KNOKKE-HEIST	61	her	205	0:52:22	11,46	5:14
252	1258	DE WAELE Jerome	KNOKKE-HEIST	39	her	206	0:52:24	11,45	5:14
253	1304	DE WAELE Rudi	KNOKKE-HEIST	53	her	207	0:52:26	11,44	5:15
254	750	DELEENER Bernard	KNOKKE-HEIST	51	her	208	0:52:27	11,44	5:15
255	902	VAN LEENE Sarah	MALDEGEM	35	vro	30	0:52:30	11,43	5:15
256	904	DEBRANDERE Ann	MALDEGEM	37	vro	31	0:52:30	11,43	5:15
257	917	PIJL Dieter	TEMSE	29	her	209	0:52:34	11,41	5:15
258	1281	VAN KERSCHAUER Felix	GENT	13	juh	12	0:52:37	11,40	5:16
259	1245	DECEUNINCK Gino	KNOKKE-HEIST	48	her	210	0:52:38	11,40	5:16
260	952	VERMEULEN Wim	EEKLO	37	her	211	0:52:41	11,39	5:16

PL	NR	Naam	Woonplaats	Age	CAT	P / CAT	Tijd	GEM	KM-Tijd
261	1094	DEYGERS Jorne	KNOKKE-HEIST	24	her	212	0:52:43	11,38	5:16
262	905	CLAEYS Jan	KNOKKE-HEIST	20	her	213	0:52:44	11,38	5:16
263	837	VANDYCKE Carl	JABBEKE	45	her	214	0:52:54	11,34	5:17
264	1105	MATTHEEUWS Tuur	KNOKKE-HEIST	15	juh	13	0:52:55	11,34	5:17
265	1309	VIAENE Jean	MACHELEN (VL.BR.)	40	her	215	0:52:57	11,33	5:18
266	1282	VANWALLEHEM Loesje	SCHAERBEEK	33	vro	32	0:53:00	11,32	5:18
267	741	MEUSER Patrick	SINT-NIKLAAS	56	her	216	0:53:06	11,30	5:19
268	1127	CLEVERS Marnix	LISSEWEGE	52	her	217	0:53:08	11,29	5:19
269	862	DEVISCH Peter	BRUGGE	34	her	218	0:53:09	11,29	5:19
270	1175	DETAVENIER Bernard	HAMBACH BEI DIEZ	38	her	219	0:53:09	11,29	5:19
271	770	VERSTUYF Bart	MALDEGEM	35	her	220	0:53:12	11,28	5:19
272	944	VAN CLEYNENBREUGEL Griet	KNOKKE-HEIST	37	vro	33	0:53:14	11,27	5:19
273	802	VERCRUYSSSE Mario	KNOKKE-HEIST	55	her	221	0:53:16	11,26	5:20
274	1202	MERMUYS Filip	STALHILLE	33	her	222	0:53:17	11,26	5:20
275	880	DHONDT Ann	KNOKKE-HEIST	51	vro	34	0:53:25	11,23	5:20
276	1264	VANDAELE Carine	HEIST-AAN-ZEE	52	vro	35	0:53:26	11,23	5:21
277	1022	VANHECKE Joost	KNOKKE-HEIST	37	her	223	0:53:28	11,22	5:21
278	1228	FORE Dieter	MALDEGEM	37	her	224	0:53:40	11,18	5:22
279	820	DE WINDT Dimitri	BRUGGE	33	her	225	0:53:41	11,18	5:22
280	918	VANTORRE Koen	KNOKKE-HEIST	32	her	226	0:53:41	11,18	5:22
281	1114	BUIDIN Vincent	KNOKKE-HEIST	40	her	227	0:53:44	11,17	5:22
282	1235	HEUGHEBAERT Ronny	KNOKKE-HEIST	48	her	228	0:53:46	11,16	5:23
283	1301	LAEVEREN Kristien	BORNEM	38	vro	36	0:53:47	11,16	5:23
284	828	ASPESLAGH Katrien	MIDDELKERKE	49	vro	37	0:53:49	11,15	5:23
285	961	CATTOOR Gert	MALDEGEM	47	her	229	0:53:50	11,15	5:23
286	1293	WERQUIN Francis	KNOKKE-HEIST	43	her	230	0:53:57	11,12	5:24
287	1213	BAERT Tom	BLANKENBERGE	42	her	231	0:54:01	11,11	5:24
288	740	DE WOLF Saskia	BRUGGE	31	vro	38	0:54:03	11,10	5:24
289	885	UTTERWULGHE Frederik	KNOKKE-HEIST	42	her	232	0:54:05	11,09	5:25
290	1295	VEREECKE Anne	KNOKKE-HEIST	37	vro	39	0:54:06	11,09	5:25
291	945	PROVOOST Kevin	KORTRIJK	30	her	233	0:54:16	11,06	5:26
292	807	DE CLERCQ Stefan	LOCHRISTI	48	her	234	0:54:18	11,05	5:26
293	1066	GHEYSSENS Olivier	WEMMEL	39	her	235	0:54:19	11,05	5:26
294	1093	GOYVAERTS Nathalie	KNOKKE-HEIST	32	vro	40	0:54:24	11,03	5:26
295	1128	RAMPELBERG Laura	DILBEEK	29	vro	41	0:54:25	11,03	5:27
296	1108	VANHAUWAERT Bart	DUDZELE	42	her	236	0:54:32	11,00	5:27
297	813	GHESELLE Lindsay	BRUGGE	33	vro	42	0:54:34	11,00	5:27
298	1036	SMITS Patrick	KNOKKE-HEIST	50	her	237	0:54:36	10,99	5:28
299	1222	NR 1222			xxx	6	0:54:48	10,95	5:29
300	833	VERHELLE Hilde	KORTRIJK	53	vro	43	0:54:55	10,93	5:30
301	1181	TRONCHE Olivier	DRONGEN	41	her	238	0:54:58	10,92	5:30
302	1087	DHONT Frank	DEINZE	49	her	239	0:54:58	10,92	5:30
303	1045	LINKENS Nicolas	MELLE	35	her	240	0:54:59	10,91	5:30
304	971	POPPE Sylvie	KNOKKE-HEIST	44	vro	44	0:55:01	10,91	5:30
305	1075	HUYLENTUYT Katia	WAREGEM	50	vro	45	0:55:03	10,90	5:30
306	931	JOSKI Yves	KNOKKE-HEIST	49	her	241	0:55:04	10,90	5:30
307	732	UTTERWULGHE Geert	KNOKKE-HEIST	50	her	242	0:55:07	10,89	5:31
308	1276	VAN DEN BOSSCHE Wim	ZONHOVEN	48	her	243	0:55:08	10,88	5:31
309	1005	MORTELMANS Nathalie	LISSEWEGE	38	vro	46	0:55:08	10,88	5:31
310	953	SAMYN Martine	KNOKKE-HEIST	54	vro	47	0:55:11	10,87	5:31
311	986	MATTHEEUWS Melissa	GENK	39	vro	48	0:55:22	10,84	5:32
312	1198	OPPALFENS Sven	KOOLKERKE	37	her	244	0:55:26	10,82	5:33
313	1072	PINOY Bart	KNOKKE-HEIST	34	her	245	0:55:31	10,81	5:33
314	832	WINCKELMANS Luc	KORTRIJK	51	her	246	0:55:32	10,80	5:33
315	1088	LOMBAERT Isabelle	KNOKKE-HEIST	55	vro	49	0:55:33	10,80	5:33
316	912	VAN ACKER Katrien	KNESSELARE	34	vro	50	0:55:34	10,80	5:33
317	811	VAN HAVERE Patrick	KNOKKE-HEIST	42	her	247	0:55:43	10,77	5:34
318	789	RIJCKAERT Daniel	KNOKKE-HEIST	52	her	248	0:55:45	10,76	5:35
319	929	VAN DEN HENGEL Marian	KNOKKE-HEIST	50	vro	51	0:55:48	10,75	5:35
320	1307	HEISTERCAMP Frank	GRIMBERGEN	49	her	249	0:55:51	10,74	5:35
321	950	SERREYN Chantal	KNOKKE-HEIST	48	vro	52	0:55:53	10,74	5:35
322	1246	DHONDT Kris	DENDERMONDE	44	her	250	0:55:55	10,73	5:35
323	1038	VERLINDE Wim	KNOKKE-HEIST	20	her	251	0:55:56	10,73	5:36
324	1215	DE MEYER Peter	BRUGGE	50	her	252	0:55:59	10,72	5:36
325	1283	VAN GINDERACHTER Dirk	SCHAERBEEK	32	her	253	0:56:00	10,71	5:36
326	1237	TALLIEN Carolien	OOSTKAMP	31	vro	53	0:56:00	10,71	5:36

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
327	1070	BAUWENS Dennis	TORHOUT	39	her	254	0:56:02	10,71	5:36
328	1248	JANSSENS Vincent	MALLE	21	her	255	0:56:03	10,70	5:36
329	1064	BALLE Marianne	TILLY	40	vro	54	0:56:05	10,70	5:36
330	1256	DYSERINCK Pieter	KNOKKE-HEIST	37	her	256	0:56:11	10,68	5:37
331	1173	VERMAEL Franky	ZEEBRUGGE	46	her	257	0:56:13	10,67	5:37
332	719	MARTENS Tamara	DAMME	24	vro	55	0:56:13	10,67	5:37
333	895	PERSYN Christof	BRUGGE	42	her	258	0:56:14	10,67	5:37
334	994	MORTIER Saskia	KNOKKE-HEIST	38	vro	56	0:56:19	10,65	5:38
335	1185	CAUWELS Ulrik	KNOKKE-HEIST	43	her	259	0:56:22	10,64	5:38
336	763	SEGRS Mats	HULDENBERG	11	juh	14	0:56:24	10,64	5:38
337	805	SCHLSTRAETE Nico	ADEGEM	47	her	260	0:56:25	10,64	5:39
338	764	SEGRS Dieter	HULDENBERG	42	her	261	0:56:26	10,63	5:39
339	786	DEVINCK Martine	KNOKKE-HEIST	58	vro	57	0:56:29	10,62	5:39
340	1240	BLOEMEN Jacky	KNOKKE-HEIST	51	her	262	0:56:34	10,61	5:39
341	757	DUCLOS Anne	ZEDELGEM	47	vro	58	0:56:47	10,57	5:41
342	1178	OTLEND Beryc	BRUGGE	41	vro	59	0:56:48	10,56	5:41
343	827	MUYLLAERT Tom	BRUGGE	40	her	263	0:56:52	10,55	5:41
344	956	PHILIPPE Marc	BRUGGE	54	her	264	0:56:58	10,53	5:42
345	887	WYBOUW Katrien	KNOKKE-HEIST	37	vro	60	0:57:00	10,53	5:42
346	1059	LABIE Liesbeth	HEUSDEN ZOLDER	36	vro	61	0:57:01	10,52	5:42
347	1294	LANSN Vermeire	KNOKKE-HEIST	34	her	265	0:57:04	10,51	5:42
348	803	DEKLERCK Christophe	KNOKKE-HEIST	55	her	266	0:57:05	10,51	5:42
349	815	DE COSTER Philip	GENT	60	her	267	0:57:10	10,50	5:43
350	1106	VAN HEMELRYCK Christopher	BRUGGE	41	her	268	0:57:10	10,50	5:43
351	991	DELODDERE Marie	KNOKKE-HEIST	16	vro	62	0:57:10	10,50	5:43
352	992	DESMIDT Gilles	KNOKKE-HEIST	15	juh	15	0:57:11	10,49	5:43
353	1299	DE DUYTSCH Dir	KNOKKE-HEIST	56	her	269	0:57:12	10,49	5:43
354	1195	VANSTEENKISTE Annic	KNOKKE-HEIST	55	vro	63	0:57:17	10,47	5:44
355	943	ELSEN Laure	STEINFORT	42	vro	64	0:57:19	10,47	5:44
356	1082	PECKELBEEN Rita	KNOKKE-HEIST	62	vro	65	0:57:19	10,47	5:44
357	844	DERUWE Gino	OOSTKAMP	50	her	270	0:57:20	10,47	5:44
358	921	DE LANGHE Stijn	BRUGGE	28	her	271	0:57:23	10,46	5:44
359	1098	CLAPPAERT Katleen	LOKEREN	43	vro	66	0:57:25	10,45	5:45
360	1182	MARTEL An	DRONGEN	37	vro	67	0:57:26	10,45	5:45
361	954	DE SCHEPPER Eline	KNOKKE-HEIST	25	vro	68	0:57:28	10,44	5:45
362	1271	GOUWELOOSE Juul	KNOKKE-HEIST	53	her	272	0:57:30	10,43	5:45
363	1272	GOUWELOOSE Bernard	KNOKKE-HEIST	36	her	273	0:57:30	10,43	5:45
364	987	KNOCKAERT Georgette	OOSTKAMP	50	vro	69	0:57:31	10,43	5:45
365	1062	VANDERHEYDE Tony	BRUGGE	43	her	274	0:57:34	10,42	5:45
366	1161	NEIRYNCK Frederik	TORHOUT	34	her	275	0:57:40	10,40	5:46
367	946	TORRICELLI Stephan	KNOKKE-HEIST	47	her	276	0:57:42	10,40	5:46
368	783	LARIDON Krista	KNOKKE-HEIST	49	vro	70	0:57:43	10,40	5:46
369	993	TAVERNIER Lisa	KNOKKE HEIST	17	vro	71	0:57:56	10,36	5:48
370	881	VERMEIRE Sabine	KNOKKE-HEIST	45	vro	72	0:57:56	10,36	5:48
371	978	DECLERCQ Pieter	KNOKKE-HEIST	18	her	277	0:57:57	10,35	5:48
372	1149	MAERTEN Ingrid	STERREBEEK	44	vro	73	0:57:58	10,35	5:48
373	1148	VAN HUMBEELK Edwin	STERREBEEK	48	her	278	0:58:00	10,34	5:48
374	1012	DEHEEGHER Stefaan	DILBEEK	49	her	279	0:58:03	10,34	5:48
375	963	HOOZEE Julie	KNOKKE-HEIST	38	vro	74	0:58:05	10,33	5:48
376	964	BAUWENS Ella	KNOKKE-HEIST	14	juf	2	0:58:05	10,33	5:48
377	812	VAN HOECK Kristin	WOLVERTEM	46	vro	75	0:58:06	10,33	5:49
378	293	MAHMOUD Chagra	KNOKKE-HEIST	25	her	280	0:58:08	10,32	5:49
379	1140	BOONE Lennert	ZEEBRUGGE	13	juh	16	0:58:08	10,32	5:49
380	907	VAN ACKER Jean-Paul	BRUGGE	57	her	281	0:58:18	10,29	5:50
381	1238	BOEYNAEMS Steben	DUFFEL	49	her	282	0:58:26	10,27	5:51
382	1160	VANCRAEYENEST Elke	TORHOUT	34	vro	76	0:58:29	10,26	5:51
383	1001	CASSELMAN Matthias	DAMME	24	her	283	0:58:32	10,25	5:51
384	1186	VAN KERSCHAUVER Pol	ADEGEM	46	her	284	0:58:40	10,23	5:52
385	1144	VANCRAEYENEST Pierrot	LICHTERVELDE	59	her	285	0:58:43	10,22	5:52
386	1033	DEBOU Petro	STEENKERKE	39	her	286	0:58:47	10,21	5:53
387	858	DE KEYSER Annick	KNOKKE-HEIST	51	vro	77	0:58:50	10,20	5:53
388	857	PAUWAERT Patrick	KNOKKE-HEIST	54	her	287	0:58:53	10,19	5:53
389	1310	MESTDAGH Frederiek	WENDUINE	50	her	288	0:58:54	10,19	5:53
390	1054	DEQUAE Frederik	KNOKKE-HEIST	13	juh	17	0:58:57	10,18	5:54
391	1163	DE RUWE Frank	TORHOUT	49	her	289	0:58:59	10,17	5:54
392	1162	YANDENBRUWAENE Marc	TORHOUT	50	her	290	0:59:00	10,17	5:54

PL	NR	Naam	Woonplaats	Age	CAT	P / CAT	Tijd	GEM	KM-Tijd
393	775	VAN EEGHEM Pascale	KNOKKE-HEIST	43	vro	78	0:59:03	10,16	5:54
394	996	DERWA Bert	RIEMST	41	her	291	0:59:12	10,14	5:55
395	941	VANDEN BROUCKE Sandra	KNOKKE-HEIST	41	vro	79	0:59:13	10,13	5:55
396	1174	MORIS Kris	MALLE	38	her	292	0:59:17	10,12	5:56
397	898	VANPARYS Marijke	KNOKKE-HEIST	30	vro	80	0:59:20	10,11	5:56
398	1168	VAN NUETEN Oliver	KNOKKE-HEIST	17	her	293	0:59:24	10,10	5:56
399	756	BRUYNOOGHE Jan	ZEDELGEM	50	her	294	0:59:25	10,10	5:56
400	899	TILLEMEN Nele	BRUGGE	37	vro	81	0:59:27	10,09	5:57
401	1071	BAES Constant	KNOKKE-HEIST	51	her	295	0:59:35	10,07	5:58
402	1125	DESTROOPER Jos	GAVERE	44	her	296	0:59:39	10,06	5:58
403	1255	COPMAN Glenn	KNOKKE-HEIST	24	her	297	0:59:40	10,06	5:58
404	749	ACKERMAN Lazlo	KNOKKE-HEIST	26	vro	82	0:59:44	10,04	5:58
405	826	COUVREUR Hanna	KNOKKE-HEIST	23	vro	83	0:59:45	10,04	5:58
406	1090	DEWAELE An	BLANKENBERGE	40	vro	84	0:59:47	10,04	5:59
407	855	MALFAIT Marjan	BLANKENBERGE	58	vro	85	0:59:47	10,04	5:59
408	848	VLIETINCK Nathalie	BRUGGE	39	vro	86	0:59:51	10,03	5:59
409	739	VAN DE VELDE Ruben	KNOKKE-HEIST	23	her	298	0:59:54	10,02	5:59
410	1267	NEUKERMANS Evelien	MOERBEKE WAAS	34	vro	87	0:59:56	10,01	6:00
411	915	JACXSENS Annelies	BRUGGE	21	vro	88	1:00:08	9,98	6:01
412	916	DESCAMPS Jennifer	KNOKKE-HEIST	24	vro	89	1:00:08	9,98	6:01
413	1113	LYCKE Dany	SINT KRUIS	47	her	299	1:00:09	9,98	6:01
414	788	DESUTTER Valérie	KNOKKE-HEIST	46	vro	90	1:00:12	9,97	6:01
415	1242	DE GROOTE Piet	KNOKKE-HEIST	49	her	300	1:00:13	9,96	6:01
416	1084	VAN STEEN Katleen	KNOKKE-HEIST	49	vro	91	1:00:13	9,96	6:01
417	879	DE BRABANDERE Machlien	BRUGGE	38	vro	92	1:00:16	9,96	6:02
418	1003	VERVAECKE Julien	KNOKKE-HEIST	11	juh	18	1:00:20	9,94	6:02
419	1027	DUMORTIER Louis	OOSTENDE	20	her	301	1:00:25	9,93	6:02
420	1040	COMPERNOLLE Peggy	KNOKKE-HEIST	39	vro	93	1:00:30	9,92	6:03
421	1047	DENECKER Marie	GENT	39	vro	94	1:00:30	9,92	6:03
422	1247	VANMASSENHOVE Guido	ZUIENKERKE	55	her	302	1:00:31	9,91	6:03
423	928	LANNOIJE Virginie	KNOKKE-HEIST	15	juf	3	1:00:33	9,91	6:03
424	935	STOCKX Renee	KNOKKE-HEIST	15	juf	4	1:00:33	9,91	6:03
425	1177	BOELENS Francis	GENT	36	her	303	1:00:41	9,89	6:04
426	947	DE COCK Kim	KNOKKE-HEIST	40	vro	95	1:00:53	9,85	6:05
427	1183	DE BOEVER Heidi	VARSNARE	38	vro	96	1:00:55	9,85	6:05
428	1068	STEPMAN Daniel	MERELBEKE	53	her	304	1:01:22	9,78	6:08
429	760	HOFMAN Tom	KNOKKE-HEIST	23	her	305	1:01:35	9,74	6:09
430	1143	HANSSENS Josiane	DWORP	59	vro	97	1:01:46	9,71	6:11
431	1146	DE METSELAER Katia	DILBEEK	52	vro	98	1:01:47	9,71	6:11
432	872	DE SAEDELEER Michaële	KNOKKE-HEIST	39	vro	99	1:01:51	9,70	6:11
433	874	DE SAEDELEER Vincent	KNOKKE-HEIST	64	her	306	1:01:52	9,70	6:11
434	873	VERVARCKE Anthony	KNOKKE-HEIST	37	her	307	1:01:53	9,70	6:11
435	785	JANSSENS Sven	KNOKKE-HEIST	48	her	308	1:01:54	9,69	6:11
436	998	VERNAILLEN Dimitri	OVERIJSE	44	her	309	1:01:56	9,69	6:12
437	1043	HELEWAUT Liesbet	MARKE	36	vro	100	1:02:00	9,68	6:12
438	1221	YAMAZAWA Jacques	GENT	15	juh	19	1:02:04	9,67	6:12
439	1166	VAN MEULEBROECK Isabel	MALDEGEM	35	vro	101	1:02:06	9,66	6:13
440	1250	DHAESE Elke	MALDEGEM	41	vro	102	1:02:07	9,66	6:13
441	926	LANCKRIET Ann	MALDEGEM	37	vro	103	1:02:08	9,66	6:13
442	1050	DEDECKER Esteban	KNOKKE-HEIST	24	her	310	1:02:09	9,65	6:13
443	1147	NEIRYNCK Michele	MALDEGEM	35	vro	104	1:02:10	9,65	6:13
444	1010	DECEUNINCK Pieter	KNOKKE-HEIST	23	her	311	1:02:11	9,65	6:13
445	1006	DEVLIEGHE Robin	KNOKKE-HEIST		xxx	7	1:02:11	9,65	6:13
446	1008	LANNOYE Laureins	KNOKKE-HEIST		xxx	8	1:02:11	9,65	6:13
447	1049	VAN REYBROECK Kurt	KNOKKE-HEIST		xxx	9	1:02:12	9,65	6:13
448	1009	DUBOIS Pjotter	KNOKKE-HEIST		xxx	10	1:02:13	9,64	6:13
449	1024	BLANCKAERT Jasper	KNOKKE-HEIST	24	her	312	1:02:13	9,64	6:13
450	1051	BIL Nico	KNOKKE-HEIST	26	her	313	1:02:17	9,63	6:14
451	1103	SEY Barry	KNOKKE-HEIST	41	her	314	1:02:18	9,63	6:14
452	1102	DE GROOTE Nathalie	KNOKKE-HEIST	42	vro	105	1:02:19	9,63	6:14
453	725	GEIRNAERT Auke	BRUGGE	19	vro	106	1:02:27	9,61	6:15
454	727	DESCAMPS Nicolas	OOSTENDE	28	her	315	1:02:38	9,58	6:16
455	1052	WALRAVENS Nathalie	KNOKKE-HEIST	42	vro	107	1:02:40	9,57	6:16
456	1053	DEQUAE Caroline	KNOKKE-HEIST	15	juf	5	1:02:40	9,57	6:16
457	292	NAUDTS Charona	EEKLO	24	vro	108	1:02:42	9,57	6:16
458	823	BOSSERS Geert	BRASSCHAAT	51	her	316	1:02:55	9,54	6:17

PL	NR	Naam	Woonplaats	Age	CAT	P / CAT	Tijd	GEM	KM-Tijd
459	999	VANDENBROEK Benoit	BERCHEM	40	her	317	1:02:56	9,53	6:18
460	1061	DE BEER Guy	TEMSE	59	her	318	1:02:58	9,53	6:18
461	1000	VAN REGENMORTEL Olivier	LUX	39	her	319	1:03:01	9,52	6:18
462	705	STAELENS Karen	MALDEGEM	36	vro	109	1:03:04	9,51	6:18
463	706	DE SOETE Christophe	MALDEGEM	36	her	320	1:03:05	9,51	6:18
464	906	VAN HOUTTE Gabriel	ETTERBEEK	69	her	321	1:03:06	9,51	6:19
465	1278	MAELFAIT Julie	KNOKKE-HEIST	19	vro	110	1:03:07	9,51	6:19
466	1275	VERTRIEST Gwen	KNOKKE-HEIST	46	vro	111	1:03:10	9,50	6:19
467	1277	FLAMAND Christel	KNOKKE-HEIST	48	vro	112	1:03:11	9,50	6:19
468	1004	ACKERMAN Annick	KNOKKE HEIST	43	vro	113	1:03:20	9,47	6:20
469	861	GHESQUIERE Margot	BRUGGE	12	juf	6	1:03:21	9,47	6:20
470	839	BOONEFAES Hans	DAMME	51	her	322	1:03:23	9,47	6:20
471	860	GHESQUIERE Mathieu	BRUGGE	44	her	323	1:03:24	9,46	6:20
472	1270	SCIEUR Frederic	BLANKENBERGE	38	her	324	1:03:26	9,46	6:21
473	1217	BATSLEER Koen	AALTER	48	her	325	1:03:28	9,45	6:21
474	1028	SCHAEPPDRIJVER Willy	KNOKE	70	her	326	1:03:29	9,45	6:21
475	1261	DE BURBURE Laura	DESTELBERGEN	26	her	327	1:03:30	9,45	6:21
476	1083	RAMMANT Virginie	KNOKKE-HEIST	45	vro	114	1:03:31	9,45	6:21
477	1259	BEHAEGHE Sofie	HEIST-AAN-ZEE	31	vro	115	1:03:32	9,44	6:21
478	1021	VAN GUCHT Mariette	SINAAI WAAS	67	vro	116	1:03:34	9,44	6:21
479	819	HOSTE Mieke	MALDEGEM	31	vro	117	1:03:34	9,44	6:21
480	884	BRIC Ghevaert	KNOKKE-HEIST	61	her	328	1:03:35	9,44	6:22
481	1204	MESEURE Johanna	KNOKKE-HEIST	45	vro	118	1:03:57	9,38	6:24
482	834	VERLEYE Annick	KNOKKE-HEIST	51	vro	119	1:03:57	9,38	6:24
483	1138	DE BRUYKER Lynn	MOERKERKE	35	vro	120	1:03:59	9,38	6:24
484	1205	GOBERT Miet	KNOKKE-HEIST	53	vro	121	1:04:00	9,38	6:24
485	1305	DEMAECKER Nadine	KNOKKE-HEIST	47	vro	122	1:04:01	9,37	6:24
486	919	CREMERS Evelyn	MALDEGEM	36	vro	123	1:04:03	9,37	6:24
487	799	VAN DUYSE Sabine	MOERBEKE-WAAS	44	vro	124	1:04:20	9,33	6:26
488	800	DEKEYSER Marc	MOERBEKE-WAAS	50	her	329	1:04:23	9,32	6:26
489	1170	DE WINTER Nicolas	WETTEREN	29	her	330	1:04:25	9,31	6:26
490	779	DEVOGELAERE Eef	GANSHOREN	32	vro	125	1:04:25	9,31	6:26
491	1069	BAUWENS Dylan	TORHOUT	14	juh	20	1:04:29	9,30	6:27
492	856	RAPPÉ Greetje	KNOKKE-HEIST	49	vro	126	1:04:30	9,30	6:27
493	886	CHRISTIAENS Julie	MALDEGEM	34	vro	127	1:04:38	9,28	6:28
494	724	VERLOIGNE Jean-Marie	BRUGGE	66	her	331	1:04:46	9,26	6:29
495	731	DE RESE Linda	KNOKKE-HEIST	64	vro	128	1:04:50	9,25	6:29
496	1169	DE WINTER Mireille	KNOKKE-HEIST	39	vro	129	1:04:51	9,25	6:29
497	1273	WITTEVRONGEL Corinne	BLANKENBERGE	46	vro	130	1:04:52	9,25	6:29
498	890	DE WAELE Candy	BLANKENBERGE	27	vro	131	1:04:53	9,25	6:29
499	753	ANTHONY DESMET Anthony	SINT-JANS-MOLENBEEK	36	her	332	1:04:56	9,24	6:30
500	754	BATACHE Tatiana	SINT-JANS-MOLENBEEK	35	vro	132	1:04:59	9,23	6:30
501	1254	GHYSEL Walter	KNOKKE-HEIST	65	her	333	1:05:01	9,23	6:30
502	968	NEYENS Jules	BLANKENBERGE	73	her	334	1:05:03	9,22	6:30
503	967	MEYERS Nancy	BLANKENBERGE	52	vro	133	1:05:04	9,22	6:30
504	959	VANKERSSCHAEVER Jurgen	DAMME	34	her	335	1:05:05	9,22	6:30
505	966	TANGHE Sabine	BLANKENBERGE	43	vro	134	1:05:06	9,22	6:31
506	1231	VANDE VELDE Celine	KNOKKE-HEIST	59	vro	135	1:05:07	9,21	6:31
507	1117	BULTINCK Mitch	BREDENE	35	her	336	1:05:11	9,20	6:31
508	784	VAN DAMME Arlindo	BELLEM	22	her	337	1:05:12	9,20	6:31
509	1060	RIGOLLE Jan	KUURNE	44	her	338	1:05:12	9,20	6:31
510	889	DECALUWE Bart	KNOKKE-HEIST	33	her	339	1:05:18	9,19	6:32
511	1076	DE NEVE Frank	KNOKKE-HEIST	53	her	340	1:05:27	9,17	6:33
512	1031	COPPIETERS Mel	CHAVENAY	49	vro	136	1:05:29	9,16	6:33
512	1032	DESMET Ulrich	CHAVENAY	43	her	341	1:05:29	9,16	6:33
514	841	GUYAUX Nathalie	GRIMBERGEN	36	vro	137	1:05:30	9,16	6:33
515	1026	STEVENS Caroline	KNOKKE-HEIST	46	vro	138	1:05:31	9,16	6:33
516	1002	COOLMAN Inge	KNOKKE-HEIST	45	vro	139	1:05:31	9,16	6:33
517	701	WILS Tom	BLANKENBERGE	45	her	342	1:05:35	9,15	6:33
518	771	LECLUYSE Celine	DE HAAN	40	vro	140	1:05:41	9,13	6:34
519	1154	DHAENEKINT Maarten	SINT-KRUIS	23	her	343	1:05:42	9,13	6:34
520	1152	DHAENEKINT Pieterjan	BRUGGE	26	her	344	1:05:42	9,13	6:34
521	810	HONOREZ Florence	DE HAAN	38	vro	141	1:05:42	9,13	6:34
522	801	WILLEM Bart	DAMME	48	her	345	1:05:42	9,13	6:34
523	1034	VAN DESSEL Ysaline	KNOKKE-HEIST	25	vro	142	1:05:43	9,13	6:34
524	1130	NEIRYNCK Stephanie	KNOKKE-HEIST	39	vro	143	1:05:45	9,13	6:35

PL	NR	Naam	Woonplaats	Age	CAT	P / CAT	Tijd	GEM	KM-Tijd
525	1133	BROUCKE Tineke	KNOKKE-HEIST	42	vro	144	1:05:45	9,13	6:35
526	733	PIETERS Angeline	BRUGGE	31	vro	145	1:05:49	9,12	6:35
527	734	DEBIE Kenny	TIELT	37	her	346	1:05:49	9,12	6:35
528	752	DEPREZ Annick	KNOKKE-HEIST	53	vro	146	1:06:14	9,06	6:37
529	751	MESTDACH Astrid	KNOKKE-HEIST	21	vro	147	1:06:16	9,05	6:38
530	838	MAENHOUDT Bertrand	KNOKKE-HEIST	70	her	347	1:06:44	8,99	6:40
531	1298	KRISTA Krist	KNOKKE-HEIST	54	vro	148	1:06:50	8,98	6:41
532	1302	TOBBACK Karel	PUURS	53	her	348	1:06:55	8,97	6:42
533	1300	VAN EETVELT Karel	BORNEM	49	her	349	1:06:55	8,97	6:42
534	1289	MELS Lise	GENT	28	vro	149	1:06:58	8,96	6:42
535	1099	AXELLE Axelle	KNOKKE-HEIST	13	juf	7	1:06:58	8,96	6:42
536	1197	DE COSTER Frederik	WESTKAPELLE	32	her	350	1:07:02	8,95	6:42
537	1042	SOLOVIEFF Martine	HOWALD	58	vro	150	1:07:53	8,84	6:47
538	713	SCHOONJANS Natalie	TERVUREN	47	vro	151	1:07:59	8,83	6:48
539	891	LAGROU Ginette	KNOKKE-HEIST	55	vro	152	1:08:26	8,77	6:51
540	893	ROBAEY Natalie	KNOKKE-HEIST	33	vro	153	1:08:27	8,77	6:51
541	955	VANBESELAERE Els	BRUGGE	51	vro	154	1:08:42	8,73	6:52
542	1155	DE WAELE Juliet	KNOKKE-HEIST	26	vro	155	1:09:30	8,63	6:57
543	1209	MEIRSONNE Tim	AARTRIJKE	34	her	351	1:10:24	8,52	7:02
544	1210	PAUWELS Peggy	LONDON	44	vro	156	1:10:25	8,52	7:03
545	1171	SLOB Martijn	KNOKKE-HEIST	39	her	352	1:10:45	8,48	7:04
546	1041	HOSTEN Petra	RAMSKAPELLE	49	vro	157	1:11:21	8,41	7:08
547	1025	VAN DEN BERGHE Tania	KNOKKE-HEIST	51	vro	158	1:11:29	8,39	7:09
548	792	DE ZUTTER Conny	DAMME	51	vro	159	1:11:30	8,39	7:09
549	1120	NEYTS Sarah	KNOKKE-HEIST	22	vro	160	1:11:53	8,35	7:11
550	709	NOREILLE Tania	KNOKKE-HEIST	45	vro	161	1:12:19	8,30	7:14
551	1274	DERYCKERE Lieselotte	BLANKENBERGE	38	vro	162	1:12:23	8,29	7:14
552	821	EMMANUEL Decoster	BRUGGE	45	her	353	1:12:24	8,29	7:14
553	988	KNOCKAERT Roger	OOSTKAMP	82	her	354	1:13:03	8,21	7:18
554	1063	DELGINIESSE Philippe	TILLY	51	her	355	1:13:24	8,17	7:20
555	1243	POLAK Tania	ANTWERPEN	51	vro	163	1:13:29	8,17	7:21
556	871	VAN DIJK Erica	ANTWERPEN	53	vro	164	1:13:29	8,17	7:21
557	901	KETELS Tania	OUDENBURG	39	vro	165	1:13:33	8,16	7:21
558	900	KETELS Heidi	DAMME	37	vro	166	1:13:35	8,15	7:22
559	1137	LAHAYE Marc	BRUGGE	59	her	356	1:13:35	8,15	7:22
560	868	VIAENE Yoeri	KNOKKE-HEIST	22	her	357	1:17:01	7,79	7:42
561	869	VIAENE Geert	KNOKKE-HEIST	48	her	358	1:17:03	7,79	7:42
562	1280	RAES Elise	KNOKKE-HEIST	17	vro	167	1:22:19	7,29	8:14
563	1279	BOERJAN Sandrine	KNOKKE-HEIST	17	vro	168	1:22:19	7,29	8:14